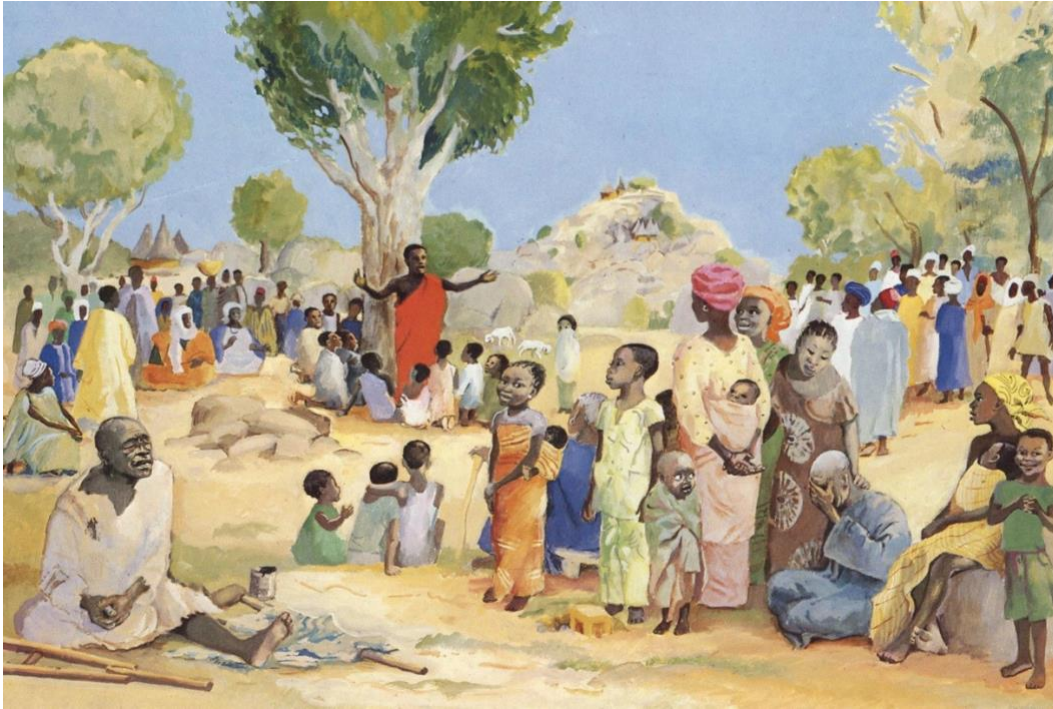




St. Barnabas' Episcopal Church

SIXTH SUNDAY AFTER THE EPIPHANY | FEBRUARY 16TH, 2025

8:00 am & 10:00 am



JESUS MAFA – The Sermon on the Mount
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God's discerning, inclusive, Christ-centered church, engaged in outreach ministry, growing discipleship, and life changing worship.

Welcome to Indoor Worship at St. Barnabas'!

Welcome to our in-person indoor worship service. In order to worship safely we will:

- Have doors and windows open to provide fresh airflow,
- Be limited to those who have no COVID-19 symptoms and have not recently tested positive for COVID.
- Recommend that a mask be worn at all times, however, masks are optional for those who have been vaccinated and are healthy,
- Please note that we do not require COVID vaccination to attend worship at St. Barnabas.

Distribution of bread and wine:

- Starting from the balcony and then the back of the room, Ushers will invite you forward to receive the bread and wine.
- Then you may take a small bowl of wine from the tray and consume the wine before returning to your seat. Empty bowls may be placed in the baskets along the side of the room.
- If you prefer, instead of an individual bowl, you may drink wine from the common chalice.
- If you are unable to come forward, let the ushers know so the bread can be brought to you.

Four courtyard and two narthex bathrooms are available for your use. Please use the disinfecting spray that is in the bathroom. If you have any questions or concerns, the Ushers are available to assist you.

Welcome to Online St. Barnabas!

Welcome to those joining our virtual worship with Facebook Live. We are glad to have you with us in this new way. You may access our livestream starting at 9:45 am at facebook.com/StBarnabasAG/

A recording of the live-stream will be posted on the St. Barnabas YouTube Channel (bit.ly/StBYouTube) the afternoon following the service.

