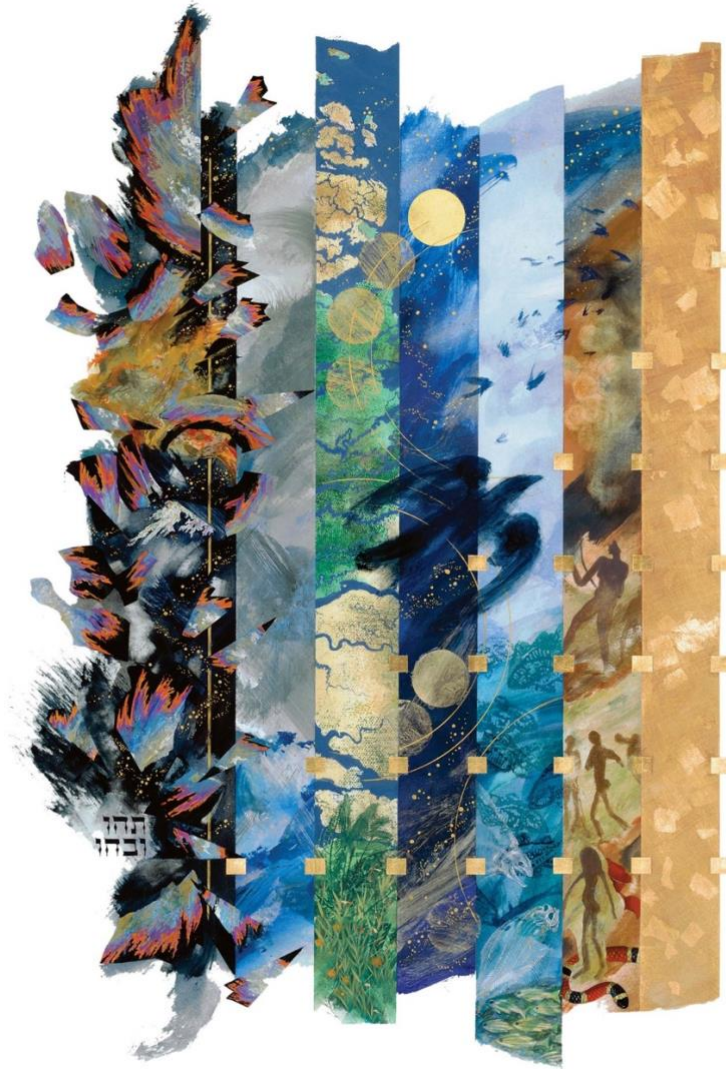




# St. Barnabas' Episcopal Church

SEVENTH SUNDAY AFTER THE EPIPHANY | FEBRUARY 23<sup>RD</sup>, 2025

8:00 am & 10:00 am



*Creation – Donald Jackson with contributions by Chris Tomlin, 2003  
[saintjohnsabbey.org/events/25th-anniversary-of-the-commissioning-of-the-saint-johns-bible](http://saintjohnsabbey.org/events/25th-anniversary-of-the-commissioning-of-the-saint-johns-bible)*

God's discerning, inclusive, Christ-centered church, engaged in outreach ministry, growing discipleship, and life changing worship.

### Welcome to Indoor Worship at St. Barnabas'!

Welcome to our in-person indoor worship service. In order to worship safely we will:

- Have doors and windows open to provide fresh airflow,
- Be limited to those who have no COVID-19 symptoms and have not recently tested positive for COVID.
- Recommend that a mask be worn at all times, however, masks are optional for those who have been vaccinated and are healthy,
- Please note that we do not require COVID vaccination to attend worship at St. Barnabas.

Distribution of bread and wine:

- Starting from the balcony and then the back of the room, Ushers will invite you forward to receive the bread and wine.
- Then you may take a small bowl of wine from the tray and consume the wine before returning to your seat. Empty bowls may be placed in the baskets along the side of the room.
- If you prefer, instead of an individual bowl, you may drink wine from the common chalice.
- If you are unable to come forward, let the ushers know so the bread can be brought to you.

Four courtyard and two narthex bathrooms are available for your use. Please use the disinfecting spray that is in the bathroom. If you have any questions or concerns, the Ushers are available to assist you.

### Welcome to Online St. Barnabas!

Welcome to those joining our virtual worship with Facebook Live. We are glad to have you with us in this new way. You may access our livestream starting at 9:45 am at [facebook.com/StBarnabasAG/](https://facebook.com/StBarnabasAG/)

A recording of the live-stream will be posted on the St. Barnabas YouTube Channel ([bit.ly/StBYoutube](https://bit.ly/StBYoutube)) the afternoon following the service.

**Bidding (intercessory prayer) Book** – If you would like to add a prayer to be read during the church service, you may add it to the “Bidding Book” located at the back of the church to the left of the doors. If you cannot join us in person and would like to add a prayer to be read during the church service you can email the name of the person to our parish office at [saintbarnabas.ag@gmail.com](mailto:saintbarnabas.ag@gmail.com) (before Wednesday morning), or add it to the comments section on Facebook Live during the livestream.

### Flowers and Candle Dedications:

Candles are lighted by St. Barnabas to the Glory of God.

