



# St. Barnabas' Episcopal Church

MAUNDY THURSDAY | MARCH 28, 2024

7:00 pm



*Artist: JESUS MAFA – Jesus Washes His Disciples Feet*

God's discerning, inclusive, Christ-centered church, engaged in outreach ministry, growing discipleship, and life changing worship.

### Welcome to Indoor Worship at St. Barnabas'!

Welcome to our in-person indoor worship service. In order to worship safely we will:

- Have doors and windows open to provide fresh airflow,
- Be limited to those who have no COVID-19 symptoms and have not recently tested positive for COVID.
- Recommend that a mask be worn at all times, however, masks are optional for those who have been vaccinated and are healthy,
- Please note that we do not require COVID vaccination to attend worship at St. Barnabas.

Distribution of bread and wine:

- Starting from the balcony and then the back of the room, Ushers will invite you forward to receive the bread and wine.
- Then you may take a small bowl of wine from the tray and consume the wine before returning to your seat. Empty bowls may be placed in the baskets along the side of the room.
- If you prefer, instead of an individual bowl, you may drink wine from the common chalice.
- If you are unable to come forward, let the ushers know so the bread can be brought to you.

Four courtyard and two narthex bathrooms are available for your use. Please use the disinfecting spray that is in the bathroom. If you have any questions or concerns, the Ushers are available to assist you.

### Welcome to Online St. Barnabas!

Welcome to those joining our virtual worship with Facebook Live. We are glad to have you with us in this new way. You may access our livestream starting at 9:45 am at [facebook.com/StBarnabasAG/](https://facebook.com/StBarnabasAG/)

A recording of the live-stream will be posted on the St. Barnabas YouTube Channel ([bit.ly/StBYouTube](https://bit.ly/StBYouTube)) the afternoon following the service.

**Bidding (intercessory prayer) Book** – If you would like to add a prayer to be read during the church service, you may add it to the “Bidding Book” located at the back of the church to the left of the doors. If you cannot join us in person and would like to add a prayer to be read during the church service you can email the name of the person to our parish office at [saintbarnabas.ag@gmail.com](mailto:saintbarnabas.ag@gmail.com) (before Wednesday morning), or add it to the comments section on Facebook Live during the livestream.

**Flower and Candle Dedications** – Candles are lit by Bill Cockshott in memory of his mother, Bea Cockshott and in celebration of Zachary Manos’ birthday.

Flowers have been placed on the altar by the children of Charles and Lucille Shepherd in memory of the anniversary of Charles and Lucille Shepherd.

*In addition to our Sunday morning Eucharist at 8:00 am and 10:00 am, we offer the following...*

### *Notable Events*

<b>FRIDAY</b>	<b>MARCH 29</b>	<b>Good Friday 7:00 pm</b>
<b>SATURDAY</b>	<b>MARCH 30</b>	<b>Easter Vigil 7:00 pm</b>
<b>SUNDAY</b>	<b>MARCH 31</b>	<i>(no 8:00 am Eucharist)</i>
		<b>Easter Breakfast 8:30 am</b>
		<b>Eucharist 10:00 am</b>
		<b>Easter Egg Hunt 11:30 am</b>

