

St. Barnabas' Episcopal Church

TRINITY SUNDAY, MAY 19, 2024 8:00 am & 10:00 am



© Ukraine iconographer Khrystyna Kıyk – The Holy Trinity, 2021. Acrylic on gessoed wood, 15cm. instagram.com/khrystyna.kıyk

God's discerning, inclusive, Christ-centered church, engaged in outreach ministry, growing discipleship, and life changing worship.

Welcome to Indoor Worship at St. Barnabas'!

Welcome to our in-person indoor worship service. In order to worship safely our worship will:

- Be limited to those who have no COVID-19 symptoms and have not recently tested positive for COVID.
- Recommend that a mask be worn at all times, however, masks are optional for those who have been vaccinated and are healthy,
- Please note that we do not require COVID vaccination to attend worship at St. Barnabas.

Distribution of bread and wine:

- Starting from the balcony and then the back of the room, Ushers will invite you forward to receive the bread and wine.
- Then you may take a small bowl of wine from the tray and consume the wine before returning to your seat. Empty bowls may be placed in the baskets along the side of the room.
- If you prefer, instead of an individual bowl, you may drink wine from the common chalice.
- If you are unable to come forward, let the ushers know so the bread can be brought to you.

Four courtyard and two narthex bathrooms are available for your use. Please use the disinfecting spray that is in the bathroom. If you have any questions or concerns, the Ushers are available to assist you.

Welcome to Online St. Barnabas!

Welcome to those joining our virtual worship with Facebook Live. We are glad to have you with us in this new way. You may access our livestream starting at 9:45 am at <u>facebook.com/StBarnabasAG/</u>

A recording of the live-stream will be posted on the St. Barnabas YouTube Channel (<u>bit.ly/StBYouTube</u>) the afternoon following the service.

Bidding (intercessory prayer) Book – If you would like to add a prayer to be read during the church service, you may add it to the "Bidding Book" located at the back of the church to the left of the doors. If you cannot join us in person and would like to add a prayer to be read during the church service you can email the name of the person to our parish office at saintbarnabas.ag@gmail.com (before Wednesday morning), or add it to the comments section on Facebook Live during the livestream.

Flower and Candle Dedications – Candles are lit by Ann Mathias in celebration of the birthday of her granddaughter, Molly Adams; by Bill Cockshott in celebration of the birthday of his granddaughter, Alexandra Coeshott.

Flowers have been placed on the altar by James Bettles in loving memory of Joyce Bettles; by Steve Jerrick and Harry Johnson in celebration of their anniversary; by Stephanie Brazil in celebration of the birthday of her son, Peter, and in thanksgiving for her parents, Vivian and Joseph Newman.

Notable Events		
TUESDAY	MAY 28	Dietrich Bonhoeffer Online Course 7:00 pm
FRIDAY	MAY 31	Burial Service and Luncheon for Marcia Bell 11:00 am
FRIDAY	MAY 31	Hygiene Bag assembly 1:30 pm
SATURDAY	JUNE 1	Brotherhood of St. Andrew retreat 10:00 am to 4:00 pm
SUNDAY	JUNE 2	Deanery Booth at SLO Pride, Meadow Park 12:00 noon
TUESDAY	JUNE 4	AIDS Life-Cycle, San Miguel
SUNDAY	JUNE 9	Feast of St. Barnabas and BBQ

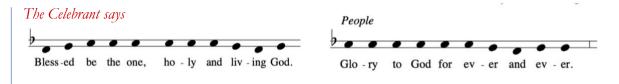
THE WORD OF GOD

Stand as you are able.



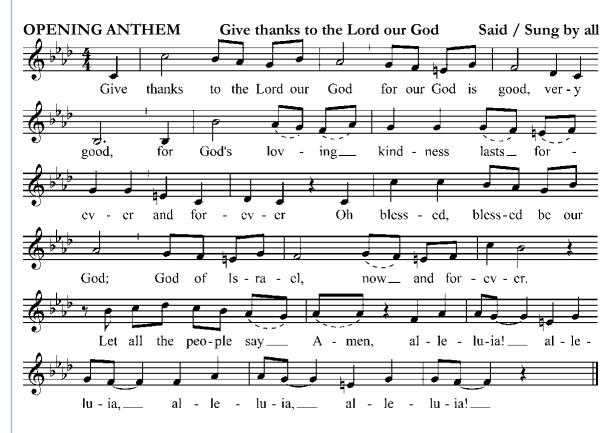
This is the second Sunday in the long season of Pentecost. Traditionally, this second Sunday is when we celebrate and remember **the Trinity**. The color of this special Sunday is white.