Bidding (intercessory prayer) Book – If you would like to add a prayer to be read during the church service, you may add it to the “Bidding Book” located at the back of the church to the left of the doors. If you cannot join us in person and would like to add a prayer to be read during the church service you can email the name of the person to our parish office at saintbarnabas.ag@gmail.com (before Wednesday morning), or add it to the comments section on Facebook Live during the livestream.

Flowers and Candle Dedications – Candles are lighted by Jane and Art Delgadillo in memory of Margaret Harloe and Norma Harloe.

Flowers are placed by Kim Valois in loving memory of Frank “Kirk” Kirkpatrick; Bill Cockshott in memory of his parents, Maurice & Bea Cockshott, his aunt, Elva Ebbels, and his sister, Barbara Rombough; by Jerri Pence in celebration of the birthdays of her daughter, Rebecca Pence and her daughter-in-law, Judy Pence.

In addition to our Sunday morning Eucharist at 8:00 am and 10:00 am, we offer the following...

Notable Events

MONDAY	FEB 17	New Barre Sculpt exercise class 10:30 am
FRIDAY	FEB 21	New Barre Sculpt exercise class 10:30 am
WEDNESDAY	MARCH 5	Ash Wednesday Eucharist 12:00 noon and 7:00 pm

VOLUNTARY

INTROIT The tree of life my soul hath seen Sung by The Choral Scholars
MUSIC: Anonymous, from a collection of Joshua Smith, New Hampshire, 1784

THE WORD OF GOD

Stand as you are able.

ENTRANCE HYMN

Jesus shall reign

The people standing, the Celebrant says

Bless-ed be the one, ho - ly and liv - ing God.

People

Glo - ry to God for ev - er and ev - er.

Introit Lyrics:

The tree of life my soul hath seen,
Laden with fruit, and always green:
The trees of nature fruitless be
Compared with Christ the apple tree.

His beauty doth all things excel:
By faith I know, but ne'er can tell
The glory which I now can see
In Jesus Christ the apple tree.

For happiness I long have sought,
And pleasure dearly I have bought:
I missed of all: but now I see
'Tis found in Christ the apple tree.

I'm weary with my former toil,
Here I will sit and rest awhile:
Under the shadow I will be
Of Jesus Christ the apple tree.

This fruit doth make my soul to thrive,
It keeps my dying faith alive;
Which makes my soul in haste to be
With Jesus Christ the apple tree.

The **Collect for Purity** is a prayer of preparation. We bring many things with us into worship, and we ask the Holy Spirit to help us set those distractions aside, even briefly, so that we may focus on our worship of God.

COLLECT FOR PURITY

The Celebrant says

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

OPENING ANTHEM

Glory to God

1. Glo-ry to God in the high-est, and peace to his peo-ple on earth.

2. Lord God, hea-ven-ly King, al-might-y God and Fa-ther, we wor-ship you, we give you thanks, we praise you for your glo-ry. 3. Lord Je-sus Christ, on-ly Son of the Fa-ther, Lord God, Lamb of God,

4. you take a-way the sin of the world: have mer-cy on us;

5. you are seat-ed at the right hand of the Fa-ther: re-ceive our prayer.

6. For you a-lone are the Ho-ly One, you a-lone are the Lord,

7. You a-lone are the Most High, Je-sus Christ, with the Ho-ly Spi-rit, in the glo-ry of God the Fa-ther. A-men.

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

O God, the strength of all who put their trust in you: Mercifully accept our prayers; and because in our weakness we can do nothing good without you, give us the help of your grace, that in keeping your commandments we may please you both in will and deed; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LESSONS

The people sit.

FIRST READING: Jeremiah 17:5-10

A Reading from the Prophet Jeremiah.

Thus says the Lord:

Cursed are those who trust in mere mortal and make mere flesh their strength,
whose hearts turn away from the Lord.

They shall be like a shrub in the desert,
and shall not see when relief comes.

They shall live in the parched places of the wilderness,
in an uninhabited salt land.

Blessed are those who trust in the Lord,
whose trust is the Lord.

They shall be like a tree planted by water,
sending out its roots by the stream.

It shall not fear when heat comes,
and its leaves shall stay green;
in the year of drought it is not anxious,
and it does not cease to bear fruit.

The heart is devious above all else;
it is perverse--who can understand it?

I the Lord test the mind and search the heart,
to give to all according to their ways,
according to the fruit of their doings.

