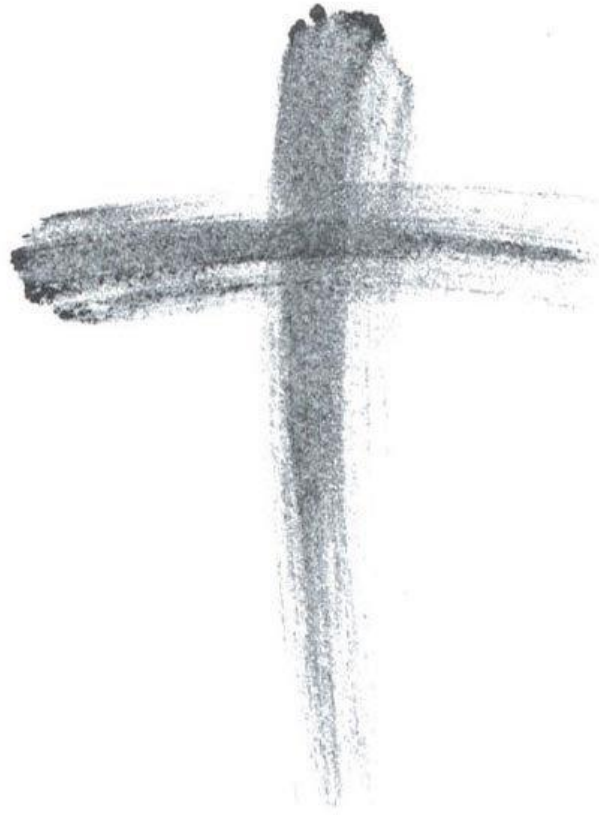




St. Barnabas' Episcopal Church

ASH WEDNESDAY | MARCH 5, 2024

12:00 noon & 7:00 pm



God's discerning, inclusive, Christ-centered church, engaged in outreach ministry, growing discipleship, and life changing worship.

Welcome to Indoor Worship at St. Barnabas'!

Welcome to our in-person indoor worship service. In order to worship safely we will:

- Have doors and windows open to provide fresh airflow,
- Be limited to those who have no COVID-19 symptoms and have not recently tested positive for COVID.
- Recommend that a mask be worn at all times, however, masks are optional for those who have been vaccinated and are healthy,
- Please note that we do not require COVID vaccination to attend worship at St. Barnabas.

Distribution of bread and wine:

- Starting from the balcony and then the back of the room, Ushers will invite you forward to receive the bread and wine.
- Then you may take a small bowl of wine from the tray and consume the wine before returning to your seat. Empty bowls may be placed in the baskets along the side of the room.
- If you prefer, instead of an individual bowl, you may drink wine from the common chalice.
- If you are unable to come forward, let the ushers know so the bread and wine can be brought to you.

Four courtyard and two narthex bathrooms are available for your use. Please use the disinfecting spray that is in the bathroom. If you have any questions or concerns, the Ushers are available to assist you.

Welcome to Online St. Barnabas!

Welcome to those joining our virtual worship with Facebook Live. We are glad to have you with us in this new way. You may access our livestream starting at 9:45 am at facebook.com/StBarnabasAG/

A recording of the live-stream will be posted on the St. Barnabas YouTube Channel (bit.ly/StBYouTube) the afternoon following the service.

Bidding (intercessory prayer) Book – If you would like to add a prayer to be read during the church service, you may add it to the “Bidding Book” located at the back of the church to the left of the doors. If you cannot join us in person and would like to add a prayer to be read during the church service you can email the name of the person to our parish office at saintbarnabas.ag@gmail.com (before Wednesday morning), or add it to the comments section on Facebook Live during the livestream.

Greens and Candle Dedications – Candles are lit by St. Barnabas to the glory of God.

Greens have been placed on the altar by St. Barnabas to the glory of God.

In addition to our Sunday morning Eucharist at 8:00 am and 10:00 am, we offer the following...

Notable Events

TODAY	MARCH 5	Ash Wednesday Eucharist 12:00 noon and 7:00 pm
SUNDAY	MARCH 9	Land Development Forum 11:30 am
SATURDAY	MARCH 15	St. Patrick's Day Dinner Fundraiser 5:00 – 6:30 pm
SATURDAY	APRIL 5	Parish Grounds Workday 9:00 am
SUNDAY	APRIL 6	Immigrant Sunday and Eucharist 8:00 and 10:00 am

THE WORD OF GOD

Enter in Silence.

