



St. Barnabas' Episcopal Church

THIRD SUNDAY IN LENT | MARCH 8TH, 2026

8:00 am & 10:00 am



Woman at the Well
by Cara B. Hochhalter

God's discerning, inclusive, Christ-centered church, engaged in outreach ministry, growing discipleship, and life changing worship.

Welcome to Worship at St. Barnabas'!

All are welcome to receive communion. If you are not baptized the Spirit may be calling you to communion and baptism. Baptism is our YES to the love God enfolds us in and our pledge to live that love. We'll accompany you on a journey towards baptism (which is actually the first part of the communion service). In the meantime you are always welcome at God's table. We are glad you are here.

Distribution of bread and wine:

- The musicians are served first so they can lead us in our Communion Hymns.
- Then, starting front of the main floor and then the balcony, Ushers will invite you forward to receive the bread and wine.
- You may either stand or kneel at the rail to receive the bread. You may also cross your arms for a blessing instead of receiving the bread.
- You may then drink from the common cup (chalice), and return to your seat. Some of those who don't drink from the common cup, make the sign of the cross with the bread over the cup.

Four courtyard and two narthex bathrooms are available for your use. If you have any questions or concerns, the Ushers are available to assist you.

Welcome to Online St. Barnabas!

Welcome to those joining our virtual worship with Facebook Live. We are glad to have you with us in this new way. You may access our livestream starting at 9:45 am at facebook.com/StBarnabasAG/

A recording of the live-stream will be posted on the St. Barnabas YouTube Channel (bit.ly/StBYouTube) the afternoon following the service.

Bidding (intercessory prayer) Book – If you would like to add a prayer to be read during the church service, you may add it to the “Bidding Book” located at the back of the church to the left of the doors. If you cannot join us in person and would like to add a prayer to be read during the church service you can email the name of the person to our parish office at saintbarnabas.ag@gmail.com (before Wednesday morning), or add it to the comments section on Facebook Live during the livestream.

Flowers and Candle Dedications:

Candles are lighted by Saint Barnabas to the glory of God.

Greens are placed by Janis Johnson in loving memory of her mother, Gladys Johnson, on her birthday.

In addition to our Sunday morning Eucharist at 8:00 am and 10:00 am, we offer the following...

Notable Events

TUESDAY	MAR 10	Book Study session four 4:00 pm (new time)
SATURDAY	MAR 14	Parish Work Day 9:00 – 12:00 noon
SATURDAY	MAR 14	Burial of Tim Storton (AG Cemetery) 11:00 am
SATURDAY	MAR 14	Book Study session four 4:00 pm (also on Zoom)
SUNDAY	MAR 15	St. Patrick's Day Dinner 5:00 – 6:30 pm

*During the Season of Lent we are emphasizing **SILENCE** as a spiritual practice.*

*Please enter in silence and sit in silence as we begin our worship of God.
You might practice one or more types of meditation as you sit.*

*During the Season of
Lent we are
emphasizing **SILENCE**
as a spiritual practice.
Please enter in silence
and sit in silence as we
begin our worship of
God. You might
practice one or more
types of meditation as
you sit.*

VOLUNTARY

INTROIT

What Wondrous Love is This

Sung by Choral Scholars

What wondrous love is this,
O my soul! O my soul!
What wondrous love is this, O my soul!
What wondrous love is this
that caused the Lord of bliss
to lay aside his crown,
for my soul, for my soul,
to lay aside his crown for my soul.

To God and to the Lamb,
I will sing, I will sing.
To God and to the Lamb, I will sing.
To God and to the Lamb,
who is the great I AM,
while millions join the theme,
I will sing, I will sing.
While millions join the theme, I will sing!

And when from death I'm free,
I'll sing on, I'll sing on;
and when from death I'm free,
I'll sing and joyful be,
and through eternity,
I'll sing on, I'll sing on,
and through eternity
I'll sing on.

MUSIC: AMERICAN FOLK HYMN ARR. BY CHARLES DUPREE

Enter in Silence.

THE WORD OF GOD

Stand as you are able.