Today our Opening Hymn remembers all those who have served from space, air, land, and sea. It also celebrates the Trinity of God. These two phrases are known as the **Opening Acclamation**. The words are reminiscent of the beginning of many Jewish prayers. After the opening song it is appropriate for us to begin our worship of God with praise of God.



The Celebrant says COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen**.



THE COLLECT OF THE DAY

Celebrant	The Lord be with you.
People	And also with you.
Celebrant	Let us pray.

Almighty and everlasting God, you have given to us your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of your divine Majesty to worship the Unity: Keep us steadfast in this faith and worship, and bring us at last to see you in your one and eternal glory, O Father; who with the Son and the Holy Spirit live and reign, one God, for ever and ever. **Amen**.

THE LESSONS

The people sit.

FIRST READING: Isaiah 6:1-8

A reading from the Prophet Isaiah.

In the year that King Uzziah died, I saw the Lord sitting on a throne, high and lofty; and the hem of his robe filled the temple. Seraphs were in attendance above him; each had six wings: with two they covered their faces, and with two they covered their feet, and with two they flew. And one called to another and said:

"Holy, holy, holy is the Lord of hosts;

the whole earth is full of his glory."

The pivots on the thresholds shook at the voices of those who called, and the house filled with smoke. And I said: "Woe is me! I am lost, for I am a man of unclean lips, and I live among a people of unclean lips; yet my eyes have seen the King, the Lord of hosts!" Then one of the seraphs flew to me, holding a live coal that had been taken from the altar with a pair of tongs. The seraph touched my mouth with it and said: "Now that this has touched your lips, your guilt has departed and your sin is blotted out." Then I heard the voice of the Lord saying, "Whom shall I send, and who will go for us?" And I said, "Here am I; send me!"

Reader **People** The Word of the Lord. **Thanks be to God.**



This passage is from the book of the **prophet Isaiah**. This is the longest prophetic book in the Old Testament. In it, Isaiah is using vivid language to call the people of Israel back into "right" relationship with God. Scholars believe that parts of the book were written during the exile of the Hebrew people in Babylon.

This particular passage depicts a vision of a heavenly throne room. It is often referred to as the "call" of Isaiah. This **psalm** is a hymn to the God of the storm. Some scholars believe it originated as a Canaanite hymn of praise and then was appropriated by Israel as a prayer for rain for the fall feast of Tabernacles. The geographical placement in Lebanon and Sirion suggests a non-Israelite origin of this psalm PSALM 29

This letter is the longest letter in the New Testament. It is believed to be the last letter in the New Testament that is authored by Paul, thus it has Paul's most developed theology. Some scholars have suggested replacing the word "flesh" with the word "ego" for a better understanding of Paul by contemporary readers.

Worship the Lord in his ho-ly tem-ple. ¹ Ascribe to the Lord, you gods, * ascribe to the Lord glory and strength. ² Ascribe to the Lord the glory due his Name; * worship the Lord in the beauty of holiness. *Refrain* ³ The voice of the Lord is upon the waters; the God of glory thunders; * the Lord is upon the mighty waters. ⁴ The voice of the Lord is a powerful voice; * the voice of the Lord is a voice of splendor. *Refrain* ⁵ The voice of the Lord breaks the cedar trees; * the Lord breaks the cedars of Lebanon; ⁶ He makes Lebanon skip like a calf, * and Mount Hermon like a young wild ox. *Refrain*

⁷ The voice of the Lord splits the flames of fire; the voice of the Lord shakes the wilderness; * the Lord shakes the wilderness of Kadesh. *Refrain*