Stand as you are able.

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LESSONS

The people sit.

FIRST READING: Joel 2:1-2,12-17

A reading from the Book of the prophet Joel.

Blow the trumpet in Zion; sound the alarm on my holy mountain!

Let all the inhabitants of the land tremble,

for the day of the Lord is coming, it is near--

a day of darkness and gloom, a day of clouds and thick darkness!

Like blackness spread upon the mountains

a great and powerful army comes; their like has never been from of old,

nor will be again after them in ages to come.

Yet even now, says the Lord, return to me with all your heart,

with fasting, with weeping, and with mourning;

rend your hearts and not your clothing.

Return to the Lord, your God, for he is gracious and merciful,

slow to anger, and abounding in steadfast love, and relents from punishing.

Who knows whether he will not turn and relent, and leave a blessing behind him,

a grain offering and a drink offering for the Lord, your God?

Blow the trumpet in Zion; sanctify a fast; call a solemn assembly;

gather the people. Sanctify the congregation; assemble the aged;

gather the children, even infants at the breast.

Let the bridegroom leave his room, and the bride her canopy.

Between the vestibule and the altar let the priests, the ministers of the Lord, weep.

Let them say, "Spare your people, O Lord, and do not make your heritage a mockery,

a byword among the nations. Why should it be said among the peoples,

'Where is their God?'"

Reader The Word of the Lord.

People Thanks be to God.

In each of our worship services we read four passages from the Bible: An Old Testament reading, a Psalm, a New Testament reading, and a Gospel reading. The readings are arranged in a three-year cycle so that we end up reading a large portion of the Bible in our worship. Today's readings are specific to Ash Wednesday. The three-year cycle is called the Revised Common Lectionary (RCL) and it is used by most mainline denominations.

PSALM 103:8-14

⁸ The Lord is full of compassion and mercy, *
slow to anger and of great kindness.

⁹ He will not always accuse us, *
nor will he keep his anger for ever.

¹⁰ He has not dealt with us according to our sins, *
nor rewarded us according to our wickedness.

¹¹ For as the heavens are high above the earth, *
so is his mercy great upon those who fear him.

¹² As far as the east is from the west, *
so far has he removed our sins from us.

¹³ As a father cares for his children, *
so does the Lord care for those who fear him.

¹⁴ For he himself knows whereof we are made; *
he remembers that we are but dust.

SECOND READING: 2 Corinthians 5:20b-6:10

A reading from Paul's second letter to the Corinthians.

We entreat you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God. As we work together with him, we urge you also not to accept the grace of God in vain. For he says,

"At an acceptable time I have listened to you,
and on a day of salvation I have helped you."

See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see-- we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

Reader The Word of the Lord.
People **Thanks be to God.**

SEQUENCE HYMN

Kind Maker of the world

Verses 1 - 3

1 Kind Ma - ker of the world, O hear the fer - vent
 2 Each heart is man - i - fest to thee; thou know - est
 3 Spare us, O Lord, who now con - fess our sins and
 4 Give us the dis - ci - pline that springs from ab - sti -
 5 Grant, O thou bless - ed Trin - i - ty; grant, O un -

1 prayer, with man - ya tear poured forth by all the
 2 our in - fir - mi - ty; now we re - pent, and
 3 all our wick - ed - ness, and, for the glo - ry
 4 nence in out - ward things with in - ward fast - ing,
 5 chang - ing Un - i - ty; that this our fast of

1 pen - i - tent who keep this ho - ly fast of Lent!
 2 seek thy face; grant un - to us thy par - doning grace.
 3 of thy Name, our weak - ened souls to health re - claim.
 4 so that we in heart and soul may dwell with thee.
 5 for - ty days may work our pro - fit and thy praise!

It is traditional for the people to stand as the Gospel Book is lifted high by the Deacon.

As the Gospel is announced, some people use their thumb to make the sign of the cross on their forehead, mouth, and heart. These three locations indicate that the Gospel reading is to enter the mind, voice, and heart. Some people also bow as a sign of reverence for Jesus who is depicted in the Gospels.

GOSPEL: Matthew 6:1-6, 16-21

All stand.

Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew.
People **Glory to you, Lord Christ.**

Jesus said, "Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven.

"So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you.

"And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you.

"And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you.

"Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also."