ENTRANCE HYMN

Come, thou fount of every blessing

1 Come, thou fount of every blessing, tune my
2 Here I find my great - est trea - sure; hith - er,
3 Oh, to grace how great a debt - or dai - ly
heart to sing thy grace! Streams of mer - cy nev - er
by thy help, I've come; and I hope, by thy good
I'm con - strained to be! Let thy good - ness, like a
ceas - ing, call for songs of loud - est praise.
plea - sure, safe - ly to ar - rive at home.
fet - ter, bind my wan - dering heart to thee:
Teach me some me - lo - dious son - net, sung by
Je - sus sought me when a stran - ger wan - dering
prone to wan - der, Lord, I feel it, prone to
flam - ing tongues a - bove. Praise the mount! Oh, fix me
from the fold of God; he, to res - cue me from
leave the God I love; here's my heart, oh, take and
on it, mount of God's un - chang - ing love.
dan - ger, in - ter - posed his pre - cious blood.
seal it, seal it for thy courts a - bove.

The people standing, the Celebrant says

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People And blessed be God's kingdom, now and for ever. Amen.

A PROFESSION OF ONEING

In Lent we will be kneeling and observing a minute of silence at this point in our worship.

This year our theme for the season of Lent is union, communion, and oneing. "Oneing" is an old English word that was used by Julian of Norwich, back in the fifteenth century, to describe the encounter between God and the soul. Please join in reciting a **Profession of Oneing** as we commit to bringing the Kingdom of God into our world.

Celebrant The divisions of the world can only be overcome by a unitive consciousness at every level: personal, relational, social, political, cultural, and in spirituality and religion in general.

People **As a transformed people we unite all within ourselves, so that we can do the same in the world.**

Celebrant By myself I am nothing at all, but in general, I am in the oneing of love.

People **For it is in this oneing that the life of all people exists.**

Celebrant The love of God creates in us such a oneing that, when it is truly seen, no person can separate themselves from another person.

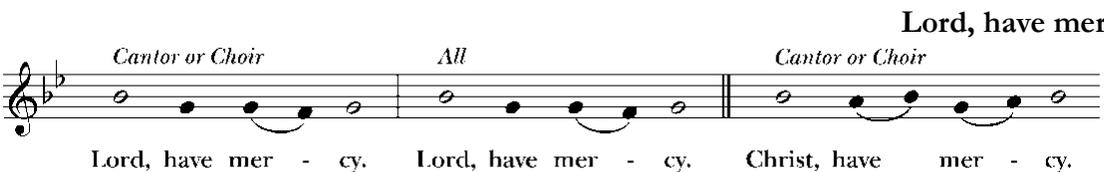
People **In the sight of God, all humans are oned, and one person is all people and all people are one person.**

Celebrant As we see Christ in all people we now profess together.

People **May each of us be so fortunate as to be overtaken by God in the midst of little things. May we each be blessed by the Holy Spirit, swooping down from above or welling up from beneath, to extinguish the illusion of separateness that perpetuates our fears. May we, in having our illusory, separate self, slain by God, be born into a new and true awareness of who we really are: one with God forever. May we continue on in this true awareness, seeing in each and every little thing, the fullness of God's presence in our lives. May we also be someone in whose presence others are better able to recognize God's presence in their lives, so that they, too, might know the freedom of the children of God.**

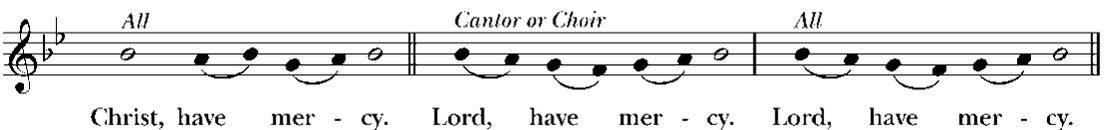
At the 8 am worship the Celebrant **says** the phrase and is **echoed** by the People.

Lord, have mercy



Lord, have mer - cy. Lord, have mer - cy. Christ, have mer - cy.

At the 10 am worship the Cantor **sings** the phrase and is **echoed** by the People.



Christ, have mer - cy. Lord, have mer - cy. Lord, have mer - cy.

THE COLLECT OF THE DAY

Celebrant The Lord be with you.
People And also with you.
Celebrant Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LESSONS

The people sit.

FIRST READING: Exodus 17:1-7

A Reading from the book of Exodus.

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

Reader The Word of the Lord.
People Thanks be to God.