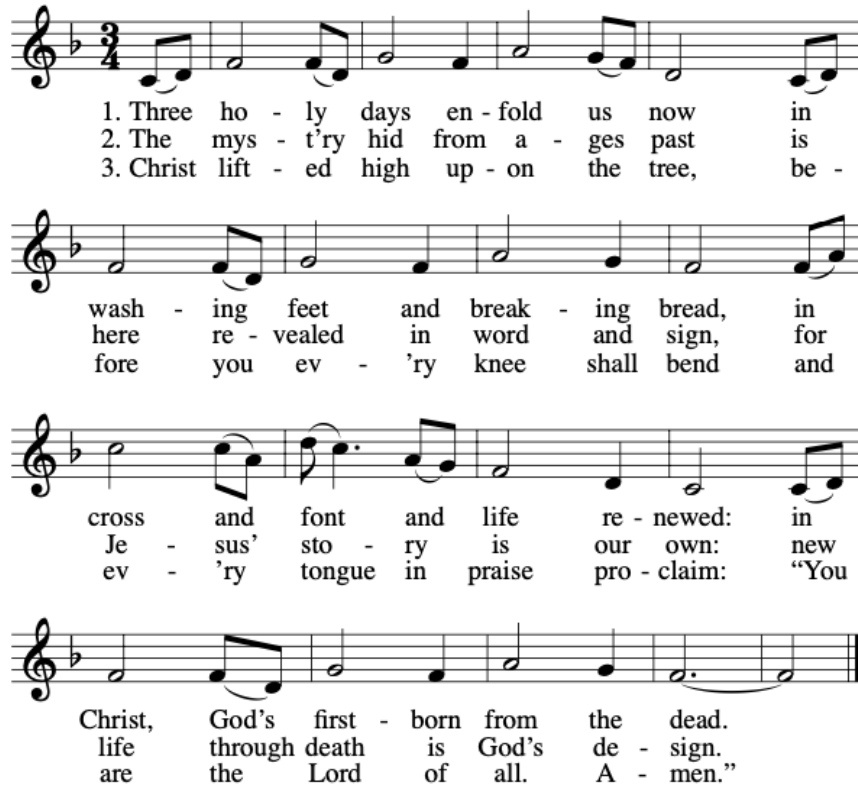
## Voluntary

# The Word of God

*Stand as you are able.*

## OPENING HYMN

Three holy days



1. Three ho - ly days en - fold us now in  
2. The mys - t'ry hid from a - ges past is  
3. Christ lift - ed high up - on the tree, be -

wash - ing feet and break - ing bread, in  
here re - vealed in word and sign, for  
fore you ev - 'ry knee shall bend and

cross and font and life re - newed: in  
Je - sus' sto - ry is our own: new  
ev - 'ry tongue in praise pro - claim: "You

Christ, God's first - born from the dead.  
life is through death is God's de - sign.  
are the Lord of all. A - men."

*The people standing, the Celebrant says*

**Celebrant** Blessed be God: Father, Son, and Holy Spirit.

**People** And blessed be his kingdom, now and for ever. Amen.

## A PROFESSION OF ONEING

*In Lent we will be kneeling and observing a minute of silence at this point in our worship.*

**Celebrant** The divisions of the world can only be overcome by a unitive consciousness at every level: personal, relational, social, political, cultural, and in spirituality and religion in general.

**People** As a transformed people we unite all within ourselves, so that we can do the same in the world.

**Celebrant** By myself I am nothing at all, but in general, I am in the oneing of love.

**People** For it is in this oneing that the life of all people exists.

**Celebrant** The love of God creates in us such a oneing that, when it is truly seen, no person can separate themselves from another person.

**People** In the sight of God, all humans are oned, and one person is all people and all people are one person.

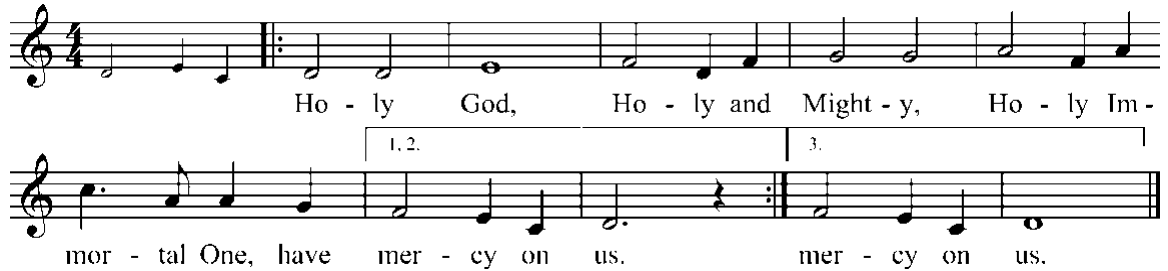
*This year our theme for the season of Lent is union, communion, and oneing. "Oneing" is an old English word that was used by Julian of Norwich, back in the fifteenth century, to describe the encounter between God and the soul. Please join in reciting a **Profession of Oneing** as we commit to bringing the Kingdom of God into our world.*