Deacon The Gospel of the Lord.
People **Praise to you, Lord Christ.**

SEQUENCE HYMN

Kind Maker of the world

Verses 4, 5
Prior Page

THE SERMON

The Rev. Rob Keim

Followed by a moment of silent mediation.

LENTEN INVITATION

All stand, and the Celebrant or Minister appointed invites the people to the observance of a holy Lent, saying

Dear People of God: The first Christians observed with great devotion the days of our Lord's passion and resurrection, and it became the custom of the Church to prepare for them by a season of penitence and fasting. This season of Lent provided a time in which converts to the faith were prepared for Holy Baptism. It was also a time when those who, because of notorious sins, had been separated from the body of the faithful were reconciled by penitence and forgiveness, and restored to the fellowship of the Church. Thereby, the whole congregation was put in mind of the message of pardon and absolution set forth in the Gospel of our Savior, and of the need which all Christians continually have to renew their repentance and faith.

I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word. And, to make a right beginning of repentance, and as a mark of our mortal nature, let us now kneel before the Lord, our maker and redeemer.

Silence is then kept for a time, all kneeling.

BLESSING OF THE ASHES

Almighty God, you have created us out of the dust of the earth: Grant that these ashes may be to us a sign of our mortality and penitence, that we may remember that it is only by your gracious gift that we are given everlasting life; through Jesus Christ our Savior. **Amen.**

IMPOSITION OF ASHES

The ashes are imposed with the following words.

Remember that you are dust, and to dust you shall return.

At this point in our Ash Wednesday worship we deviate from the normal flow for a Eucharist. Instead we have an invitation to begin the season of Lent, the imposition of Ashes on the forehead, and a series of prayers that are petitions for pardon.

The ashes are a sign of our mortality and of our penitence.

Included in the words is the most explicit Confession that we have in any of our worship services



PSALM 51

Said together

As part of our special Ash Wednesday ritual, we recite Psalm 51, a psalm or prayer for forgiveness. Each part of this Psalm begins with an appeal to God and ends with a reference to the Temple in ancient Jerusalem.

**¹Have mercy on me, O God, according to your loving-kindness; *
in your great compassion blot out my offenses.**

**²Wash me through and through from my wickedness *
and cleanse me from my sin.**

**³For I know my transgressions, *
and my sin is ever before me.**

**⁴Against you only have I sinned *
and done what is evil in your sight.**

**⁵And so you are justified when you speak *
and upright in your judgment.**

**⁶Indeed, I have been wicked from my birth, *
a sinner from my mother's womb.**

**⁷For behold, you look for truth deep within me, *
and will make me understand wisdom secretly.**

**⁸Purge me from my sin, and I shall be pure; *
wash me, and I shall be clean indeed.**

**⁹Make me hear of joy and gladness, *
that the body you have broken may rejoice.**

**¹⁰Hide your face from my sins *
and blot out all my iniquities.**

**¹¹Create in me a clean heart, O God, *
and renew a right spirit within me.**

**¹²Cast me not away from your presence *
and take not your holy Spirit from me.**

**¹³Give me the joy of your saving help again *
and sustain me with your bountiful Spirit.**

**¹⁴I shall teach your ways to the wicked, *
and sinners shall return to you.**

**¹⁵Deliver me from death, O God, *
and my tongue shall sing of your righteousness,
O God of my salvation.**

**¹⁶Open my lips, O Lord, *
and my mouth shall proclaim your praise.**

**¹⁷Had you desired it, I would have offered sacrifice, *
but you take no delight in burnt-offerings.**

**¹⁸The sacrifice of God is a troubled spirit; *
a broken and contrite heart, O God, you will not despise.**

LITANY OF PENITENCE

The Celebrant and people together, all kneeling

Most holy and merciful Father: We confess to you and to one another, and to the whole communion of saints in heaven and on earth, that we have sinned by our own fault in thought, word, and deed; by what we have done, and by what we have left undone.

The Celebrant continues

We have not loved you with our whole heart, and mind, and strength. We have not loved our neighbors as ourselves. We have not forgiven others, as we have been forgiven.

Have mercy on us, Lord.

We have been deaf to your call to serve, as Christ served us. We have not been true to the mind of Christ. We have grieved your Holy Spirit.

Have mercy on us, Lord.

We confess to you, Lord, all our past unfaithfulness: the pride, hypocrisy, and impatience of our lives,

We confess to you, Lord.