Each Sunday, our worship includes a reading from (a) the Old Testament, (b) the Psalms, (c) the New Testament, and (d) the Gospels.

*Our readings are on a pre-set three-year cycle called "The Revised Common Lectionary" or RCL. We are currently in **Year A** of that three-year cycle.*

We respond to the reading of Scripture by thanking God for the gift it is to us.

PSALM 95

8 & 10 am: Spoken

- ¹ Come, let us sing to the Lord; *
let us shout for joy to the Rock of our salvation.
- ² Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.
- ³ For the Lord is a great God, *
and a great King above all gods.
- ⁴ In his hand are the caverns of the earth, *
and the heights of the hills are his also.
- ⁵ The sea is his, for he made it, *
and his hands have molded the dry land.
- ⁶ Come, let us bow down, and bend the knee, *
and kneel before the Lord our Maker.
- ⁷ For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!
- ⁸ Harden not your hearts,
as your forebears did in the wilderness, *
**at Meribah, and on that day at Massah,
when they tempted me.**
- ⁹ They put me to the test, *
though they had seen my works.
- ¹⁰ Forty years long I detested that generation and said, *
**"This people are wayward in their hearts;
they do not know my ways."**
- ¹¹ So I swore in my wrath, *
"They shall not enter into my rest."



SECOND READING: Romans 5:1-11

A Reading from Paul's letter to the Romans.

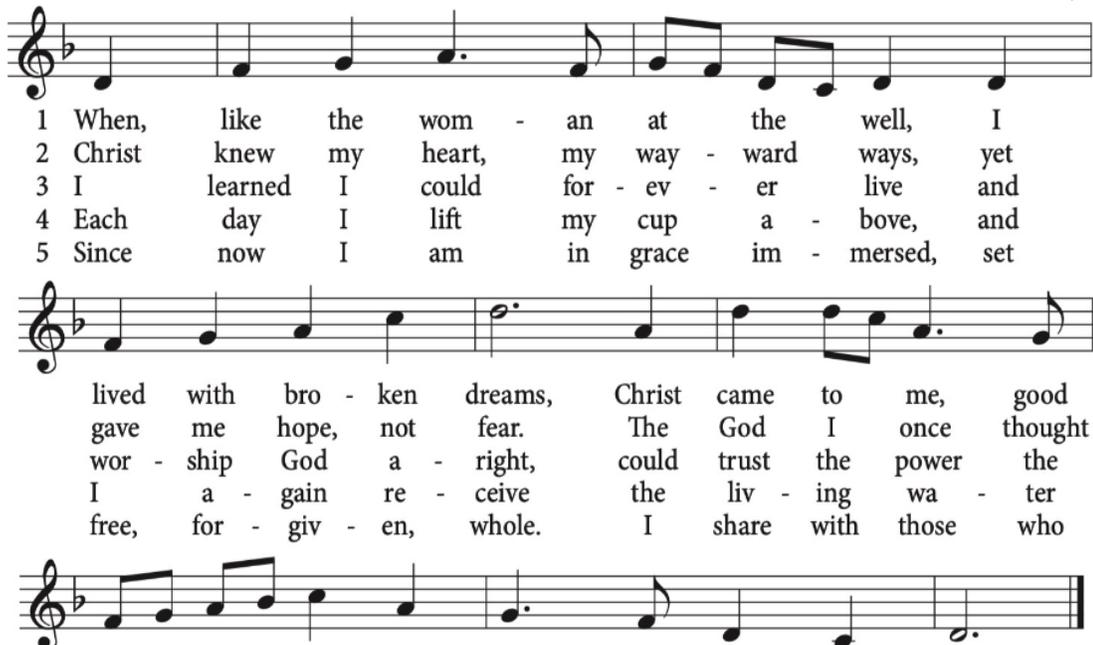
Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader The Word of the Lord.
People Thanks be to God.