Reader The Word of the Lord.
People **Thanks be to God.**

PSALM 1

Bless-ed are they who hope in the Lord.

Bless-ed are they who hope in the Lord.

Blessed the man who follows not the counsel of the wicked,
nor walks in the way of sinners, nor sits in the company of the insolent, *
but delights in the law of the Lord and meditates on his law day and night. *Refrain*

He is like a tree planted near running water,
that yields its fruit in due season, and whose leaves never fade. *
whatever he does, prospers. *Refrain*

Not so the wicked, not so;
They are like chaff which the wind drives away. *
For the Lord watches over the way of the just,
but the way of the wicked vanishes. *Refrain*

Each Sunday, our worship includes a reading from (a) the Old Testament, (b) the Psalms, (c) the New Testament, and (d) the Gospels.

Our readings are on a pre-set three-year cycle called "The Revised Common Lectionary" or RCL. We are currently in Year C of that three-year cycle.

We respond to the reading of Scripture by thanking God for the gift it is to us.

8 am Said by All

10 am
REFRAIN:
1st time: Cantor,
All repeat;
thereafter: All

SECOND READING: 1 Corinthians 15:12-20

A Reading from Paul's first letter to the Corinthians.

Now if Christ is proclaimed as raised from the dead, how can some of you say there is no resurrection of the dead? If there is no resurrection of the dead, then Christ has not been raised; and if Christ has not been raised, then our proclamation has been in vain and your faith has been in vain. We are even found to be misrepresenting God, because we testified of God that he raised Christ--whom he did not raise if it is true that the dead are not raised. For if the dead are not raised, then Christ has not been raised. If Christ has not been raised, your faith is futile and you are still in your sins. Then those also who have died in Christ have perished. If for this life only we have hoped in Christ, we are of all people most to be pitied.

But in fact Christ has been raised from the dead, the first fruits of those who have died.

Reader The Word of the Lord.

People Thanks be to God.

The Sequence Hymn leads us into and out of the Gospel reading.

SEQUENCE HYMN

Love's redeeming work is done (v. 1 & 2)



1 Love's re - deem - ing work is done, fought the fight, the bat - tle won.
2 Lives a - gain our glo - rious King; where, O death, is now thy sting?
3 Soar we now where Christ has led, fol - lowing our ex - alt - ed Head;



Death in vain for - bids him rise; Christ has o - pened par - a - dise.
Once he died our souls to save, where thy vic - to - ry, O grave?
made like him, like him we rise, ours the cross, the grave, the skies.

GOSPEL: Luke 6:17-26

All stand.

Deacon The Holy Gospel of our Lord Jesus Christ according to Luke.

People Glory to you, Lord Christ.

Jesus came down with the twelve apostles and stood on a level place, with a great crowd of his disciples and a great multitude of people from all Judea, Jerusalem, and the coast of Tyre and Sidon. They had come to hear him and to be healed of their diseases; and those who were troubled with unclean spirits were cured. And all in the crowd were trying to touch him, for power came out from him and healed all of them.

Then he looked up at his disciples and said:

"Blessed are you who are poor,
for yours is the kingdom of God.

"Blessed are you who are hungry now,
for you will be filled.

"Blessed are you who weep now,
for you will laugh.

This passage from the Gospel according to Luke is known as "the Sermon on the Plains" since it takes place on a "level place." A different version of these wisdom sayings is in the Gospel according to Matthew but that version is known as "the Sermon on the Mount" since the setting is up a mountain.

“Blessed are you when people hate you, and when they exclude you, revile you, and defame you on account of the Son of Man. Rejoice in that day and leap for joy, for surely your reward is great in heaven; for that is what their ancestors did to the prophets.”

"But woe to you who are rich,
for you have received your consolation.

"Woe to you who are full now,
for you will be hungry.

"Woe to you who are laughing now,
for you will mourn and weep.

"Woe to you when all speak well of you, for that is what their ancestors did to the false prophets."

Deacon The Gospel of the Lord.
People Praise to you, Lord Christ.

SEQUENCE HYMN

Love's redeeming work is done (v. 3)
Prior page

THE SERMON

Followed by a moment of silent meditation.

The Rev. Ken Kaisch

THE NICENE CREED

All stand.

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation

he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.