*The Trisagion is a hymn from great antiquity in the early centuries after Jesus' resurrection. Trisagion translates as thrice-holy. In this hymn God is described as holy in three different qualities. The Trisagion is traditionally said or sung three times as a reflection of the Trinity.*

*Celebrant*  
*People*

As we see Christ in all people we now profess together.  
May each of us be so fortunate as to be overtaken by God in the midst of little things. May we each be blessed by the Holy Spirit, swooping down from above or welling up from beneath, to extinguish the illusion of separateness that perpetuates our fears. May we, in having our illusory, separate self, slain by God, be born into a new and true awareness of who we really are: one with God forever. May we continue on in this true awareness, seeing in each and every little thing, the fullness of God's presence in our lives. May we also be someone in whose presence others are better able to recognize God's presence in their lives, so that they, too, might know the freedom of the children of God.

## THE TRISAGION



## THE COLLECT OF THE DAY

*Celebrant* The Lord be with you.  
*People* And also with you.  
*Celebrant* Let us pray.

Almighty Father, whose dear Son, on the night before he suffered, instituted the Sacrament of his Body and Blood: Mercifully grant that we may receive it thankfully in remembrance of Jesus Christ our Lord, who in these holy mysteries gives us a pledge of eternal life; and who now lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## THE LESSONS

*The people sit.*

### FIRST READING: Exodus 12:1-14

A reading from the Book of Exodus.

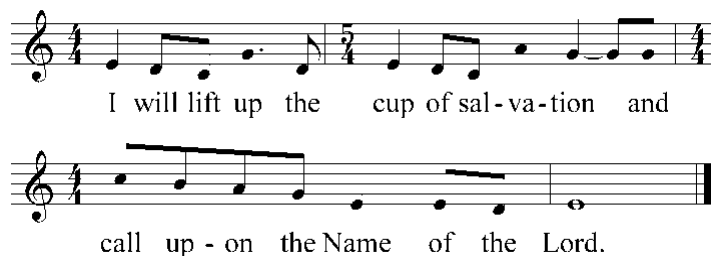
The Lord said to Moses and Aaron in the land of Egypt: This month shall mark for you the beginning of months; it shall be the first month of the year for you. Tell the whole congregation of Israel that on the tenth of this month they are to take a lamb for each family, a lamb for each household. If a household is too small for a whole lamb, it shall join its closest neighbor in obtaining one; the lamb shall be divided in proportion to the number of people who eat of it. Your lamb shall be without blemish, a year-old male; you may take it from the sheep or from the goats. You shall keep it until the fourteenth day of this month; then the whole assembled congregation of Israel shall slaughter it at twilight. They shall take some of the blood and put it on the two doorposts and the lintel of the houses in which they eat it.

They shall eat the lamb that same night; they shall eat it roasted over the fire with unleavened bread and bitter herbs. Do not eat any of it raw or boiled in water, but roasted over the fire, with its head, legs, and inner organs. You shall let none of it remain until the morning; anything that remains until the morning you shall burn. This is how you shall eat it: your loins girded, your sandals on your feet, and your staff in your hand; and you shall eat it hurriedly. It is the passover of the Lord. For I will pass through the land of Egypt that night, and I will strike down every firstborn in the land of Egypt, both human beings and animals; on all the gods of Egypt I will execute judgments: I am the Lord. The blood shall be a sign for you on the houses where you live: when I see the blood, I will pass over you, and no plague shall destroy you when I strike the land of Egypt.

This day shall be a day of remembrance for you. You shall celebrate it as a festival to the Lord; throughout your generations you shall observe it as a perpetual ordinance.

*Reader*            The Word of the Lord.  
*People*            Thanks be to God.