SEQUENCE HYMN

When, like the woman at the well (v. 1-3)



1 When, like the wom - an at the well, I
2 Christ knew my heart, my way - ward ways, yet
3 I learned I could for - ev - er live and
4 Each day I lift my cup a - bove, and
5 Since now I am in grace im - mersed, set

lived with bro - ken dreams, Christ came to me, good
gave me hope, not fear. The God I once thought
wor - ship God a - right, could trust the power the
I a - gain re - ceive the liv - ing wa - ter
free, for - giv - en, whole. I share with those who

news to tell, of ev - er - liv - ing streams.
far a - way, I could ap - proach, draw near.
Spir - it gives to guide me in truth's light.
of God's love, re - vealed for my be - lief.
are a - thirst the well - springs of my soul!

The Sequence Hymn leads us into and out of the Gospel reading.

GOSPEL: John 4:5-42

All stand.

Deacon

People

The Holy Gospel of our Lord Jesus Christ according to John.
Glory to you, Lord Christ.

It is traditional for the people to stand as the Gospel Book is lifted high by the Deacon.

As the Gospel is announced, some people use their thumb to make the sign of the cross on their forehead, mouth, and heart. These three locations indicate that the Gospel reading is to enter the mind, voice, and heart. Some people also bow as a sign of reverence for Jesus who is depicted in the Gospels.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

Deacon The Gospel of the Lord.
People Praise to you, Lord Christ.

SEQUENCE HYMN

When, like the woman at the well (v. 4-5)
Page 9

THE SERMON

The Rev. Rob Keim

Followed by a moment of silent meditation.

THE APOSTLES' CREED

All stand.

I believe in God, the Father almighty,
creator of heaven and earth;

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.

He suffered under Pontius Pilate,
was crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven,

and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

*The Episcopal Church does not have a separate statement of faith or list of things we believe. Instead, we hold the ancient **Creeds**, such as the Apostles' and Nicene, to be our statements of faith. They contain the core of our belief as Christians, but do not limit our faith.*

*In this Season of Lent we are using the **Apostles Creed**.*

THE PRAYERS OF THE PEOPLE

All remain standing.

In this Season of Lent, our Prayers of the People include our theme of union, communion, and oneing.

With compassion, justice, and reconciliation in our hearts, let us pray for the needs of all people and creation.

We pray for all who hold authority in every community and every nation, that their actions and decisions show regard for our common humanity, that they seek to build up even the most vulnerable and that they protect earth's natural resources.

God of unity and justice, **Hear our prayer.**

We pray that all may come to know and follow the way of Jesus's compassion; that seeking to serve him in all persons, we may find unity in the diversity of life.

God of unity and compassion, **Hear our prayer.**

We pray that, in the respect for our oneness with the earth and all that is in it, we may be emboldened to act to restore and protect all of God's creation on land, in the seas and oceans, and in the air.

God of unity and respect, **Hear our prayer.**

We pray that in our own struggles we may remember with love our connection to others who are struggling with poverty, hunger, and disease throughout the world and that, in your mercy, we may support and promote ways that help every person to have the resources they need to live and thrive in safety. **And in our own community we pray for: Dcn. Susan, Marge Zanella, Rob, Jim, Kent Williams, Mike B, Suzanne, Linda, Chantelle Powell, Jordan, John Martinez, Melissa Biel, Diane Wilcock, Cheryl Perri & family, David Murray, and Brandon & Shawn MacRoberts.**

God of unity and mercy, **Hear our prayer.**

We pray that all who have died may be received into the unity of your glory; **we pray for repose of soul for: Dr. Robert N. Davie Jr., Norman Francis, Dave Scheff, and Richard Hawkins.**

God of unity and glory, **Hear our prayer.**

With the love Christ instills in us, we give you thanks for all who support the work of Episcopal Relief & Development, Ministry Partners, and Disaster Volunteers and we pray your guidance for their staff as they facilitate healthier, more fulfilling lives in communities. God of unity and love, **Hear our prayer.**

(The Intercessor then reads the petitions from the bidding book and from the comment section of FB Live.)
God of unity and grace, **Hear our prayer.**

And after a moment of silence, the Deacon adds a concluding Collect.

CONFESSION OF SIN

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

All stand.

Celebrant In union with one and all, may the peace of Christ be always with you.
People **And also with you.**

Then the Ministers and the People may greet one another in the name of the Lord.

ANNOUNCEMENTS

The people sit.

Birthday Prayer

Gracious God, who made us in your own image, we thank you for life, love, and joy. Send your blessing upon these your children, who have completed another year. Surround them with your grace, fill them with your love, and strengthen them to be your servants in the world. This we ask through Jesus Christ our Lord. Amen.