On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

Today we welcome the Rev. Ken Kaisch back to our pulpit. Ken is a retired Episcopal Priest from LA, and he regularly attends our 8am worship service. Ken is also the author of a new book, "Inside the Invisible."

*The Episcopal Church does not have a separate statement of faith or list of things we believe. Instead we hold the ancient **Creeds**, such as the Apostles' and Nicene, to be our statements of faith. They contain the core of our belief as Christians, but do not limit our faith.*

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

All remain standing.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world. *Silence*
Lord, in your mercy **Hear our prayer.**

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good. *Silence*
Lord, in your mercy **Hear our prayer.**

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory. *Silence*
Lord, in your mercy **Hear our prayer.**

We pray for the diverse and vibrant native communities who make their home here and across these lands. For all Native Peoples on whose ancestral homelands we are worshipping this morning. *Silence*
Lord, in your mercy **Hear our prayer.**

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us. *Silence*
Lord, in your mercy **Hear our prayer.**

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation. In our St. Barnabas' community, we pray for **Rae Calder, Laura Falon, Lisa Unger, Chad Habr, David Charles Smith, Karen F., Diane D., Bill Grenek, Hiliary Craig, Diane Wilcock, Frank Schiro, Patrick, Gary, Craig Martin, Karen, Julian J. Flores, Adrienne, Corey, and Bud Canham.** *Silence*
Lord, in your mercy **Hear our prayer.**

We commend to your mercy all who have died, that your will for them may be fulfilled. We pray for **Steve Schader, Jack Tarr, Danielle Blanchard, Judy Burdick and Lt. Colonel Harry Stewart, Jr.** *Silence*
Lord, in your mercy **Hear our prayer.**

*(The Intercessor then reads the petitions from the bidding book and from the comment section of FB Live.)
And after a moment of silence the Deacon adds a concluding Collect.*

In February our concluding collect or prayer is in honor of Black History Month.

Absalom Jones (1746 – 1818) was an African-American abolitionist and clergyman who became prominent in Philadelphia, Pennsylvania. Disappointed at the racial discrimination he experienced in a local Methodist church, he founded the Free African Society with Richard Allen in 1787, a mutual aid society for African Americans in the city. The Free African Society included many people newly freed from slavery after the American Revolutionary War. In 1794, Jones founded the first Black Episcopal congregation, and in 1802,[1] he was the first African American to be ordained as a priest in the Episcopal Church of the United States.

CONFESSION OF SIN

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

All stand.

Celebrant The peace of Christ be always with you.
People **And also with you.**

ANNOUNCEMENTS

The people sit.

Birthdays: Rebecca Pence, Judy Pence, Amy Cunningham (2/17)
 Tom DeNatale (2/21), Courtney Kielan

Anniversaries:

Birthday Prayer

Gracious God, who made us in your own image, we thank you for life, love, and joy. Send your blessing upon these your children, who have completed another year. Surround them with your grace, fill them with your love, and strengthen them to be your servants in the world. This we ask through Jesus Christ our Lord. Amen.

Anniversary Prayer

We thank you, Gracious God, for the love you have implanted in the hearts of your servants and for your continued blessings upon them. Give them kind and loving hearts, always ready to ask forgiveness as well as to forgive. Support them through times of trial, strengthen their love for one another, and may that love empower them to be instruments of God's love in the world. This we ask through Jesus Christ our Lord. Amen.

*If are joining us on
Facebook Live and you
have a **birthday,
anniversary or other
celebration** please type
that into the comments.*

Prayer for Travelers

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel; surround them with your loving care; protect them from every danger; and bring them in safety to their journey's end; through Jesus Christ our Lord. Amen.

THE HOLY COMMUNION

The Celebrant says

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

OFFERTORY ANTHEM

'Tis Winter Now

Sung by The Choral Scholars

'Tis winter now; the fallen snow
Has left the heav'ns all coldly clear;
Through leafless boughs the sharp winds blow,
And all the earth lies dead and drear.

And yet God's love is not withdrawn;
His life within the keen air breathes;
His beauty paints the crimson dawn,
And clothes the boughs with glittering wreaths.

And though abroad the sharp winds blow,
And skies are chill, and frosts are keen,
Home closer draws her circle now,
And warmer glows her light within.