⁸ The voice of the Lord makes the oak trees writhe * and strips the forests bare.
⁹ And in the temple of the Lord * all are crying, "Glory!" *Refrain*

¹⁰ The Lord sits enthroned above the flood; *
the Lord sits enthroned as King for evermore.
¹¹ The Lord shall give strength to his people; *
the Lord shall give his people the blessing of peace. *Refrain*

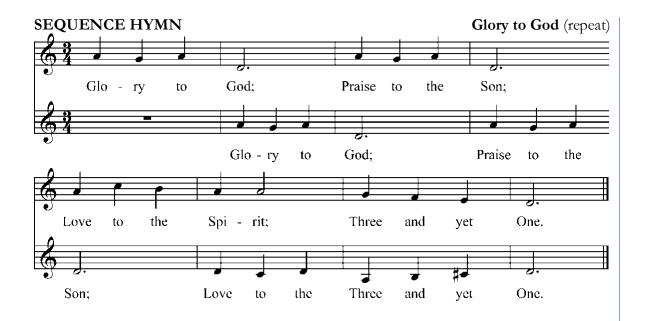
SECOND READING: Romans 8:12-17

A reading from the Paul's letter to the Romans.

So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh-for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, "Abba! Father!" it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ-- if, in fact, we suffer with him so that we may also be glorified with him.

Reader **People** The Word of the Lord. **Thanks be to God.**

8 am Said by All 10 am Choir sings refrain All repeat Choir sing verses All sing refrain



GOSPEL: John 3:1-17

All stand.

DeaconThe Holy Gospel of our Lord Jesus Christ according to John.PeopleGlory to you, Lord Christ.

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things?

"Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

Deacon	The Gospel of the Lord.
People	Praise to you, Lord Christ.

It is traditional for the people to stand as the **Gospel Book** is lifted high by the Deacon.

As the Gospel is announced, some people use their thumb to make **the sign of the cross** on their forehead, mouth, and heart. These three locations indicate that the Gospel reading is to enter the mind, voice, and heart. Some people also bow as a sign of reverence for Jesus who is depicted in the Gospels.

SEQUENCE HYMN

The Rev. Rob Keim

THE SERMON Followed by a moment of silent mediation.

the Father, the Almighty,

maker of heaven and earth,

of all that is, seen and unseen.

THE NICENE CREED

We believe in one God,

All stand.

It is customary for us to say the **Nicene Creed** any time we have a Eucharist. The Creed is structured in the threefold way of the Trinity –

Father, Son, and Holy

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead,

and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

All remain standing.

With all our heart and with all our mind, let us pray to the Lord, saying, "Lord, have mercy."

For the peace of the world, for the welfare of the holy Church of God, and for the unity of all peoples, let us pray to the Lord. **Lord, have mercy.** For our Bishop, Lucinda, and for all the clergy and people, let us pray to the Lord. **Lord, have mercy.**

Parts of the prayers in bold, including the names, are said aloud by all. For our President, for the leaders of the nations, and for all in authority, let us pray to the Lord. **Lord, have mercy.**

For this city, Arroyo Grande, for every city and community, and for those who live in them, let us pray to the Lord. Lord, have mercy.

For those in Ukraine and Gaza who are in the midst of war and for those who have fled the terrors, let us pray to the Lord. **Lord, have mercy.**

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord. Lord, have mercy.

For the diverse and vibrant native communities who make their home here and across these lands. For all Native Peoples on whose ancestral homelands we are worshipping this morning, let us pray to the Lord. **Lord, have mercy.**

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord. Lord, have mercy.

Within our own community we continue to pray for Chantelle Powell, Sam Agbo, Esther, Dave, Alis, Dominic Schiro, Mark & Monica, Alicia & Philip, Herm, Jason & Justin, Andriana, Curt Heddon, Bruce Fraser Sr., Angela Patnode, Catherine, Wayne Johnson, and the Garner family.

Let us pray to the Lord. Lord, have mercy.

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord. **Lord, have mercy.**

For all who have died in the hope of the resurrection, and especially for **Elise**, **Bob Folero**, **Alice Munro**, **David Sanborn**, **Tom Finnigan**, and **Stan Garner** and for all the departed, let us pray to the Lord. Lord, have mercy.