Flowers are placed by Ann and Bill Napier; in memory of Ann’s mother, Kathleen McNeil; by Linda and Jim Miller in celebration of their anniversary, by Gerti Garner in memory of her friend, Michael Reagan.

*In addition to our Sunday morning Eucharist at 8:00 am and 10:00 am, we offer the following...*

### *Notable Events*

|                  |                |   |
|------------------|----------------|---|
| <b>SUNDAY</b>    | <b>FEB 23</b>  | <b>Creation Care Sunday at St. Barnabas</b>           |
| <b>MONDAY</b>    | <b>FEB 24</b>  | <b>New Barre Sculpt exercise class 10:30 am</b>       |
| <b>FRIDAY</b>    | <b>FEB 28</b>  | <b>New Barre Sculpt exercise class 10:30 am</b>       |
| <b>TUESDAY</b>   | <b>MARCH 4</b> | <b>Shrove Tuesday Pancake Supper 5:00 – 6:00 pm</b>   |
| <b>WEDNESDAY</b> | <b>MARCH 5</b> | <b>Ash Wednesday Eucharist 12:00 noon and 7:00 pm</b> |

**VOLUNTARY**

**INTROIT**

**Come, Holy Spirit**

**Sung by The Choral Scholars**

Come, Holy Spirit,  
Come, Holy Spirit.  
Maranatha!  
Come, Lord, Come.

WORDS & MUSIC: *The Iona Community (Scotland)*



# THE WORD OF GOD

*Stand as you are able.*

## ENTRANCE HYMN

Love divine, all loves excelling

1 Love di - vine, all loves ex - cell - ing, joy of heaven, to  
2 Come, al - might - y to de - liv - er, let us all thy  
3 Fi - nish then thy new cre - a - tion; pure and spot - less

earth come down, fix in us thy hum - ble dwell - ing, all thy  
life re - ceive; sud - den - ly re - turn, and nev - er, nev - er -  
let us bc; let us sec thy great sal - va - tion per - fect -

faith - ful mer - cies crown. Je - sus, thou art all com - pas - sion,  
more thy tem - ples leave. Thee we would be al - way bless - ing,  
ly re - stored in thee: changed from glo - ry in - to glo - ry,

pure, un - bound - ed love thou art; vis - it us with  
serve thee as thy hosts a - bove, pray, and praise thee  
till in heaven we take our place, till we cast our

thy sal - va - tion, en - ter ev - ery trem - bling heart.  
with - out ceas - ing, glo - ry in thy per - fect love.  
crowns be - fore thee, lost in won - der, love, and praise.

*The people standing, the Celebrant says*

Bless-ed be the one, ho - ly and liv - ing God.

*People*

Glo - ry to God for ev - er and ev - er.

## COLLECT FOR PURITY

*The Celebrant says*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

*The Collect for Purity is a prayer of preparation. We bring many things with us into worship, and we ask the Holy Spirit to help us set those distractions aside, even briefly, so that we may focus on our worship of God.*

## OPENING ANTHEM

## Glory to God

1. Glo-ry to God in the high - est, and peace to his peo - ple on earth.

2. Lord God, hea - ven - ly King, al - might - y God and Fa - ther, we wor - ship you, we give you thanks, we praise you for your glo - ry. 3. Lord Je - sus Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God,

4. you take a - way the sin of the world: have mer - cy on us;

5. you are seat - ed at the right hand of the Fa - ther: re - ceive our prayer.

6. For you a - lone are the Ho - ly One, you a - lone are the Lord,

7. You a - lone are the Most High, Je - sus Christ, with the Ho - ly Spi - rit, in the glo - ry of God the Fa - ther. A - men.

## THE COLLECT OF THE DAY

*Celebrant* The Lord be with you.  
*People* **And also with you.**  
*Celebrant* Let us pray.

O Lord, you have taught us that without love whatever we do is worth nothing: Send your Holy Spirit and pour into our hearts your greatest gift, which is love, the true bond of peace and of all virtue, without which whoever lives is accounted dead before you. Grant this for the sake of your only Son Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

## THE LESSONS

*The people sit.*

### FIRST READING: Genesis 45:3-11, 15

A Reading from the Book of Genesis.

Joseph said to his brothers, "I am Joseph. Is my father still alive?" But his brothers could not answer him, so dismayed were they at his presence.

Then Joseph said to his brothers, "Come closer to me." And they came closer. He said, "I am your brother, Joseph, whom you sold into Egypt. And now do not be distressed, or angry with yourselves, because you sold me here; for God sent me before you to preserve life. For the famine has been in the land these two years; and there are five more years in which there will be neither plowing nor harvest. God sent me before you to preserve for you a remnant on earth, and to keep alive for you many survivors. So it was not you who sent me here, but God; he has made me a father to Pharaoh, and lord of all his house and ruler over all the land of Egypt. Hurry and go up to my father and say to him, "Thus says your son Joseph, God has made me lord of all Egypt; come down to me, do not delay. You shall settle in the land of Goshen, and you shall be near me, you and your children and your children's children, as well as your flocks, your herds, and all that you have. I will provide for you there--since there are five more years of famine to come--so that you and your household, and all that you have, will not come to poverty."

And he kissed all his brothers and wept upon them; and after that his brothers talked with him.