### PSALM 116:1, 10-17



**Cantor sings Refrain**  
**All Repeat**  
**Choral Scholars sing verses**  
**All sing refrain**

<sup>1</sup> I love the Lord, because he has heard the voice of my supplication, \*  
because he has inclined his ear to me whenever I called upon him.

<sup>10</sup> How shall I repay the Lord \*  
for all the good things he has done for me? *Refrain*

<sup>11</sup> I will lift up the cup of salvation \*  
and call upon the Name of the Lord.

<sup>12</sup> I will fulfill my vows to the Lord \*  
in the presence of all his people.

<sup>13</sup> Precious in the sight of the Lord \*  
is the death of his servants. *Refrain*

<sup>14</sup> O Lord, I am your servant; \*  
I am your servant and the child of your handmaid;  
you have freed me from my bonds.

<sup>15</sup> I will offer you the sacrifice of thanksgiving \*  
and call upon the Name of the Lord. *Refrain*

<sup>16</sup> I will fulfill my vows to the Lord \*  
in the presence of all his people,

<sup>17</sup> In the courts of the Lord's house, \*  
in the midst of you, O Jerusalem. *Refrain*

## SECOND READING: 1 Corinthians 11:23-26

A reading from Paul's first letter to the Corinthians.

I received from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, and when he had given thanks, he broke it and said, "This is my body that is for you. Do this in remembrance of me." In the same way he took the cup also, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

*Reader* The Word of the Lord.  
*People* Thanks be to God.

## SEQUENCE HYMN

A new commandment

A new com - mand - ment that I give to you, is to  
love one an - o - ther as I have loved you; is to  
love one an - o - ther as I have loved you. By  
this shall all know you are my dis - ci - ples: if

The image shows a musical score for a hymn. It consists of five systems of music, each with a treble and bass staff. The key signature is one sharp (F#) and the time signature is 4/4. The lyrics are written below the notes. The hymn is titled 'A new commandment'.





## GOSPEL: John 13:1-17, 31b-35

*All stand.*

*Deacon*

*People*

The Holy Gospel of our Lord Jesus Christ according to John.

Glory to you, Lord Christ.

Now before the festival of the Passover, Jesus knew that his hour had come to depart from this world and go to the Father. Having loved his own who were in the world, he loved them to the end. The devil had already put it into the heart of Judas son of Simon Iscariot to betray him. And during supper Jesus, knowing that the Father had given all things into his hands, and that he had come from God and was going to God, got up from the table, took off his outer robe, and tied a towel around himself. Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was tied around him. He came to Simon Peter, who said to him, "Lord, are you going to wash my feet?" Jesus answered, "You do not know now what I am doing, but later you will understand." Peter said to him, "You will never wash my feet." Jesus answered, "Unless I wash you, you have no share with me." Simon Peter said to him, "Lord, not my feet only but also my hands and my head!" Jesus said to him, "One who has bathed does not need to wash, except for the feet, but is entirely clean. And you are clean, though not all of you." For he knew who was to betray him; for this reason, he said, "Not all of you are clean."

After he had washed their feet, had put on his robe, and had returned to the table, he said to them, "Do you know what I have done to you? You call me Teacher and Lord--and you are right, for that is what I am. So if I, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. For I have set you an example, that you also should do as I have done to you.

*It is traditional for the people to stand as the Gospel Book is lifted high by the Deacon.*

*As the Gospel is announced, some people use their thumb to make the sign of the cross on their forehead, mouth, and heart. These three locations indicate that the Gospel reading is to enter the mind, voice, and heart. Some people also bow as a sign of reverence for Jesus who is depicted in the Gospels.*

Very truly, I tell you, servants are not greater than their master, nor are messengers greater than the one who sent them. If you know these things, you are blessed if you do them. “Now the Son of Man has been glorified, and God has been glorified in him. If God has been glorified in him, God will also glorify him in himself and will glorify him at once. Little children, I am with you only a little longer. You will look for me; and as I said to the Jews so now I say to you, ‘Where I am going, you cannot come.’ I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another. By this everyone will know that you are my disciples, if you have love for one another.”