Our self-indulgent appetites and ways, and our exploitation of other people,

We confess to you, Lord.

Our anger at our own frustration, and our envy of those more fortunate than ourselves,

We confess to you, Lord.

Our intemperate love of worldly goods and comforts, and our dishonesty in daily life and work,

We confess to you, Lord.

Our negligence in prayer and worship, and our failure to commend the faith that is in us,

We confess to you, Lord.

Accept our repentance, Lord, for the wrongs we have done: for our blindness to human need and suffering, and our indifference to injustice and cruelty,

Accept our repentance, Lord.

For all false judgments, for uncharitable thoughts toward our neighbors, and for our prejudice and contempt toward those who differ from us,

Accept our repentance, Lord.

For our waste and pollution of your creation, and our lack of concern for those who come after us,

Accept our repentance, Lord.

Restore us, good Lord, and let your anger depart from us;

Favorably hear us, for your mercy is great.

Accomplish in us the work of your salvation,

That we may show forth your glory in the world.

By the cross and passion of your Son our Lord,

Bring us with all your saints to the joy of his resurrection.

The Priest, stands and, facing the people, says

Almighty God, the Father of our Lord Jesus Christ, who desires not the death of sinners, but rather that they may turn from their wickedness and live, has given power and commandment to his ministers to declare and pronounce to his people, being penitent, the absolution and remission of their sins. He pardons and absolves all those who truly repent, and with sincere hearts believe his holy Gospel.

Therefore we beseech him to grant us true repentance and his Holy Spirit, that those things may please him which we do on this day, and that the rest of our life hereafter may be pure and holy, so that at the last we may come to his eternal joy; through Jesus Christ our Lord.

Amen.

THE PEACE

All sit.

Celebrant Pray for peace, seek for peace, speak for peace, act in peace.
And the peace of the Lord be always with you.

People **And also with you.**

Then the Ministers and the People may greet one another in the name of the Lord.

THE HOLY COMMUNION

The Celebrant says

Offer to God a sacrifice of thanksgiving, and make good your vows to the Most High.

OFFERTORY ANTHEM Wash Me Thoroughly Sung by the Chancel Choir

Wash me thoroughly from my wickedness, and forgive me all my sin.

For I acknowledge my faults, and my sin is ever before me.

WORDS: PSALM 51: 2-3

MUSIC: DAVID HALLS (B. 1963)

DOXOLOGY

The people stand and sing

Praise God, from whom all blessings flow; Praise him, all
creatures here below; Praise him above, ye
heav'nly host; Praise Father, Son and Holy Ghost.

THE GREAT THANKSGIVING

The People remain standing.

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

The Celebrant continues

It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever.

Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance.

Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we say,

The Celebrant and People say together

Ho - ly ho - ly, ho - ly, Lord God of pow'r and might. Heav-en and
earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed, bless-ed is he who comes in the name of the Lord. Ho -
san - na in the high - est, Ho - san - na in the high - est.

During the season of Lent we are using Eucharistic Prayer D from the Episcopal Book of Common Prayer (1979). All Eucharistic Prayers follow a set format, though some have more contemporary and inclusive language. Eucharistic Prayer D is the most ancient of the ones we use.

The Celebrant continues

We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you. This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

Celebrant and People

**We praise you, we bless you,
we give thanks to you,
and we pray to you, Lord our God.**

The Celebrant continues

Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

And grant that we may find our inheritance with the Blessed Virgin Mary, with patriarchs, prophets, apostles, and martyrs, with Barnabas and all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever. **Amen.**

The Deacon says

And now, as our Savior Christ has taught us, we are bold to say,

People and Celebrant

**Our Father, who art in heaven,
hallowed be thy Name, thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.**

At the Noon Service we say these words together at the 7pm service we sing on the next page.

Celebrant Christ our Passover is sacrificed for us;
People Therefore let us keep the feast.

At the 7pm Service we sing together

3
Lamb of God, — you take a - way — the
sins — of the world: — have mer - cy on us. —
Lamb of God, — you take a - way — the sins of the
world: — have mer - cy on us. — Lamb of God, — you
take a - way — the sins of the world: —
grant us — peace. — 3

The Celebrant says

The Gifts of God for the People of God.

COMMUNION HYMN

Before thy throne, O God we kneel

You are welcomed to join the choir in singing the Communion Hymn. Or, you may elect to listen.