*Reader* The Word of the Lord.  
*People* **Thanks be to God.**

*Each Sunday, our worship includes a reading from*  
*(a) the Old Testament,*  
*(b) the Psalms,*  
*(c) the New Testament,*  
*and (d) the Gospels.*

*Our readings are on a pre-set three-year cycle called "The Revised Common Lectionary" or RCL. We are currently in Year C of that three-year cycle.*

*We respond to the reading of Scripture by thanking God for the gift it is to us.*

PSALM 37:1-12, 41-42



Put your trust in the Lord, put your  
trust in the Lord, put your  
trust in the Lord and do good.

- <sup>1</sup> Do not fret yourself because of evildoers; \*  
do not be jealous of those who do wrong.
- <sup>2</sup> For they shall soon wither like the grass, \*  
and like the green grass fade away. *Refrain*
- <sup>3</sup> Put your trust in the Lord and do good; \*  
dwell in the land and feed on its riches.
- <sup>4</sup> Take delight in the Lord, \*  
and he shall give you your heart's desire. *Refrain*
- <sup>5</sup> Commit your way to the Lord and put your trust in him, \*  
and he will bring it to pass.
- <sup>6</sup> He will make your righteousness as clear as the light \*  
and your just dealing as the noonday. *Refrain*
- <sup>7</sup> Be still before the Lord \*  
and wait patiently for him.
- <sup>8</sup> Do not fret yourself over the one who prospers, \*  
the one who succeeds in evil schemes. *Refrain*
- <sup>9</sup> Refrain from anger, leave rage alone; \*  
do not fret yourself; it leads only to evil.
- <sup>10</sup> For evildoers shall be cut off, \*  
but those who wait upon the Lord shall possess the land. *Refrain*
- <sup>11</sup> In a little while the wicked shall be no more; \*  
you shall search out their place, but they will not be there.
- <sup>12</sup> But the lowly shall possess the land; \*  
they will delight in abundance of peace. *Refrain*
- <sup>41</sup> But the deliverance of the righteous comes from the Lord; \*  
he is their stronghold in time of trouble.
- <sup>42</sup> The Lord will help them and rescue them; \*  
he will rescue them from the wicked and deliver them,  
because they seek refuge in him. *Refrain*

8 am Said by All

10 am

REFRAIN:

1<sup>st</sup> time: Cantor,

All repeat;

thereafter: All

## SECOND READING: 1 Corinthians 15:35-38,42-50

A Reading from Paul's first letter to the Corinthians.

Someone will ask, "How are the dead raised? With what kind of body do they come?" Fool! What you sow does not come to life unless it dies. And as for what you sow, you do not sow the body that is to be, but a bare seed, perhaps of wheat or of some other grain. But God gives it a body as he has chosen, and to each kind of seed its own body.

So, it is with the resurrection of the dead. What is sown is perishable, what is raised is imperishable. It is sown in dishonor; it is raised in glory. It is sown in weakness; it is raised in power. It is sown a physical body; it is raised a spiritual body. If there is a physical body, there is also a spiritual body. Thus, it is written, "The first man, Adam, became a living being"; the last Adam became a life-giving spirit. But it is not the spiritual that is first, but the physical, and then the spiritual. The first man was from the earth, a man of dust; the second man is from heaven. As was the man of dust, so are those who are of the dust; and as is the man of heaven, so are those who are of heaven. Just as we have borne the image of the man of dust, we will also bear the image of the man of heaven.

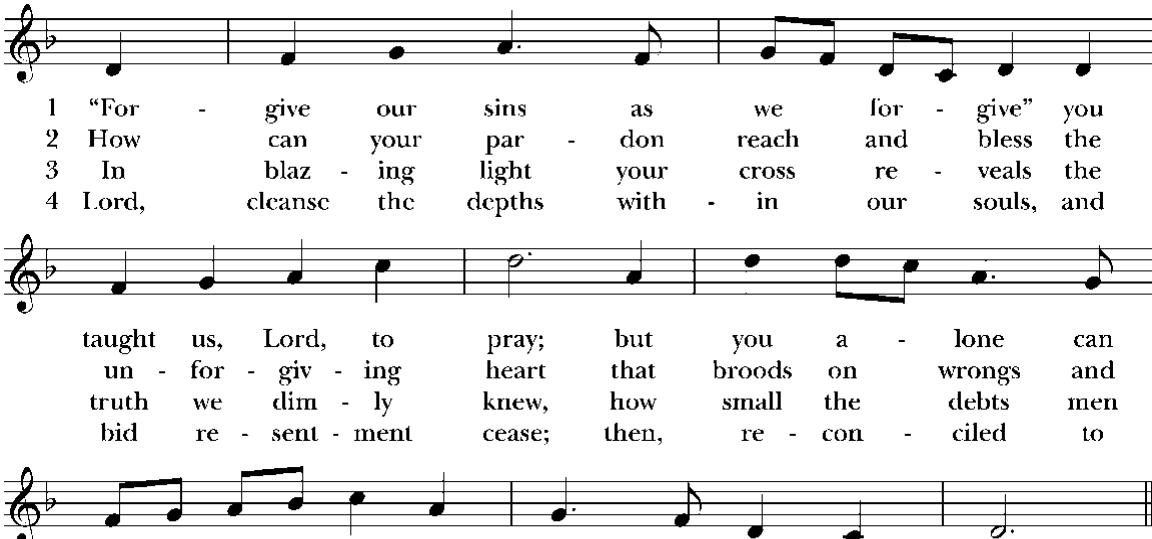
What I am saying, brothers and sisters, is this: flesh and blood cannot inherit the kingdom of God, nor does the perishable inherit the imperishable.