*Deacon*            The Gospel of the Lord.  
*People*            Praise to you, Lord Christ.

*This year we are including  
foot washing in our  
Maundy Thursday  
worship service. Scripture  
shows us that before his  
arrest and death, Jesus  
washed the feet of his  
disciples. His example of  
humility is one that we  
want to mirror in our own  
lives. There is also a sense  
of letting go when you let  
someone else wash  
your feet.*

*As you feel called you  
may remove your  
footwear and come  
forward to have your  
feet washed by the  
clergy of the parish.*

## SEQUENCE HYMN

A new commandment

Page 6 & 7

## THE SERMON

The Rev. Dcn. Susan Arnold

*Followed by a moment of silent mediation.*

## FOOT WASHING

*The Deacon say the following and the People respond.*

The Lord Jesus, after he had supped with his disciples and had washed their feet, said to them, "Do you know what I, your Lord and Master, have done to you? I have given you an example, that you should do as I have done."

**Peace is my last gift to you, my own peace I now leave with you; peace which the world cannot give, I give to you.**

I give you a new commandment: Love one another as I have loved you.

**Peace is my last gift to you, my own peace I now leave with you; peace which the world cannot give, I give to you.**

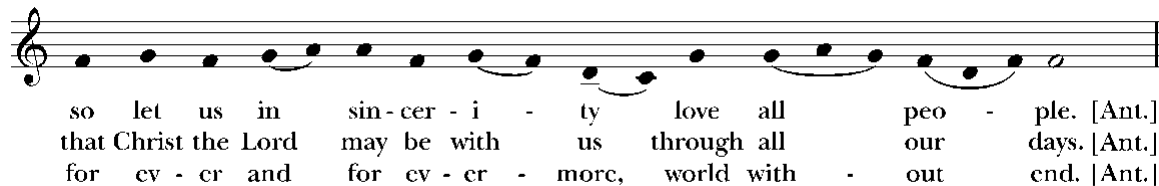
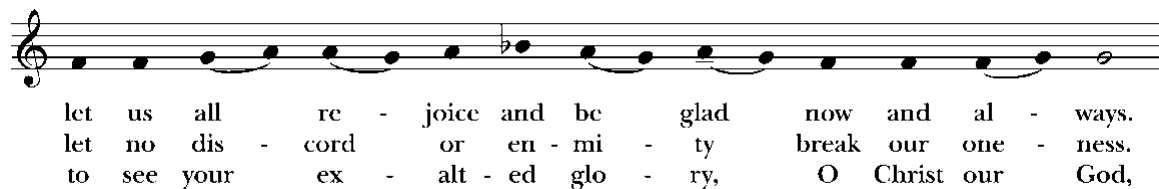
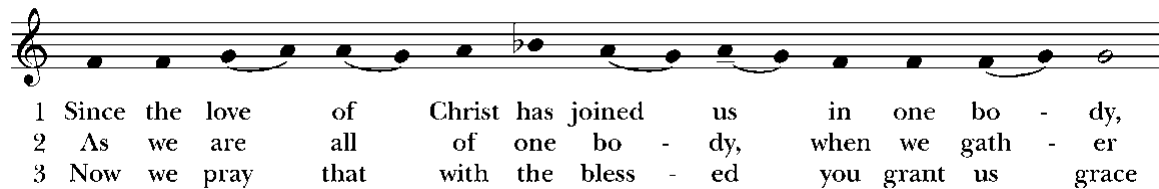
By this shall the world know that you are my disciples: That you have love for one another.



# FOOT WASHING HYMN

Where true charity

*Antiphon*



The Chancel Choir is singing: Ubi Caritas (Maurice Duruflé) during the foot washing.

The Foot Washing Hymns will follow. You are welcome join in singing the hymns or listen.

# FOOT WASHING HYMN

Jesu, Jesu

Je - su, Je - su, fill us with your love, show

us how to serve the neigh - bors we have from you.