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord. Lord, have mercy.

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord. Lord, have mercy.

(The Intercessor then reads the petitions from the bidding.) And after a moment of silence, the Deacon adds a concluding Collect.

CONFESSION OF SIN

The Deacon or Celebrant says Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

In the recently completed Season of Easter we did not say the **communal Confession**. However, in this Season after Pentecost, we are back to reciting the Confession before moving into the Peace and the Eucharist.

> If online, then type **"Peace"** or another appropriate phrase into the comment section of Facebook Live.

If are joining us on Facebook Live and you have a birthday, anniversary or other celebration please type that into the comments. Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

THE PEACE

 All stand.

 Celebrant
 The peace of the Lord be always with you.

 People
 And also with you.

 Then the Ministers and the People may greet one another in the name of the Lord.

ANNOUNCEMENTS

The people sit.Birthdays:Alexandra Coeshott, Peter Brazil, Shirley Holgate, Zeke ColemanAnniversaries:Steve Jerrick & Harry Johnson

Birthday Prayer

Gracious God, who made us in your own image, we thank you for life, love, and joy. Send your blessing upon these your children, who have completed another year. Surround them with your grace, fill them with your love, and strengthen them to be your servants in the world. This we ask through Jesus Christ our Lord. Amen.

Anniversary Prayer

We thank you, Gracious God, for the love you have implanted in the hearts of your servants and for your continued blessings upon them. Give them kind and loving hearts, always ready to ask forgiveness as well as to forgive. Support them through times of trial, strengthen their love for one another, and may that love empower them to be instruments of God's love in the world. This we ask through Jesus Christ our Lord. Amen.

Prayer for Travelers

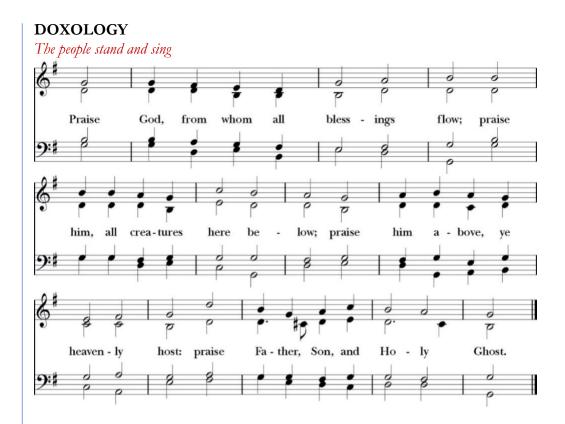
O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel; surround them with your loving care; protect them from every danger; and bring them in safety to their journey's end; through Jesus Christ our Lord. Amen.

THE HOLY COMMUNION

The Celebrant says

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

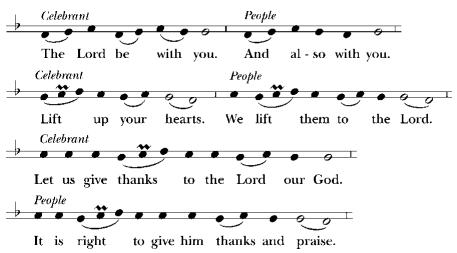
OFFERTORY ANTHEM This is my song Sung by All O God of all 1 This is song, the na - tions, my are blu - er than the 2 My coun-try's skies o - cean, 3 This is my prayer, O Lord of all earth's king-doms: 8 for lands a - far and mine. song of peace а and sun - light beams on clo - ver - leaf and pine. king - dom come; on earth thy will be done. thy This my home, the coun - try where my heart is; is But oth - er lands have sun - light too, and clo - ver, Let Christ be ed till lift up all shall serve him, 00 here are my hopes, my dreams, my ho ly shrine; ery - where and skies are ev as blue as mine. and hearts u - nit ed live learn to as one. but oth - er hearts in oth - er lands are beat - ing So hear my song, Ο God of all the na - tions, So hear my prayer, O God of all the na - tions: θ σ with hopes and dreams as mine. high as true and song of peace for their land and for mine. а my - self Ι give thee; let thy will be done.