*Reader*            The Word of the Lord.  
*People*            Thanks be to God.

*The Sequence Hymn  
leads us into and out of  
the Gospel reading.*

### SEQUENCE HYMN

### "Forgive our sins as we forgive" (v. 1 & 2)



1 "For - give our sins as we for - give" you  
2 How can your par - don reach and bless the  
3 In blaz - ing light your cross re - veals the  
4 Lord, cleanse the depths with - in our souls, and

taught us, Lord, to pray; but you a - lone can  
un - for - giv - ing heart that broods on wrongs and  
truth we dim - ly knew, how small the debts men  
bid re - sent - ment cease; then, re - con - ciled to

grant us grace to live the words we say.  
will not let old bit - ter - ness de - part?  
owe to us, how great our debt to you.  
God and man, our lives will spread your peace.



**GOSPEL: Luke 6:27-38**

*All stand.*

*Deacon*

The Holy Gospel of our Lord Jesus Christ according to Luke.

*People*

**Glory to you, Lord Christ.**

Jesus said, "I say to you that listen, Love your enemies, do good to those who hate you, bless those who curse you, pray for those who abuse you. If anyone strikes you on the cheek, offer the other also; and from anyone who takes away your coat do not withhold even your shirt. Give to everyone who begs from you; and if anyone takes away your goods, do not ask for them again. Do to others as you would have them do to you.

"If you love those who love you, what credit is that to you? For even sinners love those who love them. If you do good to those who do good to you, what credit is that to you? For even sinners do the same. If you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, do good, and lend, expecting nothing in return. Your reward will be great, and you will be children of the Most High; for he is kind to the ungrateful and the wicked. Be merciful, just as your Father is merciful.

"Do not judge, and you will not be judged; do not condemn, and you will not be condemned. Forgive, and you will be forgiven; give, and it will be given to you. A good measure, pressed down, shaken together, running over, will be put into your lap; for the measure you give will be the measure you get back."

*Deacon*

The Gospel of the Lord.

*People*

**Praise to you, Lord Christ.**

**SEQUENCE HYMN**

**"Forgive our sins as we forgive" (v. 3 & 4)**

**Prior page**

**THE SERMON**

*Followed by a moment of silent mediation.*

**Don Maruska**

*This passage from the Gospel according to Luke is a continuation of last Sunday's Gospel reading which is known as "the Sermon on the Plains." Jesus continues to teach about wisdom and how to lead a healthy spiritual life.*

*Today we welcome Don Maruska to our pulpit. Don is a parishioner at St. Benedict's Episcopal Church in Los Osos, and is a Creation Care Evangelist.*

The Episcopal Church does not have a separate statement of faith or list of things we believe. Instead we hold the ancient **Creeds**, such as the Apostles' and Nicene, to be our statements of faith. They contain the core of our belief as Christians, but do not limit our faith.

## THE NICENE CREED

*All stand.*

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## THE PRAYERS OF THE PEOPLE

*All remain standing.*

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world. *Silence*  
Lord, in your mercy **Hear our prayer.**

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good. *Silence*  
Lord, in your mercy **Hear our prayer.**

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory. *Silence*  
Lord, in your mercy **Hear our prayer.**

We pray for the diverse and vibrant native communities who make their home here and across these lands. For all Native Peoples on whose ancestral homelands we are worshipping this morning. *Silence*

Lord, in your mercy **Hear our prayer.**

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us. *Silence*

Lord, in your mercy **Hear our prayer.**

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation. In our St. Barnabas' community, we pray for **David Charles Smith, Madelyn Koontz, Chris, Derrick & Drew Williams, Anabelle, Natalie, Serenity, Jessie & Lee, Kristie & Kirk, Haila, Geoff O., Dave, Alicia & Jose Solguero, Jose Avita, Kristin, Janet, Evelyn, Carl Hunter, and Barbara Jindra.** *Silence*

Lord, in your mercy **Hear our prayer.**

We commend to your mercy all who have died, that your will for them may be fulfilled. We pray for **Allison Williams, Dr. Loretta Ford, and Steve.** *Silence*

Lord, in your mercy **Hear our prayer.**

*(The Intercessor then reads the petitions from the bidding book and from the comment section of FB Live.)  
And after a moment of silence the Deacon adds a concluding Collect.*

## **CONFESSION OF SIN**

*The Deacon or Celebrant says*

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

*Minister and People*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

*The Priest stands and says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

*In February our concluding collect or prayer is in honor of Black History Month.*

*Anna Pauline "Pauli" Murray (November 20, 1910 – July 1, 1985) was an American civil rights activist, advocate, legal scholar and theorist, author and – later in life – an Episcopal priest. Murray's work influenced the civil rights movement and expanded legal protection for gender equality.*

## THE PEACE

*All stand.*

*Celebrant*            The peace of Christ be always with you.  
*People*                **And also with you.**

## ANNOUNCEMENTS

*The people sit.*

**Birthdays:**        Christian Finch (2/23)

**Anniversaries:**    Jim & Linda Miller

### Birthdays Prayer

Gracious God, who made us in your own image, we thank you for life, love, and joy. Send your blessing upon these your children, who have completed another year. Surround them with your grace, fill them with your love, and strengthen them to be your servants in the world. This we ask through Jesus Christ our Lord. Amen.