Anniversary Prayer

We thank you, Gracious God, for the love you have implanted in the hearts of your servants and for your continued blessings upon them. Give them kind and loving hearts, always ready to ask forgiveness as well as to forgive. Support them through times of trial, strengthen their love for one another, and may that love empower them to be instruments of God's love in the world. This we ask through Jesus Christ our Lord. Amen.

*In response to the
Confession the Priest
says the Absolution
signifying the grace that
we have already
received through Jesus.
As the Absolution is said
some choose to make
the sign of the Cross by
using the fingers to
touch the forehead,
heart, left shoulder and
right shoulder, and back
to the heart again.*

*After the Confession and
Absolution we share
The Peace with one
another as a
preparatory step for the
Eucharist.*

*If you have a birthday or
anniversary you are
celebrating you invite
you to come up front for
the blessings. If you
have a family member
or friend with a birthday
or anniversary you may
stay seated in your pew
as you let us know
about the life event.*

Prayer for Travelers

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel; surround them with your loving care; protect them from every danger; and bring them in safety to their journey's end; through Jesus Christ our Lord. Amen.

THE HOLY COMMUNION

The Celebrant says

Offer to God a sacrifice of thanksgiving, and make good your vows to the Most High.

OFFERTORY ANTHEM

**O Love that will not let me go
Sung by the Choral Scholars**

O Love, that wilt not let me go,
I rest my weary soul in Thee;
I give Thee back the life I owe,
That in Thine ocean depths its flow
May richer, fuller be.

O Light, that follows all my way,
I yield my flickering torch to Thee;
My heart restores its borrowed ray,
That in Thy sunshine's blaze its day
May brighter, fairer be.

O Joy, that sleekest me through pain,
I cannot close my heart to Thee;
I lay in dust life's glory dead,
And from the ground there blossoms red
Life that shall endless be.

WORDS: GEORGE MATHESON, 1882

MUSIC: SCOTT SOLAK, 2023

DOXOLOGY

The people stand and sing

Praise God, from whom all bless - ings flow; Praise him, all
crea - tures here be - low; Praise him a - bove, ye
heav'n - ly host; Praise Fa - ther, Son and Ho - ly Ghost.

THE GREAT THANKSGIVING

The People remain standing.

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

The Celebrant continues

It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever.

Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance.

Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we say,

At 8:00 am the Sanctus is said by the Celebrant and People

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

At 10:00 am the Sanctus is sung by the Celebrant and People

Ho - ly ho - ly, ho - ly, Lord God of pow'r and might. Heav-en and
earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed, bless-ed is he who comes in the name of the Lord. Ho -
san - na in the high - est, Ho - san - na in the high - est.

The Celebrant continues

We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

During the season of Lent we are using Eucharistic Prayer D from the Episcopal Book of Common Prayer (1979). All Eucharistic Prayers follow a set format, though some have more contemporary and inclusive language. Eucharistic Prayer D is the most ancient of the ones we use, and is attributed to St. Basil (d. 379). In 1974 an ecumenical group of American Christians came up with these words which are used by Roman Catholic, Episcopal, Lutheran and Methodist churches.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you. This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

Celebrant and People

We praise you, we bless you, we give thanks to you, and we pray to you, Lord our God.

The Celebrant continues

Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

And grant that we may find our inheritance with the Blessed Virgin Mary, with patriarchs, prophets, apostles, and martyrs, with St. Barnabas and all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever. **Amen.**

This is a key moment in the Eucharistic Prayer in which the priest asks God to send the Holy Spirit upon the bread and wine. Its purpose is to sanctify the offering, transforming them into the Body and Blood of Christ. This is called the "epiclesis" and it is signified by the sign of the Cross made by the priest over the bread and wine.

The Deacon says

As now as our Savior Christ has taught us, we are bold to say,

People and Celebrant

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

THE BREAKING OF THE BREAD

Celebrant and People sing together

The musical score is written in treble clef with a key signature of three sharps (F#, C#, G#) and a 3/2 time signature. It consists of six staves of music. The lyrics are: "Lamb of God, you take a - way the sins of the world: have mer - cy on us. Lamb of God, you take a - way the sins of the world: have mer - cy on us. Lamb of God, you grant us peace." There are three-measure rests at the beginning of the first staff and at the end of the sixth staff.