THE GREAT THANKSGIVING

In this season after Pentecost we are using **Eucharistic Prayer 1** from the supplemental Episcopal resource, Enriching Our Worship. Note, the more contemporary language and theology when compared to the Book of Common Prayer.

The People remain standing.



The Celebrant continues

It is truly right, and good and joyful to give you thanks, all-holy God, sources of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; You have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing (say):

Spoken at 8am. At 10am the Celebrant and People sing together:

SANCTUS

Holy, holy, holy



The Celebrant continues

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people. Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died. Christ is risen. Christ will come again.

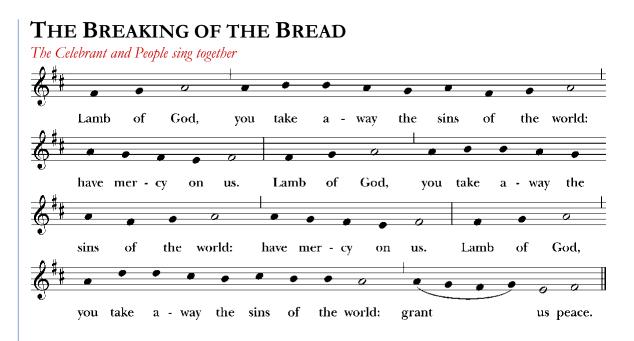
The Celebrant continues

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with Barnabas and all your saints, past, present, and yet to come, we may praise your Name for ever. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. Amen.

The Deacon says And now, as our Savior Christ has taught us, we are bold to say,

People and Celebrant

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.



The Celebrant says

The Gifts of God for the People of God. All are welcomed at God's table.

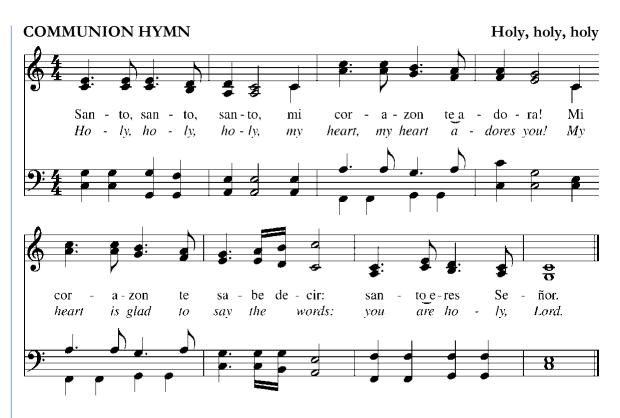




6 Thou didst take the sting from death, Son of God, as Savior given;
on the cross thy dying breath opened wide the realm of heaven. In the glory of that land thou art set at God's right hand. 7 As our judge thou wilt appear. Savior, who hast died to win us, help thy servants, drawing near. Lord, renew our hearts within us.
 Grant that with thy saints we may dwell in everlasting day. You are welcomed to join the choir in singing the Communion Hymns. Or, you may elect to listen.

In this hymn we celebrate the Trinity – Holy Father, holy Son, Holy Spirit, Three we name thee, while in essence only One. You are welcomed to join the choir in singing the Communion Hymns. Or, you may elect to listen.

> In this hymn we celebrate the **third "part" of the Trinity** we know of as the Holy Spirit



After Communion, the Celebrant says Let us pray.