### Anniversary Prayer

We thank you, Gracious God, for the love you have implanted in the hearts of your servants and for your continued blessings upon them. Give them kind and loving hearts, always ready to ask forgiveness as well as to forgive. Support them through times of trial, strengthen their love for one another, and may that love empower them to be instruments of God's love in the world. This we ask through Jesus Christ our Lord. Amen.

### Prayer for Travelers

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel; surround them with your loving care; protect them from every danger; and bring them in safety to their journey's end; through Jesus Christ our Lord. Amen.

## THE HOLY COMMUNION

*The Celebrant says*

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

### OFFERTORY ANTHEM        **The Gyft of Charitie        Sung by The Chancel Choir**

O Lorde whiche doeste teache us  
that all our doynge without charitie  
are nothyng woorthe;  
sende thy holy ghost, and powre into our heartes  
that most excellent gyft of charitie,  
the very bond of peace and al vertues,  
without the whiche whosoever liueth  
is counted dead before thee:  
Graunte this for thy onlye sonne,  
Jesus Christes sake.

WORDS: A Collect (prayer) composed for the first *Book of Common Prayer* (1549) by Thomas Cranmer

MUSIC: Carlton T. Russell

*If are joining us on  
Facebook Live and you  
have a birthday,  
anniversary or other  
celebration please type  
that into the comments.*

## DOXOLOGY

*The people stand and sing*

Praise God, from whom all bless - ings flow; Praise him, all  
crea - tures here be - low; Praise him a - bove, ye  
heav'n - ly host; Praise Fa - ther, Son and Ho - ly Ghost.

## THE GREAT THANKSGIVING

*The People remain standing.*

*Celebrant* The Lord be with you.

**People** **And also with you.**

*Celebrant* Lift up your hearts.

**People** **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

**People** **It is right to give him thanks and praise.**

*The Celebrant continues*

God of all power, Ruler of the Universe, you are worthy of glory and praise.

**Glory to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

**By your will they were created and have their being.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

**Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

**By his blood, he reconciled us. By his wounds, we are healed.**

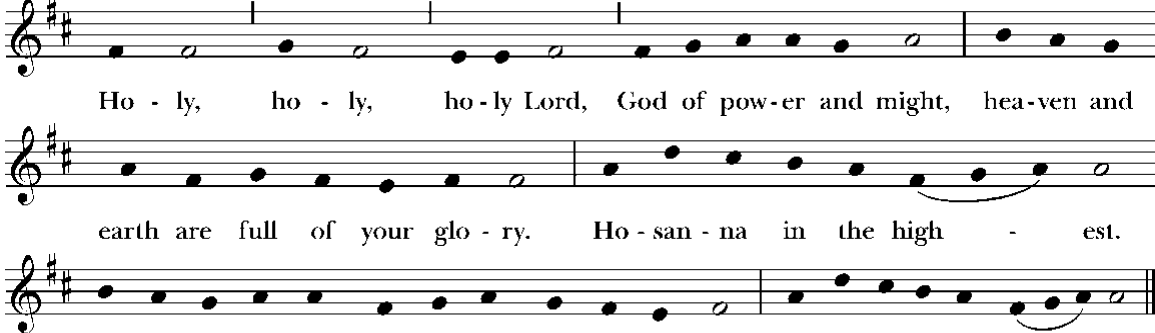
And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

*In this season after Epiphany, we are using **Eucharistic Prayer C** from the Episcopal Book of Common Prayer.*

*With its emphasis on God as creator of the universe, some affectionately call this "the star trek" version of our Eucharist.*

*At 8:00 am the Sanctus is said by the Celebrant and People*  
**Holy, Holy, Holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

*At 10:00 am the Sanctus is sung by the Celebrant and People*



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and  
earth are full of your glo - ry. Ho - san - na in the high - est.  
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

*The Celebrant continues*

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

*Celebrant and People*

**We celebrate his death and resurrection,  
as we await the day of his coming.**

*The Celebrant continues*

Lord God of our Fathers and Mothers; God of Abraham, Isaac, and Jacob; God of Sarah, Rebecca, Leah, and Rachel. God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**Risen Lord, be known to us  
in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen.**

*The Deacon says*

As our Savior Christ has taught us, we now pray,

*People and Celebrant*

**Our Father in heaven,  
    hallowed be your Name,  
    your kingdom come,  
    your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
    as we forgive those who sin against us.  
Save us from the time of trial  
    and deliver us from evil.  
For the kingdom, the power,  
    and the glory are yours,  
now and forever. **Amen.****

*The original version of this Eucharistic Prayer only listed the Patriarchs (men) from some of the early Old Testament stories. We know that God also honored the women of these stories, so we add them. You may note there are three men and four women. Remember that Leah and Rachel both had Jacob as a husband.*