1 Be - fore thy throne, O God, we kneel: give us a con-science
 2 Search out our hearts and make us true; help us to give to
 3 For sins of heed - less word and deed, for pride am - bi - tious
 4 Let the fierce fires which burn and try, our in - most spi - rits

quick to feel, a rea - dy mind to un - der - stand
 all their due. From love of plea - sure, lust of gold,
 to suc - ceed, for craft - y trade and sub - tle snare
 pu - ri - fy: con - sume the ill; purge out the shame;

the mean - ing of thy chas - tening hand; what - e'er the pain and
 from sins which make the heart grow cold, wean us and train us
 to catch the sim - ple un - a - ware, for lives be - reft of
 O God, be with us in the flame; a new - born peo - ple

shame may be, bring us, O Fa - ther, near - er thee.
 with thy rod; teach us to know our faults, O God.
 pur - pose high, for - give, for - give, O Lord, we cry.
 may we rise, more pure, more true, more no - bly wise.

After Communion, the Celebrant says

Let us pray.

Celebrant and People say together

**Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

The people stand and the Priest blesses the people, saying

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen**

The blessing by the Priest is a reminder of the many blessings we already have from God. We are aware of some of the blessings and unaware of others. Our response to these blessings is gratitude and joy.

CONCLUDING HYMN

The glory of these forty days



1 The glo - ry of these for - ty days we
2 A - lone and fast - ing Mo - ses saw the
3 So Dan - iel trained his mys - tic sight, de -
4 Then grant us, Lord, like them to be full



1 ce - le - brate with songs of praise; for Christ, through whom all
2 lov - ing God who gave the law; and to E - li - jah,
3 liv - ered from the li - ons' might; and John, the Bride - groom's
4 oft in fast and prayer with thee; our spi - rits strength - en



1 things were made, him - self has fast - ed and has prayed.
2 fast - ing, came the steeds and char - i - ots of flame.
3 friend, be - came the her - ald of Mes - si - ah's name.
4 with thy grace, and give us joy to see thy face.

Deacon Let us go forth in the name of Christ.
People Thanks be to God.

DEPART IN SILENCE

LIFE AT ST. BARNABAS

LOOKING FOR A NEW PARISH ADMINISTRATOR – This past week, our Parish Administrator, Adam Loveridge, let us know that he will be taking a new full-time position at Cal Poly starting April 1st. Thus, we are looking for a new, 24-hour a week Parish Administrator to manage our office and complete many of our weekly and monthly administrative tasks. Pay is competitive with medical benefits for the employee. We are looking for someone to start as soon as possible so that they can be trained by Adam. See Fr. Rob if you or someone you know might be interested in working for our Parish.

ST. PATRICK'S DAY DINNER – Be on the lookout for details for our St. Patrick's Day Dinner. The Sunday School youth and kids will be selling tickets soon for this dinner fundraiser. It will be held on Saint Patrick's Day, **Saturday, March 15th at 5pm**. Contact Pam Pano if you have questions.

EMBODIED SPIRITUAL PRACTICES – Our bodies, or moving centers, are a vital category of spiritual practices. For many years, here at St. Barnabas, Sigrid Long has offered chair yoga, senior fitness, and yoga. Classes are donation based which is usually \$5-10.

Wednesdays at 12:15 pm – Chair Yoga / Senior Fitness

Thursday at 9:30 am – Yoga

Friday at 12:15 pm – Chair Yoga / Senior Fitness

QUILTERS, NEEDLEWORKERS, CRAFTERS – You are invited to a retreat at St. Barnabas Church in Arroyo Grande. **May 29th – 31st**, (Thursday & Friday 9 am - 4 pm, Saturday 9am - 1 pm) There is no charge for the retreat. There is an optional \$20 donation to cover costs (snacks, raffle, etc.) Please let me know if you wish to attend the retreat. Melissa Biel, 562-400-4704 (call or text), melissabiel@yahoo.com. I will respond when I receive your RSVP. If you do not hear back from me, it means I did not receive your response. I will follow-up with you when we get closer to the retreat to make sure the dates still fit with your schedule and give you more retreat information. We have 28 spaces available at the retreat. If we receive more than 28 responses, we will start a waiting list. Let me know if you have any questions. Thank you, Melissa.