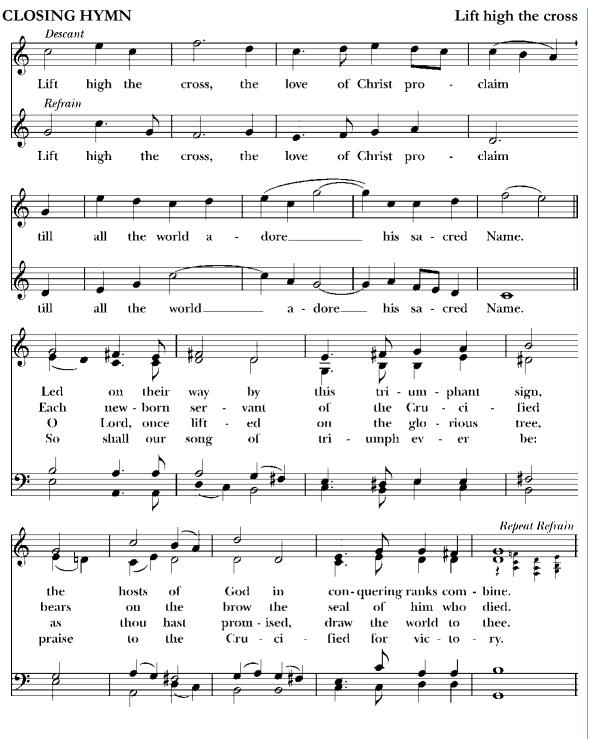
Celebrant and People say together

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The **blessings**, said by the Priest, is a reminder of the many blessings that we already have from God – both known and unknown.

The people stand and the Priest blesses the people, saying

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*



With this hymn we celebrate the **second** "part" of the Trinity which is known to us as Jesus or Christ.

DeaconLet us go forth into the world, rejoicing in power of the Spirit...Alleluia, alleluia.Thanks be to God. Alleluia, alleluia.

VOLUNTARY

LIFE AT ST. BARNABAS

<u>THE LIFE AND WRITINGS OF DIETRICH BONHOEFFER</u> – The diocesan Social Justice Committee is offering a four-week online course. Bonhoeffer was a German Lutheran pastor, Theologian and Professor known for his staunch resistance to the Nazi dictatorship, including vocal opposition to genocidal persecution of the Jews.

This four-week on-line discussion will explore the major themes of his writing and speaking and how he not only helped transform an entire faith community in Germany during World War II, but how his beliefs continue to impact the Christian faith of people throughout the world today. It will challenge us to re-examine some of our own ideas in the light of his clarity of thought. This conversation is offered by the diocesan Social Justice Committee on <u>Tuesdays at 7:00 pm</u> during May; starting May 7th and concluding this week on May 28th. Please register in advance at this link: <u>bit.ly/bonhoeffercourse</u>

<u>MEN'S MINISTRY IN THE 21st CENTURY</u> – Province VII of the Brotherhood of St. Andrew is having a retreat at Barnabas's on <u>Saturday 1 June, from 10:00 am to 4:00 pm</u>. The retreat will combine prayer and study. We will explore: What is men's ministry in a non-binary world? There will be ample time for prayer, reflection, and the exchange of ideas. There will also be time for socializing. Both men and women are cordially invited to attend.

The Brotherhood of St. Andrew is one of the oldest auxiliary bodies associated with the Episcopal Church. At the behest of President Theodore Roosevelt, it was chartered by Congress! Here is some recommended reading:

The Intimate Connection: Male Sexuality, Masculine Spirituality, James B. Nelson A Thorn in the Flesh: How Gay Sexuality is Changing the Episcopal Church, Caroline J. Addington Hall

Please contact Eric Fisher at 805-704-0238 or provviiipresident@brothersandrew.net for more details.

DEANERY BOOTH AT SLO PRIDE – Please join us on <u>Sunday, June 2nd from 12:00 noon to 4:00 pm</u> in Meadow Park in SLO as we share the love of God with those who are lesbian, gay, bi-sexual, transgender, and queer. Historically, LGBTQ folks have been treated as "less than" by the Church and our booth and participation in the Family Day is our demonstration of the love of God for all.

<u>AIDS LIFE CYCLE</u> – is a non-profit organization that supports the *San Francisco Aids Foundation* and the *Los Angeles LGBT Center* by raising funds through their bicycle ride from San Francisco to Los Angeles every June. On Tuesday, June 4, the event will pass through SLO County. For the past 7 years, I have been supporting this through monetary donations and by <u>presence</u>. On the day the riders come into the county I set up a "water and ice" table at the north end of Mission St. in San Miguel and greet the riders as they round the curve onto Mission Street from Camp Roberts. They are hot, tired and thirsty. Even though they only have a little more than a mile to go for the rest break they really appreciate a quick spritz, a hand slap, or a high five as they make their way to the shade.

If you would like to join me in supporting these riders for more details please contact Dcn. Susan Arnold, 805-550-2907<u>dcnsusan.stbarnabas@gmail.com</u>.