*We alternate, by season, between the traditional version of the **Lord's Prayer** and the contemporary version of the Lord's Prayer. In this season of Epiphany, we are using the latter versions which was developed at a cross-denominational conference in in the 1970s.*

## THE BREAKING OF THE BREAD

*Celebrant and People sing together*

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.  
Christ our Pass - o - ver is sac - ri - ficed for us;  
there - fore let us keep the feast.  
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

The musical score is written on four staves in G major (one sharp). The melody is simple and repetitive, with lyrics placed below the notes. The first line is 'Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.' The second line is 'Christ our Pass - o - ver is sac - ri - ficed for us;' The third line is 'there - fore let us keep the feast.' The fourth line is 'Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.'

*The Celebrant says*

The Gifts of God for the People of God, all are welcomed at God's table.





COMMUNION HYMN

Lord, make us servants of your peace

1 Lord, make us ser - vants of your peace: where there is  
 2 Where all is doubt, may we sow faith; where all is  
 3 Je - sus, our Lord, may we not seek to be con -  
 4 May we not look for love's re - turn, but seek to  
 5 Dy - ing, we live, and are re - born through death's dark

1 hate, may we sow love; where there is hurt, may we for -  
 2 gloom, may we sow hope; where all is night, may we sow  
 3 soled, but to con - sole, nor look to un - der - stand - ing  
 4 love un - self - ish - ly, for in our giv - ing we re -  
 5 night to end - less day: Lord, make us ser - vants of your

1 give; where there is strife, may we make one.  
 2 light; where all is tears, may we sow joy.  
 3 hearts, but look for hearts to un - der - stand.  
 4 ccive, and in for - giv - ing are for - given.  
 5 peace, to wake at last in hea - ven's light.

*You are welcomed to join the choir in singing the Communion Hymns. Or, you may elect to listen.*

You are welcomed to join the choir in singing the Communion Hymns.

Or, you may elect to listen.

## COMMUNION HYMN

Go forth for God, go to the world in peace



1 Go forth for God; go \_\_\_\_\_ to the world in peace;  
2 Go forth for God; go \_\_\_\_\_ to the world in love;  
3 Go forth for God; go \_\_\_\_\_ to the world in strength;  
4 Go forth for God; go \_\_\_\_\_ to the world in joy,



be of good cour - age, armed with heaven - ly grace,  
strength - en the faint, give cour - age to the weak;  
hold fast the good, be ur - gent for the right;  
to serve God's peo - ple ev - ery day and hour,



in God's good Spi - rit dai - ly to in - crease,  
help the af - flict - ed; rich - ly from a - bove  
ren - der to no one e - vil; Christ at length  
and ser - ving Christ, our ev - ery gift em - ploy,



till in his king - dom we \_\_\_\_\_ be - hold his face.  
his love sup - plies the grace \_\_\_\_\_ and power we seek.  
shall o - ver - come all dark - ness with his light.  
re - joic - ing in the Ho - ly Spi - rit's power.

Let us pray.

*The blessing by the Priest is a reminder of the many blessings we already have from God. We are aware of some of the blessings and unaware of others. Our response to these blessings is gratitude and joy.*

*Celebrant and People say together*

**Eternal God, heavenly Father,  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you with gladness and singleness of heart;  
through Christ our Lord. Amen.**

*The people stand and the Priest blesses the people, saying*

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen**

CONCLUDING HYMN

I come with joy to meet my Lord

*Unison or harmony*

1 I come with joy to meet my Lord, for -  
 2 I come with Chris - tians far and near to  
 3 As Christ breaks bread and bids us share, each  
 4 And thus with joy we meet our Lord. His  
 5 To - geth - er met, to - geth - er bound, we'll

1 giv - en, loved, and free, in awe and won - der  
 2 find, as all are fed, the new com - mu - ni -  
 3 proud di - vi - sion ends. That love that made us  
 4 pres - ence, al - ways near, is in such friend - ship  
 5 go our dif - ferent ways, and as his peo - ple

1 to re - call his life laid down for me.  
 2 ty of love in Christ's com - mun - ion bread.  
 3 makes us onc, and stran - gers now are friends.  
 4 bet - ter known: we see, and praise him here.  
 5 in the world, we'll live and speak his praise.

*Deacon* Let us go forth in the name of Christ! Alleluia! Alleluia

*People* Thanks be to God. Alleluia! Alleluia!.

VOLUNTARY

## LIFE AT ST. BARNABAS

**CREATION CARE SUNDAY AT ST. BARNABAS** – Today, we welcome Don Maruska to our pulpit. Don is a parishioner at St. Benedict’s Episcopal Church in Los Osos and is a Creation Care Evangelist.

Our St. Barnabas website has the following statement about Creation Care. *“We believe we are stewards of God’s creation. As custodians of the Earth, we believe we have a duty to take action when research confirms our activities have had an unintended detrimental impact on the planet. It is our desire to leave our environment in a better place for future generations. We will strive to do this as a parish and as individuals.”*

During today’s worship, Don will be sharing his and experience and joy in God’s creation and how we might respond to this expression of God’s love. After church, and during Coffee Hour, Don and several Cal Poly Climate Fellows will leading us a Climate Action Coffee Hour in which we will learn more about what we can all be doing to care for God’s creation. The food for the Climate Action Coffee Hour is “green” and vegan.