Drinking from the common cup (Chalice) is a long-standing tradition in the Episcopal Church. The "common" cup signifies many things including the connection we have to all of the others who are drinking from the same cup. By extension we are connected to all others across the world who are also drinking from a common cup. Christ is in all people and the common cup helps us remember this truth.

The Celebrant says

The Gifts of God for the People of God, all are welcomed at God's table.

You are welcomed to
 join the choir in singing
 the Communion Hymns.
 Or, you may elect to
 listen.

COMMUNION HYMN

O Food to pilgrims given

Unison or harmony

1 O Food to pil - grims giv - en, O Bread of
 2 O stream of love past tell - ing, O pur - est
 3 O Je - sus, by thee bid - den, we here a -

life from hea - ven, O Man - na from on high!
 foun - tain, well - ing from out the Sa - vior's side!
 dore thee, hid - den in forms of bread and wine.

We hun - ger; Lord, sup - ply us, nor thy de -
 We faint with thirst; re - vive us, of thine a -
 Grant when the veil is riv - en, we may be -

lights de - ny us, whose hearts to thee draw nigh.
 bun - dance give us, and all we need pro - vide.
 hold, in hea - ven, thy coun - te - nance di - vine.

COMMUNION HYMN

I heard the voice of Jesus say



1 I heard the voice of Je - sus say, "Come un - to me and rest;
 2 I heard the voice of Je - sus say, "Be - hold, I free - ly give
 3 I heard the voice of Je - sus say, "I am this dark world's light;

and in your wea - ri - ness lay down your head up - on my breast."
 the liv - ing wa - ter; thirst - y one, stoop down and drink, and live."
 look un - to me, your morn shall rise, and all your day be bright."

I came to Je - sus as I was, so wea - ry, worn, and sad;
 I came to Je - sus, and I drank of that life - giv - ing stream;
 I looked to Je - sus, and I found in him my Star, my Sun;

I found in him a rest - ing place, and he has made me glad.
 my thirst was quenched, my soul re - vived, and now I live in him.
 and in that light of life I'll walk till pil - grim days are done."

You are welcomed to join the choir in singing the Communion Hymns. Or, you may elect to listen.

During the Season of Lent we will have a moment of silence at this point in our worship as we reflect on what God has done for us through Jesus.

Let us pray.

Celebrant and People say together

Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you with gladness and singleness of heart;
through Christ our Lord. Amen.

The blessing by the Priest is a reminder of the many blessings we already have from God. We are aware of some of the blessings and unaware of others. Our response to these blessings is gratitude and joy.

The people stand and the Priest blesses the people, saying

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen**

CONCLUDING HYMN

As the winter days grow longer



1 As the win - ter days grow long - er, draw - ing short the hours of night;
2 As the vines burst in - to blos - som, fra - grant in the morn - ing air,
3 As we jour - ney through this sea - son, pil - grims through a thirst - y land,



as our ea - ger ex - pec - ta - tion waits for Eas - ter's dawn - ing light.
lift - ing spir - its with their sweet - ness, lur - ing hearts to thank - ful prayer
quench us with your liv - ing pres - ence; guide us with your lov - ing hand.



Yearn - ing peo - ple, here we gath - er, turn - ing watch - ful eyes to you:
Lent - en peo - ple, here we gath - er, seek - ing lives re - freshed from sin.
Wan - d'ring peo - ple, here we gath - er, called to rest a - long our way.



God who bless - es earth with spring - time, shine with - in our world a - new!
God who bless - es earth with spring - time, bloom with - in our hearts a - gain!
God who bless - es earth with spring - time, grant us sab - bath joy this day!

Deacon Let us go forth to love and serve the Lord.
People Thanks be to God.

VOLUNTARY

LIFE AT ST. BARNABAS

BOOK STUDY – During Lent we will be studying Barbara Brown Taylor’s book, “An Altar in the World.” In this book Brown Taylor shares how she learned to encounter God far beyond the walls of the church. She reveals meaningful ways to discover the sacred in the small things we do and see, from simple practices such as walking, working, and prayer. Each week we will have two offerings of the book study, first on Tuesday at 3:00 and then on Saturday at 4:00 pm. Choose which offering is best for you. The third session will be Tuesday, March 10th at 4:00 pm (in person only), and Saturday, March 14th at 4:00 pm, (both in person and on Zoom). Here is the Zoom link.