You may also support the organization financially at: bit.ly/SBAidsLifeCycle

OPPORTUNITIES TO GATHER VIRTUALLY

<u>Sunday morning WORSHIP at 10:00 am</u> – We live-stream our Sunday 10:00 am worship services on the St. Barnabas' Facebook page: <u>facebook.com/StBarnabasAG/</u>

All you need is a computer or device with an internet connection and speakers to watch the live stream; you do not need to have a Facebook account. A recording of the live stream will be posted on the St. Barnabas YouTube Channel: (<u>bit.ly/StBYouTube</u>) following the service.

If you would like to participate more fully in the service, the order of service booklet is available for download on the St. Barnabas website by clicking the big blue "Weekly Bulletin" button on our website. Sunday morning worship bulletin is available starting at 1:00 pm on Thursday.

<u>TUESDAY MORNING PRAYER at 9:30 am</u> – Now Hybrid on Zoom and the church library in person. If you have a Book of Common Prayer at home that will be useful to have on hand. Click this link to attend via your computer or device: <u>bit.ly/stbarnabasmorningprayer</u>

To dial in call 1-669-900-6833. When prompted put in the Meeting ID of **878 6513 4138#** and when prompted for a password put in **365072#**, and then hit **#** a second time.

<u>BIBLE STUDY Tuesdays at 10:00 am</u> – Now Hybrid on Zoom and the church library in person. Bible Study will start at <u>10:00 am</u> immediately following Morning Prayer. The Zoom login is the same as Morning Prayer (above). We are looking at the book of Mark. Feel free to contact Gerti Garner at <u>ggrgarner@gmail.com</u> for more information.

Friday 4:00 pm CENTERING PRAYER – Each Friday at 4 pm we will hold a Centering Prayer Service. After first gathering for a few minutes, we practice our 20 minutes of silent Centering Prayer. Following the practice, we will be reading and discussing a passage from Thérèse of Lisieux. Her "little way" is a hard way, but one that is easily recognized by most of us who know that we are not among the great souls of history, and who are more used to gray days than hours spent bathed in blazing spiritual light. We are using *Simply Surrender*, an edited collection of prayers and reflections from her autobiography.

We meet every Friday from 4 – 5 pm. We next meet **in person** on **Friday, June 14**th (and every 2nd Friday) at St Barnabas. On all other Fridays we meet via Zoom: <u>bit.ly/stbarnabascenteringprayer</u>.

To dial in call 1-669-900-6833. When prompted put in the Meeting ID of **867 7756 1670#** and when prompted for a password put in **034979#**, and then hit **#** a second time.

MAKING DONATIONS TO ST. BARNABAS

<u>ELECTRONIC TRANSFER</u>: You can make an electronic transfer to St. Barnabas using Quick Pay with Zelle set up. Many banks and financial institutions offer this method of funds transfer. Donations can be set up as one-time or recurring. To transfer money, use the email address of the Financial Secretary (<u>stbarnabas.financial@gmail.com</u>) as the recipient. If you have questions or difficulties setting it up, call Janette Sofranko at 805-801-4526. There are no fees associated with is type of transfer.

PayPal is another option for electronic transfer. You can find St. Barnabas using the email address of the Financial Secretary: stbarnabas.financial@gmail.com PayPal does charge St. Barnabas a processing fee.

<u>AUTO PAY FROM YOUR FINANCIAL INSTITUTION</u>: Many banks and financial institutions offer a service often called Auto Pay or Bill Pay. It's fairly easy to set up online or at the bank. The donation can be set up as one-time or recurring. The bank will issue the check on the date you give them and mail the check to St. Barnabas.

MAIL YOUR CHECK: You can also mail your check to St. Barnabas. Please put "Attn Financial Secretary" on the envelope. The address is: 301 Trinity Ave., Arroyo Grande, CA 93420

If you have any questions on how to make your donation, please feel free to contact Janette Sofranko, Financial Secretary, at 805-801-4526. You can also send an email to <u>stbarnabas.financial@gmail.com</u>. Thank you for your continued support of St. Barnabas.