OPPORTUNITIES TO GATHER VIRTUALLY

Sunday morning WORSHIP at 10:00 am – We live-stream our Sunday 10:00 am worship services on the St. Barnabas' Facebook page: facebook.com/StBarnabasAG/. All you need is a computer or device with an internet connection and speakers to watch the live stream; you do not need to have a Facebook account. A recording of the live stream will be posted on the St. Barnabas YouTube Channel: (bit.ly/StBYouTube) following the service. If you would like to participate more fully in the service, the order of service booklet is available for download on the St. Barnabas website by clicking the big blue "Weekly Bulletin" button on our website. Sunday morning worship bulletin is available starting at 1:00 pm on Thursday.

TUESDAY MORNING PRAYER at 9:30 am – Now Hybrid on Zoom and the church library in person. If you have a Book of Common Prayer at home that will be useful to have on hand. Click this link to attend via your computer or device: bit.ly/stbarnabasmorningprayer. To dial in call 1-669-900-6833. When prompted put in the Meeting ID of **878 6513 4138#** and when prompted for a password put in **365072#**, and then hit **#** a second time.

BIBLE STUDY Tuesdays at 10:00 am – Now Hybrid on Zoom and the church library in person. Bible Study will start at 10:00 am immediately following Morning Prayer. The Zoom login is the same as Morning Prayer (above). We are looking at Scripture passages that correspond with our former Presiding Bishop's "Way of Love." Feel free to contact Gerti Garner at ggrgarner@gmail.com for more information.

Friday 4:00 pm CENTERING PRAYER – Each Friday afternoon at 4pm we will hold a Centering Prayer Service. After first gathering for a few minutes, we practice our 20 minutes of silent Centering Prayer. Following the practice, we will be reading and discussing a passage from Hildegard of Bingen, a mystic from the 11th and 12th centuries. She was a mystic (perhaps Germany's first) and a visionary, but she was also a prophet, a reformer, a scientist, an encyclopedist, a composer, and a dramatist – a Renaissance personality well before the Renaissance.

We are using *Let There Be Light* an edited collection of prayers and writings introducing some of her visions and spiritual insights. We meet every Friday from 4:00 pm -5:00 pm. We next meet **in person on Friday, March 14th** (and every 2nd Friday) at St Barnabas. On all other Fridays we meet via Zoom: bit.ly/stbarnabascenteringprayer. To dial in call 1-669-900-6833. When prompted put in the Meeting ID of **867 7756 1670#** and when prompted for a password put in **034979#**, and then hit **#** a second time.

MAKING DONATIONS TO ST. BARNABAS

ELECTRONIC TRANSFER: You can make an electronic transfer to St. Barnabas using Quick Pay with Zelle set up. Many banks and financial institutions offer this method of funds transfer. Donations can be set up as one-time or recurring. To transfer money, use the email address of the Financial Secretary (stbarnabas.financial@gmail.com) as the recipient. If you have questions or difficulties setting it up, call Cassidy Rowland at 805-536-1598. There are no fees associated with this type of transfer.

PayPal is another option for electronic transfer. You can find St. Barnabas using the email address of the Financial Secretary: stbarnabas.financial@gmail.com PayPal does charge St. Barnabas a processing fee.

AUTO PAY FROM YOUR FINANCIAL INSTITUTION: Many banks and financial institutions offer a service often called Auto Pay or Bill Pay. It's fairly easy to set up online or at the bank. The donation can be set up as one-time or recurring. The bank will issue the check on the date you give them and mail the check to St. Barnabas.

MAIL YOUR CHECK: You can also mail your check to St. Barnabas. Please put "Attn Financial Secretary" on the envelope. The address is: 301 Trinity Ave., Arroyo Grande, CA 93420

If you have any questions on how to make your donation, please feel free to contact Cassidy Rowland, Financial Secretary, at 805-536-1598. You can also send an email to stbarnabas.financial@gmail.com. Thank you for your continued support of St. Barnabas.

DONATE

DONATIONS OF TIME AND TALENT ARE JUST AS IMPORTANT AS FINANCIAL DONATIONS.

THANK YOU TO EVERYONE WHO HELPS SERVE EACH SUNDAY!

Vestry Members – The governing board of our parish is made up of the following:

Class of 2026 – Robert Merritt, Sheila Miller, Tracy Schiro (Sr. Warden)

Class of 2027 – Leslie Campbell, Tom DeNatale, Corey Kielan

Class of 2028 – Deb Habr, Candace Kincade, Paula Mason

This Week's Altar Guild Team:

Janette Sofranko, Ann Mathias, Susan DeNatale