[HTTPS://US02WEB.ZOOM.US/J/85266341066?pwd=O13TRDA6XCJBGAWY6XTZE46j3wQL9L1](https://us02web.zoom.us/j/85266341066?pwd=O13TRDA6XCJBGAWY6XTZE46j3wQL9L1)

MEETING ID 852 6634 1066 PASSWORD 457860

OPEN SEWING – Join fellow quilters for our last open sew at St. Barnabas Episcopal Church Tuesday, March 10, from 9 am to 2 pm. Join other quilters and crafters as we spend the day sewing together. Open to all! Bring your sewing supplies, sewing machine, table light, and cutting board. Refrigerator and microwave available – bring your lunch.

HYGIENE BAGS – Join us to assemble hygiene bags for the homeless March 20th from 1 - 2:30 pm in classroom 6.

AARP TAX-AIDE – will offer free income tax preparation services at St Barnabas’s church on Thursdays, beginning February 5th. Reservations can be made now at ccfreetax.org/appointment.html or by calling (805) 931-6308. A photo ID is required for the principal taxpayers and Social Security cards are required for every person in the tax return.

OPPORTUNITIES TO GATHER VIRTUALLY

Sunday morning WORSHIP at 10:00 am – We live-stream our Sunday 10:00 am worship services on the St. Barnabas' Facebook page: facebook.com/StBarnabasAG/

All you need is a computer or device with an internet connection and speakers to watch the live stream; you do not need to have a Facebook account. A recording of the live stream will be posted on the St. Barnabas YouTube Channel: (bit.ly/StBYouTube) following the service.

If you would like to participate more fully in the service, the order of service booklet is available for download on the St. Barnabas website by clicking the big blue "Weekly Bulletin" button on our website. Sunday morning worship bulletin is available starting at 1:00 pm on Thursday.

TUESDAY MORNING PRAYER at 9:30 am – Now Hybrid on Zoom and the church library in person. If you have a Book of Common Prayer at home that will be useful to have on hand. Click this link to attend via your computer or device: bit.ly/stbarnabasmorningprayer

To dial in call 1-669-900-6833. When prompted put in the Meeting ID of **878 6513 4138#** and when prompted for a password put in **365072#**, and then hit **#** a second time.

BIBLE STUDY Tuesdays at 10:00 am – Now Hybrid on Zoom and the church library in person. Bible Study will start at 10:00 am immediately following Morning Prayer. The Zoom login is the same as Morning Prayer (above). We are studying Scripture passages that inform us about our former-Presiding Bishop's "The Way of Love.". Feel free to contact Gerti Garner at ggrgarner@gmail.com for more information.

Friday 4:00 pm CENTERING PRAYER – Every Friday afternoon at 4 pm we hold a Centering Prayer group. After gathering, we practice 20 minutes of silent Centering Prayer. Following the practice, we read and discuss a passage from Mother Teresa's "Love Without Measure." The reading will be sent out in advance of the meeting.

We meet on Fridays from 4:00 pm to 5:00 pm over Zoom

(<https://us02web.zoom.us/j/86777561670?pwd=OEV0ajx1WXhuSGJINTIwbu1LUWR6Zz09>).

We meet in person on the second Friday of the month at St. Barnabas. We meet next **in person** on **Friday, March 13.**

MAKING DONATIONS TO ST. BARNABAS

ELECTRONIC TRANSFER: You can make an electronic transfer to St. Barnabas using Quick Pay with Zelle set up. Many banks and financial institutions offer this method of funds transfer. Donations can be set up as one-time or recurring. To transfer money, use the email address of the Financial Secretary (stbarnabas.financial@gmail.com) as the recipient. If you have questions or difficulties setting it up, call Cassidy Rowland at 805-536-1598. There are no fees associated with this type of transfer.

PayPal is another option for electronic transfer. You can find St. Barnabas using the email address of the Financial Secretary: stbarnabas.financial@gmail.com PayPal does charge St. Barnabas a processing fee.