**EMBODIED SPIRITUAL PRACTICE** – Our bodies, or moving centers, are a vital category of spiritual practices. For many years, here at St. Barnabas, Sigrid Long has offered chair yoga, senior fitness, and yoga. Classes are donation based which is usually \$5-10.

Wednesdays at 12:15 pm – Chair Yoga / Senior Fitness

Thursday at 9:30 am – Yoga

Friday at 12:15 pm – Chair Yoga / Senior Fitness

\*In February we are also offering additional Barre Sculpt classes.

**BARRE FITNESS CLASS** – Join Heidi for a FANTASTIC Barre Sculpt class every Monday and Friday at 10:30am in our St. Barnabas Church parish hall. Barre Sculpt is a mix of Pilates, Yoga, and functional weight and resistance training. This is a low-impact workout that works hard on our muscles, but is kind to our joints. The moves are choreographed and set to great, motivating music. Each energizing, targeted song sculpts, slims, and stretches your entire body. Local studios charge \$20 per class for these types of classes, but we are suggesting just a \$7 donation per class! Bring a mat, 2-3lb weights, a resistance band, and a small Pilates ball for an amazing full body workout. No dance experience required. You’re gonna love it.

**STEPHEN MINISTRY** – Life transitions are hard. Some are much harder than others. It is those very difficult transitions in life that most call out for support: illness, job losses, grieving the passing of loved ones, are a few. No one should have to be alone at such times. Stephen Ministers serve to walk with others through their most difficult life journeys. We each commit to taking that walk with our care receivers. We are not counselors; we are Christian caregivers who are prepared to listen to your story, support you, and pray with you. Our leaders provide us with 50 hours of training in the skills we most need to help our care receivers navigate their crises. We are committed to strict confidentiality protecting others’ thoughts and feelings.

Should you be experiencing one of life’s very difficult transitions, talk with Deacon Susan Arnold to see if a Stephen Minister might provide the support you need.

## OPPORTUNITIES TO GATHER VIRTUALLY

**Sunday morning WORSHIP at 10:00 am** – We live-stream our Sunday 10:00 am worship services on the St. Barnabas' Facebook page: [facebook.com/StBarnabasAG/](https://facebook.com/StBarnabasAG/)

All you need is a computer or device with an internet connection and speakers to watch the live stream; you do not need to have a Facebook account. A recording of the live stream will be posted on the St. Barnabas YouTube Channel: ([bit.ly/StBYouTube](https://bit.ly/StBYouTube)) following the service.

If you would like to participate more fully in the service, the order of service booklet is available for download on the St. Barnabas website by clicking the big blue "Weekly Bulletin" button on our website. Sunday morning worship bulletin is available starting at 1:00 pm on Thursday.

**TUESDAY MORNING PRAYER at 9:30 am** – Now Hybrid on Zoom and the church library in person. If you have a Book of Common Prayer at home that will be useful to have on hand. Click this link to attend via your computer or device: [bit.ly/stbarnabasmorningprayer](https://bit.ly/stbarnabasmorningprayer)

To dial in call 1-669-900-6833. When prompted put in the Meeting ID of **878 6513 4138#** and when prompted for a password put in **365072#**, and then hit **#** a second time.

**BIBLE STUDY Tuesdays at 10:00 am** – Now Hybrid on Zoom and the church library in person. Bible Study will start at 10:00 am immediately following Morning Prayer. The Zoom login is the same as Morning Prayer (above). We are looking at the book of Mark. Feel free to contact Gerti Garner at [ggarner@gmail.com](mailto:ggarner@gmail.com) for more information.

**Friday 4:00 pm CENTERING PRAYER** – Each Friday afternoon at 4pm we will hold a Centering Prayer Service. After first gathering for a few minutes, we practice our 20 minutes of silent Centering Prayer. Following the practice, we will be reading and discussing a passage from Hildegard of Bingen, a mystic from the 11th and 12th centuries. She was a mystic (perhaps Germany's first) and a visionary, but she was also a prophet, a reformer, a scientist, an encyclopedist, a composer, and a dramatist – a Renaissance personality well before the Renaissance.

We are using *Let There Be Light* an edited collection of prayers and writings introducing some of her visions and spiritual insights.

We meet every Friday from 4:00 pm -5:00 pm. We next meet **in person** on **Friday, March 14<sup>th</sup>** (and every 2nd Friday) at St Barnabas. On all other Fridays we meet via Zoom: [bit.ly/stbarnabascenteringprayer](https://bit.ly/stbarnabascenteringprayer).

To dial in call 1-669-900-6833. When prompted put in the Meeting ID of **867 7756 1670#** and when prompted for a password put in **034979#**, and then hit **#** a second time.

## MAKING DONATIONS TO ST. BARNABAS

ELECTRONIC TRANSFER: You can make an electronic transfer to St. Barnabas using Quick Pay with Zelle set up. Many banks and financial institutions offer this method of funds transfer. Donations can be set up as one-time or recurring. To transfer money, use the email address of the Financial Secretary ([stbarnabas.financial@gmail.com](mailto:stbarnabas.financial@gmail.com)) as the recipient. If you have questions or difficulties setting it up, call Cassidy Rowland at 805-536-1598. There are no fees associated with this type of transfer.