O God! Who giv'st the winter's cold
As well as summer's joyous rays,
Us warmly in Thy love enfold,
And keep us through life's wintry days.

WORDS: Samuel Longfellow

ARRANGED BY: Monte Mason

DOXOLOGY

The people stand and sing

Praise God, from whom all bless - ings flow; Praise him, all
crea - tures here be - low; Praise him a - bove, ye
heav'n - ly host; Praise Fa - ther, Son and Ho - ly Ghost.

THE GREAT THANKSGIVING

The People remain standing.

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give him thanks and praise.

The Celebrant continues

God of all power, Ruler of the Universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, he reconciled us. By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

At 8:00 am the Sanctus is said by the Celebrant and People

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

At 10:00 am the Sanctus is sung by the Celebrant and People

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and
earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

In this season after Epiphany, we are using Eucharistic Prayer C from the Episcopal Book of Common Prayer.

With its emphasis on God as creator of the universe, some affectionately call this "the star trek" version of our Eucharist.

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

Celebrant and People

**We celebrate his death and resurrection,
as we await the day of his coming.**

The Celebrant continues

Lord God of our Fathers and Mothers; God of Abraham, Isaac, and Jacob; God of Sarah, Rebecca, Leah, and Rachel. God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen.**

The Deacon says

As our Savior Christ has taught us, we now pray,

People and Celebrant

**Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. Amen.**

The original version of this Eucharistic Prayer only listed the Patriarchs (men) from some of the early Old Testament stories. We know that God also honored the women of these stories, so we add them. You may note there are three men and four women. Remember that Leah and Rachel both had Jacob as a husband.

We alternate, by season, between the traditional version of the Lord's Prayer and the contemporary version of the Lord's Prayer. In this season of Epiphany, we are using the latter versions which was developed at a cross-denominational conference in in the 1970s.

THE BREAKING OF THE BREAD

Celebrant and People sing together

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.
 Christ our Pass - o - ver is sac - ri - ficed for us;
 there - fore let us keep the feast.
 Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

The Celebrant says

The Gifts of God for the People of God, all are welcomed at God's table.

COMMUNION HYMN

Blest are the pure in heart

1 Blest are the pure in heart, for they shall see our God; the
 2 The Lord, who left the heavens our life and peace to bring, to
 3 he to the low - ly soul will still him - self im - part and
 4 Lord, we thy pres - ence seek; may ours this bless - ing be; give
 se - cret of the Lord is theirs, their soul is Christ's a - bode.
 dwell in low - li - ness with us, our pat - tern and our King;
 for his dwell - ing and his throne will choose the pure in heart.
 us a pure and low - ly heart, a tem - ple fit for thee.

In this season after Epiphany we are not shy about using the word "alleluia" for it shares our joy in the coming of the light of Christ into the world. However, in March, when we start the season of Lent, traditionally, we do not use the word. This is consistent with the more somber mood of Lent.


You are welcomed to join the choir in singing the Communion Hymns. Or, you may elect to listen.

You are welcomed to
 join the choir in singing
 the Communion Hymns.
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 listen.