Donations of time and talent are just as important as financial donations.

THANK YOU TO EVERYONE WHO HELPS SERVE EACH SUNDAY!

Vestry Members – The governing board of our parish is made up of the following: Class of 2025 – Rachel Mann, Carlos Ortiz (Jr. Warden), Brian Petersen Class of 2026 – Robert Merritt, Sheila Miller, Tracy Schiro (Sr. Warden) Class of 2027 – Leslie Campbell, Tom DeNatale, Corey Kielan

This Week's Altar Guild Team:

Janette Sofranko, Ann Mathias, Michele Davenport, Susan DeNatale

Sunday School Teacher:

Pam & Aly Pano

Last Week's Coffee Hour Ministry Hosts:

8:00 am: Carlos Ortiz, Robert Merritt 10:00 am: Stan & Chris Williams

This Week's Coffee Hour Ministry Hosts:

8:00 am: David & Sharon Williams 10:00 am:

CALENDAR May 26 – June 2

TODAY	In-Person Holy Communion	800 am
102111	In-Person Holy Communion*	
	Children's Sunday School.	
Tuesday	Morning Prayer (Hybrid Zoom & Church Library)	
,	Biblical Roundtable (Hybrid Zoom & Church Library)	
	12-Step Meeting (outdoors)	
Wednesday	Senior Fitness & Stretching with Sigrid	
	Writing from Life Class	
	Choir Rehearsal	
Thursday	Yoga with Sigrid	1
Friday	Burial Service and luncheon for Marcia Bell	11:00 am
Friday		
Friday	Hygiene Bag assembly	1:30 pm
Friday Saturday		1:30 pm 4:00 pm
,	Hygiene Bag assembly Centering Prayer (via Zoom) People's Kitchen served by St. Barnabas	1:30 pm 4:00 pm
Saturday	Hygiene Bag assemblyCentering Prayer (via Zoom)People's Kitchen served by St. BarnabasBrotherhood of St. Andrew Retreat	1:30 pm 4:00 pm 12:00 noon 10:00 am
,	Hygiene Bag assemblyCentering Prayer (via Zoom)People's Kitchen served by St. BarnabasBrotherhood of St. Andrew RetreatIn-Person Holy Communion	
Saturday	Hygiene Bag assemblyCentering Prayer (via Zoom)People's Kitchen served by St. BarnabasBrotherhood of St. Andrew RetreatIn-Person Holy CommunionIn-Person Holy Communion*	1:30 pm 4:00 pm 12:00 noon 10:00 am 8:00 am 10:00 am
Saturday	Hygiene Bag assemblyCentering Prayer (via Zoom)People's Kitchen served by St. BarnabasBrotherhood of St. Andrew RetreatIn-Person Holy CommunionIn-Person Holy Communion*Children's Sunday School	
Saturday	Hygiene Bag assemblyCentering Prayer (via Zoom)People's Kitchen served by St. BarnabasBrotherhood of St. Andrew RetreatIn-Person Holy CommunionIn-Person Holy Communion*Children's Sunday SchoolSLO Pride, Meadow Park in SLO	

SERVING TODAY

Presider/Preacher	The Rev. Rob Keim
Deacon	The Rev. Dcn. Susan Arnold
8am Music	Sharon Williams
Minister of Music	Janis Johnson
Choral Scholars	Katelyn Caron, Rachel Koenigsberg,
	Chris Marston, Alexander Miller

8 am

Eucharistic Minister/Usher	Karen Reinecke
Chalice/Usher/Vestry	Robert Merritt
Lector	Georgianna Gleason
Coffee Ministry Host	David & Sharon Williams

10 am

Eucharistic Minister	Pamela Jones
Chalices	Tom Bormes, Todd Long, and David Murray
Lector	Melissa Biel
Ushers	Jim & Linda Kilponen, Tom Bormes
Vestry on Call	Leslie Campbell
Coffee Ministry Host	-
Livestream	Jeff Diehl



301 Trinity Avenue, Arroyo Grande, CA 93420 Phone: (805) 489-2990 | Email: <u>saintbarnabas.ag@gmail.com</u> Website: saintbarnabas-ag.org