PayPal is another option for electronic transfer. You can find St. Barnabas using the email address of the Financial Secretary: [stbarnabas.financial@gmail.com](mailto:stbarnabas.financial@gmail.com) PayPal does charge St. Barnabas a processing fee.

AUTO PAY FROM YOUR FINANCIAL INSTITUTION: Many banks and financial institutions offer a service often called Auto Pay or Bill Pay. It's fairly easy to set up online or at the bank. The donation can be set up as one-time or recurring. The bank will issue the check on the date you give them and mail the check to St. Barnabas.

MAIL YOUR CHECK: You can also mail your check to St. Barnabas. Please put "Attn Financial Secretary" on the envelope. The address is: 301 Trinity Ave., Arroyo Grande, CA 93420

If you have any questions on how to make your donation, please feel free to contact Cassidy Rowland, Financial Secretary, at 805-536-1598. You can also send an email to [stbarnabas.financial@gmail.com](mailto:stbarnabas.financial@gmail.com). Thank you for your continued support of St. Barnabas.



**DONATIONS OF TIME AND TALENT ARE JUST AS IMPORTANT AS FINANCIAL DONATIONS.**

## **THANK YOU TO EVERYONE WHO HELPS SERVE EACH SUNDAY!**

**Vestry Members** – The governing board of our parish is made up of the following:

Class of 2026 – Robert Merritt, Sheila Miller, Tracy Schiro (Sr. Warden)

Class of 2027 – Leslie Campbell, Tom DeNatale, Corey Kielan

Class of 2028 – Deb Habr, Candace Kincade, Paula Mason

### **This Week's Altar Guild Team:**

Marigay Ross, Barbara Conry, Paula Mason

### **Sunday School Teachers:**

Pam Pano & Aly Magno

### **Last Week's Coffee Hour Ministry Hosts**

**8:00 am:** Ken Kaisch, Karen Reinecke

**10:00 am:** Tracy & Paul Schiro

**CALENDAR**  
**February 23 – March 2**

|              |   |                   |
|--------------|---|-------------------|
| <b>TODAY</b> | In-Person Holy Communion.....                           | 8:00 am           |
|              | In-Person Holy Communion.....                           | 10:00 am          |
|              | Children’s Sunday School.....                           | 10:00 am          |
| Monday       | Barre Fitness Class.....                                | 10:30 am          |
| Tuesday      | Morning Prayer (Hybrid Zoom & Church Library) .....     | 9:30 am           |
|              | Biblical Roundtable (Hybrid Zoom & Church Library)..... | 10:00 am          |
|              | 12-Step Meeting (outdoors).....                         | 12:00 noon        |
| Wednesday    | Senior Fitness & Stretching with Sigrid .....           | 12:15 pm          |
|              | Writing From Life class.....                            | 2:00 pm           |
|              | Choir Rehearsal.....                                    | 5:30 pm           |
| Thursday     | AARP Tax Prep.....                                      | 9:00 am           |
|              | Morning Yoga with Sigrid.....                           | 9:30 am           |
| Friday       | Barre Fitness Class.....                                | 10:30 am          |
|              | Senior Fitness & Stretching with Sigrid .....           | 12:15 pm          |
|              | Centering Prayer (via Zoom).....                        | 4:00 pm           |
| Saturday     | <b>People’s Kitchen served by St. Barnabas .....</b>    | <b>12:00 noon</b> |
| Sunday       | In-Person Holy Communion .....                          | 8:00 am           |
|              | In-Person Holy Communion.....                           | 10:00 am          |
|              | Children’s Sunday School.....                           | 10:00 am          |

*\*In-person and via Facebook Live*

**SERVING TODAY**

|                       |  |
|-----------------------|--|
| PRESIDER              | The Rev. Rob Keim                                |
| PREACHER              | Don Maruska                                      |
| DEACON                | The. Rev. Dcn. Susan Arnold                      |
| 8AM MUSIC             | Sharon Williams                                  |
| MUSIC MINISTER        | Janis Johnson                                    |
| CHORAL SCHOLARS       | Catryna Benander<br>Zach Allen, Alexander Miller |
| <b>8 am</b>           |  |
| EUCCHARISTIC MINISTER | Robert Merritt                                   |
| LECTOR/VESTRY         | Candace Kincade                                  |
| CHALICE/USHER         | Carlos Ortiz                                     |
| USHERS                | Dave Rodgers                                     |
| COFFEE MINISTRY HOSTS | David & Sharon Williams                          |
| <b>10 am</b>          |  |
| EUCCHARISTIC MINISTER | Kevin Pence                                      |
| LECTOR                | Paula Smith                                      |
| CHALICES              | David Murray, Todd Long, Debbie Miller           |
| USHERS                | Jim & Linda Kilponen, Tom Bormes                 |
| VESTRY                | Deb Habr   |
| LIVESTREAM            | Adam Loveridge                                   |
| COFFEE MINISTRY HOSTS | Gerti Garner, Sheila Miller                      |



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