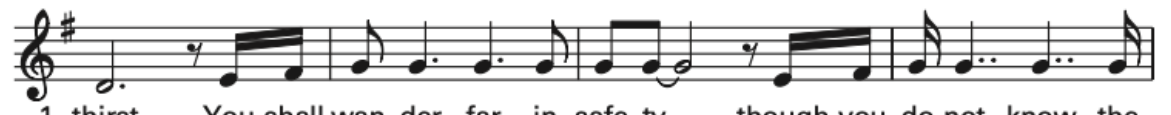
COMMUNION HYMN

Be not afraid

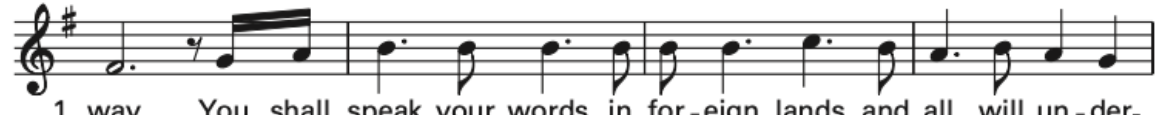
Verse 1




1. You shall cross the bar-ren des-ert, but you shall not die of



1. thirst. You shall wan-der far in safe-ty though you do not know the



1. way. You shall speak your words in for-eign lands and all will un-der-



1. stand. You shall see the face of God and live. to Refrain

Refrain



Be not a-fraid. I go be-fore you al-ways. Come fol-low



me, and I will give you rest. 1, 2 to Vss 2, 3 Final 2

Verse 2



2. If you pass through rag-ing wa-ters in the sea, you shall not



2. drown. If you walk a-mid the burn-ing flames, you shall not be



2. harmed. If you stand be-fore the pow'r of hell and death is at your



2. side, know that I am with you through it all. to Refrain

Verse 3

3. Bless-ed are your poor, for the king-dom shall be theirs. Blest are you that
 3. weep and mourn, for one day you shall laugh. And if wick-ed tongues in-sult and
 3. hate you all be-cause of me, bless-ed, bless-ed are you!

to Refrain

Refrain

Be not a-fraid. I go be-fore you al-ways. Come fol-low
 me, and I will give you rest.

1, 2 to Vss 2, 3 Final 2

Let us pray.

Celebrant and People say together

Eternal God, heavenly Father,
 you have graciously accepted us as living members
 of your Son our Savior Jesus Christ,
 and you have fed us with spiritual food
 in the Sacrament of his Body and Blood.
 Send us now into the world in peace,
 and grant us strength and courage
 to love and serve you with gladness and singleness of heart;
 through Christ our Lord. Amen.

The people stand and the Priest blesses the people, saying

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen**

The blessing by the Priest is a reminder of the many blessings we already have from God. We are aware of some of the blessings and unaware of others. Our response to these blessings is gratitude and joy.

CONCLUDING HYMN

8am sings Entrance Hymn (Jesus shall reign v 1 & 5)
 10am How can I keep from singing?

1. My life flows on in end - less song. A -
 2. Through all the tu - mult and the strife I
 3. What though my joys and com - fort die? The
 4. The peace of Christ makes fresh my heart, A

bove earth's lam - en - ta - tion I
 hear that mu - sic ring - ing. It
 Lord my sav - ior liv - eth. What
 foun - tain ev - er spring - ing! All

hear the clear though far - off hymn That
 finds an ech - o in my soul. How
 though the dark - ness gath - er round? Songs
 things are mine since I am his! How

hails a new cre - a - tion.
 can I keep from sing - ing?
 in the night he giv - eth.
 can I keep from sing - ing?

No storm can shake my in-most calm While to that Rock I'm
 cling - ing. Since Christ is Lord of heav-en and earth,
 How can I keep from sing-ing?

Deacon Let us go forth in the name of Christ! Alleluia! Alleluia
People Thanks be to God. Alleluia! Alleluia!.

VOLUNTARY

LIFE AT ST. BARNABAS

HOW TO HELP THE WILDFIRE VICTIMS – The Episcopal Diocese of Los Angeles has asked that anyone looking to make a direct donation to relief efforts in LA give to their annual appeal. They have announced, "Until further notice, all donations to the Annual Appeal will be used to help institutions and individuals most affected by the wildfires." You can find their donation portal at this link: diocesela.org/annual-appeal

Episcopal Relief and Development, who is working in partnership with the Diocese of Los Angeles, is accepting donations to their Wildfire Fund: support.episcopalrelief.org/wildfire-2025

While not all donations will go to LA, this fund is a critical resource for all Episcopal dioceses experiencing wildfires all over the world. With personnel trained in disaster response and recovery and grants and guidance given directly to churches, Episcopal Relief and Development will ensure that your donation is used according to the highest needs and best practices. You'll notice both of these are for monetary donations only. At this point, the Episcopal Diocese of Los Angeles has not sent out any requests for other kinds of aid.

You may also write a check out to St. Barnabas and put "Wildfire" or "ERD" into the memo line, and we will forward the donation to ERD. To date, we have gathered \$3,210 from you for the wildfire victims.

EMBODIED SPIRITUAL PRACTICE – Our bodies, or moving centers, are a vital category of spiritual practices. For many years, here at St. Barnabas, Sigrid Long has offered chair yoga, senior fitness, and yoga. Classes are donation based which is usually \$5-10.

Wednesdays at 12:15 pm – Chair Yoga / Senior Fitness

Thursday at 9:30 am – Yoga

Friday at 12:15 pm – Chair Yoga / Senior Fitness

*In February we are also offering additional Barre Sculpt classes.