AUTO PAY FROM YOUR FINANCIAL INSTITUTION: Many banks and financial institutions offer a service often called Auto Pay or Bill Pay. It's fairly easy to set up online or at the bank. The donation can be set up as one-time or recurring. The bank will issue the check on the date you give them and mail the check to St. Barnabas.

MAIL YOUR CHECK: You can also mail your check to St. Barnabas. Please put "Attn Financial Secretary" on the envelope. The address is: 301 Trinity Ave., Arroyo Grande, CA 93420

If you have any questions on how to make your donation, please feel free to contact Cassidy Rowland, Financial Secretary, at 805-536-1598. You can also send an email to stbarnabas.financial@gmail.com. Thank you for your continued support of St. Barnabas.

DONATE

Donations of time and talent are just as important as financial donations.

THANK YOU TO EVERYONE WHO HELPS SERVE EACH SUNDAY!

Vestry Members – The governing board of our parish is made up of the following:

Class of 2027 – Leslie Campbell, Tom DeNatale, Corey Kielan

Class of 2028 – Deb Habr, Candace Kincade, Paula Mason

Class of 2029 – Joy Fisher, Gerti Garner, Kevin Pence

Altar Guild Team:

Tricia Ottesen, Marsha Fasse, Paula Smith

Sunday School Teachers:

Robert Merritt, Paula Smith

Last Week's Coffee Ministry Hosts

8 am: Ann Mathias, Lorrie Erno

10 am: Steve Harris & Harry Johnson, Jim & Linda Kilponen

CALENDAR
March 8 – March 15

TODAY	In-Person Holy Communion.....	8:00 am
	In-Person Holy Communion.....	10:00 am
	Children’s Sunday School.....	10:00 am
Tuesday	Open Sewing	9:00 am
	Morning Prayer (Hybrid Zoom & Church Library)	9:30 am
	Biblical Roundtable (Hybrid Zoom & Church Library).....	10:00 am
	12-Step Meeting (outdoors).....	12:00 noon
	Book Study in Library	3:00 pm
Wednesday	Senior Fitness & Stretching with Sigrid	12:15 pm
	Writing From Life class.....	2:00 pm
	Choir Rehearsal.....	5:30 pm
Thursday	AARP Tax Prep.....	9:00 am
	Morning Yoga with Sigrid.....	9:30 am
Friday	Senior Fitness & Stretching with Sigrid	12:15 pm
	Centering Prayer (on Zoom)	4:00 pm
Saturday	Parish Grounds Workday	9:00 am
	Burial of Tim Storton (AG Cemetery)	11:00 am
	Book Study in Library and on Zoom	4:00 pm
Sunday	In-Person Holy Communion	8:00 am
	In-Person Holy Communion.....	10:00 am
	Children’s Sunday School.....	10:00 am
	St. Patrick’s Day Dinner/Fundraiser	5:00 pm

**In-person and via Facebook Live*

SERVING TODAY

PREACHER/PRESIDER Rev. Rob Keim
 DEACON Rev. Susan Arnold
 8 AM MUSIC Sharon Williams
 10 AM MUSIC Janis Johnson
 CHORAL SCHOLARS Catryna Benander, Helena Fuller, Zach Allen,
 Blake Wiley

8 am

EUCCHARISTIC MINISTER Karen Reinecke
 LECTOR/VESTRY ON CALL Candace Kincade
 USHERS Steve Harris, Dave Williams
 COFFEE MINISTRY HOSTS Carlos Ortiz, Robert Merritt

10 am

EUCCHARISTIC MINISTER Nancy Taylor
 LECTOR John Totten
 CHALICES Bob Taylor, David Murray, Gerti Gamer
 USHERS David & Susan Murray, Carolyn Flynn
 VESTRY ON CALL Deb Habr
 COFFEE MINISTRY HOSTS Tracy & Paul Schiro
 LIVESTREAM Cole Martinez



301 Trinity Avenue, Arroyo Grande, CA 93420
 Phone: (805) 489-2990 | Email: saintbarnabas.ag@gmail.com
 Website: saintbarnabas-ag.org

SAINT BARNABAS’ OFFICE HOURS | MON-WED 9 AM – 12 PM, THURS 9 AM – 1 PM, FRIDAY 9 AM – 12 PM