BARRE FITNESS CLASS – Join Heidi for a FANTASTIC Barre Sculpt class every Monday and Friday at 10:30am in our St. Barnabas Church parish hall. Barre Sculpt is a mix of Pilates, Yoga, and functional weight and resistance training. This is a low-impact workout that works hard on our muscles, but is kind to our joints. The moves are choreographed and set to great, motivating music. Each energizing, targeted song sculpts, slims, and stretches your entire body. Local studios charge \$20 per class for these types of classes, but we are suggesting just a \$7 donation per class! Bring a mat, 2-3lb weights, a resistance band, and a small Pilates ball for an amazing full body workout. No dance experience required. You're gonna love it.

STEPHEN MINISTRY – Life transitions are hard. Some are much harder than others. It is those very difficult transitions in life that most call out for support: illness, job losses, grieving the passing of loved ones, are a few. No one should have to be alone at such times. Stephen Ministers serve to walk with others through their most difficult life journeys. We each commit to taking that walk with our care receivers. We are not counselors; we are Christian caregivers who are prepared to listen to your story, support you, and pray with you. Our leaders provide us with 50 hours of training in the skills we most need to help our care receivers navigate their crises. We are committed to strict confidentiality protecting others' thoughts and feelings.

Should you be experiencing one of life's very difficult transitions, talk with Deacon Susan Arnold to see if a Stephen Minister might provide the support you need.

OPPORTUNITIES TO GATHER VIRTUALLY

Sunday morning WORSHIP at 10:00 am – We live-stream our Sunday 10:00 am worship services on the St. Barnabas' Facebook page: facebook.com/StBarnabasAG/

All you need is a computer or device with an internet connection and speakers to watch the live stream; you do not need to have a Facebook account. A recording of the live stream will be posted on the St. Barnabas YouTube Channel: (bit.ly/StBYouTube) following the service.

If you would like to participate more fully in the service, the order of service booklet is available for download on the St. Barnabas website by clicking the big blue "Weekly Bulletin" button on our website. Sunday morning worship bulletin is available starting at 1:00 pm on Thursday.

TUESDAY MORNING PRAYER at 9:30 am – Now Hybrid on Zoom and the church library in person. If you have a Book of Common Prayer at home that will be useful to have on hand. Click this link to attend via your computer or device: bit.ly/stbarnabasmorningprayer

To dial in call 1-669-900-6833. When prompted put in the Meeting ID of **878 6513 4138#** and when prompted for a password put in **365072#**, and then hit **#** a second time.

BIBLE STUDY Tuesdays at 10:00 am – Now Hybrid on Zoom and the church library in person. Bible Study will start at 10:00 am immediately following Morning Prayer. The Zoom login is the same as Morning Prayer (above). We are looking at the book of Mark. Feel free to contact Gerti Garner at ggarner@gmail.com for more information.

Friday 4:00 pm CENTERING PRAYER – Each Friday afternoon at 4pm we will hold a Centering Prayer Service. After first gathering for a few minutes, we practice our 20 minutes of silent Centering Prayer. Following the practice, we will be reading and discussing a passage from Hildegard of Bingen, a mystic from the 11th and 12th centuries. She was a mystic (perhaps Germany's first) and a visionary, but she was also a prophet, a reformer, a scientist, an encyclopedist, a composer, and a dramatist – a Renaissance personality well before the Renaissance.

We are using *Let There Be Light* an edited collection of prayers and writings introducing some of her visions and spiritual insights.

We meet every Friday from 4:00 pm -5:00 pm. We next meet **in person** on **Friday, March 14th** (and every 2nd Friday) at St Barnabas. On all other Fridays we meet via Zoom: bit.ly/stbarnabascenteringprayer.

To dial in call 1-669-900-6833. When prompted put in the Meeting ID of **867 7756 1670#** and when prompted for a password put in **034979#**, and then hit **#** a second time.

MAKING DONATIONS TO ST. BARNABAS

ELECTRONIC TRANSFER: You can make an electronic transfer to St. Barnabas using Quick Pay with Zelle set up. Many banks and financial institutions offer this method of funds transfer. Donations can be set up as one-time or recurring. To transfer money, use the email address of the Financial Secretary (stbarnabas.financial@gmail.com) as the recipient. If you have questions or difficulties setting it up, call Cassidy Rowland at 805-536-1598. There are no fees associated with this type of transfer.

PayPal is another option for electronic transfer. You can find St. Barnabas using the email address of the Financial Secretary: stbarnabas.financial@gmail.com PayPal does charge St. Barnabas a processing fee.

AUTO PAY FROM YOUR FINANCIAL INSTITUTION: Many banks and financial institutions offer a service often called Auto Pay or Bill Pay. It's fairly easy to set up online or at the bank. The donation can be set up as one-time or recurring. The bank will issue the check on the date you give them and mail the check to St. Barnabas.

MAIL YOUR CHECK: You can also mail your check to St. Barnabas. Please put "Attn Financial Secretary" on the envelope. The address is: 301 Trinity Ave., Arroyo Grande, CA 93420

If you have any questions on how to make your donation, please feel free to contact Cassidy Rowland, Financial Secretary, at 805-536-1598. You can also send an email to stbarnabas.financial@gmail.com. Thank you for your continued support of St. Barnabas.

DONATE

DONATIONS OF TIME AND TALENT ARE JUST AS IMPORTANT AS FINANCIAL DONATIONS.

THANK YOU TO EVERYONE WHO HELPS SERVE EACH SUNDAY!

Vestry Members – The governing board of our parish is made up of the following:
Class of 2026 – Robert Merritt, Sheila Miller, Tracy Schiro (Sr. Warden)
Class of 2027 – Leslie Campbell, Tom DeNatale, Corey Kielan
Class of 2028 – Deb Habr, Candace Kincade, Paula Mason

This Week's Altar Guild Team:

Jane Delgadillo, Pam Pano, Jerri Pence, Charmaine Petersen, Gerti Garner

Sunday School Teachers:

Robert Merritt and Paula Smith

Last Week's Coffee Hour Ministry Hosts

8:00 am: Carlos Ortiz, Robert Merritt

10:00 am: Kielan Family, Pano Family, Tony

CALENDAR

February 16 – February 23

TODAY	In-Person Holy Communion.....	8:00 am
	In-Person Holy Communion.....	10:00 am
	Children’s Sunday School.....	10:00 am
Monday	Barre Fitness Class	10:30 am
Tuesday	Morning Prayer (Hybrid Zoom & Church Library)	9:30 am
	Biblical Roundtable (Hybrid Zoom & Church Library).....	10:00 am
	12-Step Meeting (outdoors).....	12:00 noon
	Vestry Meeting.....	6:00 pm
Wednesday	Senior Fitness & Stretching with Sigrid	12:15 pm
	Writing From Life class.....	2:00 pm
	Choir Rehearsal.....	5:30 pm
Thursday	AARP Tax Prep.....	9:00 am
	Morning Yoga with Sigrid	9:30 am
Friday	Barre Fitness Class	10:30 am
	Senior Fitness & Stretching with Sigrid	12:15 pm
	Centering Prayer (via Zoom).....	4:00 pm
Sunday	In-Person Holy Communion	8:00 am
	In-Person Holy Communion.....	10:00 am
	Children’s Sunday School.....	10:00 am

**In-person and via Facebook Live*

SERVING TODAY

PRESIDER	The Rev. Rob Keim
PREACHER	The Rev. Ken Kaisch
DEACON	The. Rev. Dcn. Susan Arnold
8AM MUSIC	Sharon Williams
MUSIC MINISTER	Janis Johnson
CHORAL SCHOLARS	Leah Coffey, Catryna Benander Zach Allen, Alexander Miller
8 am	
EUCCHARISTIC MINISTER	Carlos Ortiz
LECTOR	Georgianna Gleason
CHALICE	Karen Reinecke
USHERS	Ann Mathias, Dave Rodgers
VESTRY	Paula Mason
COFFEE MINISTRY HOSTS	Ken Kaisch, Karen Reinecke
10 am	
EUCCHARISTIC MINISTER	Debbie Miller
LECTOR	John Totten
CHALICES	Tom Bormes, Kevin Pence, Pamela Jones
USHERS	Steve Jerrick & Harry Johnson, Diane Wilcock
VESTRY	Tracy Schiro
LIVESTREAM	Jeff Diehl
COFFEE MINISTRY HOSTS	Tracy & Paul Schiro



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