**Fine**

1. Kneels at the feet of his friends, si - lent - ly wash - es their  
 2. Neigh - bors are rich and poor, neigh - bors are black and  
 3. These are the ones we should serve, these are the ones we should  
 4. Lov - ing puts us on our knees, serv - ing as though we are  
 5. Kneel at the feet of our friends, si - lent - ly wash - ing their

1. feet, Mas - ter who acts as a slave to them.  
 2. white, neigh - bors are near and far a - way.  
 3. love; all these are neigh - bors to us and you.  
 4. slaves, this is the way we should live with you.  
 5. feet, this is the way we should live with you.

**D.C.**

## THE NICENE CREED

*All stand.*

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## THE PRAYERS OF THE PEOPLE

*All remain standing.*

With compassion, justice, and reconciliation in our hearts, let us pray for the needs of all people and creation.

We pray for all who hold authority in every community and every nation, that their actions and decisions show regard for our common humanity, that they seek to build up even the most vulnerable and that they protect earth's natural resources.

God of unity and justice, **Hear our prayer.**

We pray that all may come to know and follow the way of Jesus's compassion; that seeking to serve him in all persons, we may find unity in the diversity of life.

God of unity and compassion, **Hear our prayer.**

*It is customary for us to say the **Nicene Creed** any time we have a Eucharist. The Creed is structured in the three-fold way of the Trinity – Father, Son, and Holy Spirit.*

*In this Season of Lent, our **Prayers of the People** include our theme of union, communion, and oneing.*

*The parts of the prayer in **bold** are said out loud together.*

We pray that, in the respect for our oneness with the earth and all that is in it, we may be emboldened to act to restore and protect all of God's creation on land, in the seas and oceans, and in the air.

God of unity and respect, **Hear our prayer.**

We pray that in our own struggles we may remember with love our connection to others who are struggling with poverty, hunger, and disease throughout the world and that, in your mercy, we may support and promote ways that help every person to have the resources they need to live and thrive in safety. **And in our own community, we pray for: Richard R., the Caron & Stokes families, Sagan Johnson, Alvin Rocca, Steve, Amie Yernall, Tom W. Ric C., Cyndi W., and Derrick Williams.**

God of unity and mercy, **Hear our prayer.**

We pray that all who have died may be received into the unity of your glory; **we pray for repose of soul for: those who died in the violence in Moscow, those who died in the bridge collapse in Baltimore, John Lane, Jason Stokes, and Deborah Byrd.**

God of unity and glory, **Hear our prayer.**

With the love Christ instills in us, we give you thanks for all who support the work of Episcopal Relief & Development, Ministry Partners, and Disaster Volunteers and we pray your guidance for their staff as they facilitate healthier, more fulfilling lives in communities. God of unity and love, **Hear our prayer.**

*(The Intercessor then reads the petitions from the bidding book and from the comment section of FB Live.)*

God of unity and grace, **Hear our prayer.**

*And after a moment of silence, the Deacon adds a concluding Collect.*

## CONFESSION OF SIN

*The Deacon or Celebrant says*

Let us confess our sins against God and our neighbor.

*Minister and People say*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed, by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

*In response to the  
Confession the Priest  
says the Absolution  
signifying the grace that  
we have already  
received through Jesus.  
As the Absolution is said  
some choose to make  
the sign of the Cross by  
using the fingers to  
touch the forehead,  
heart, left shoulder and  
right shoulder, and back  
to the heart again.*

*The Priest stands and says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.  
**Amen.**

## THE PEACE

*All stand.*

*Celebrant* In union with one and all, may the peace of Christ be always with you.  
*People* **And also with you.**

*Then the Ministers and the People may greet one another in the name of the Lord.*

## ANNOUNCEMENTS

*The people sit.*

## THE HOLY COMMUNION

*The Celebrant says*

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

## OFFERTORY ANTHEM      Tristis Est Anima Mea      Sung by the Choral Scholars

Tristis est anima mea usque ad mortem:  
sustinete hic, et vigilate mecum:  
nunc videbitis turbam,  
quæ circumdabit me.  
Vos fugam capietis, et ego vadam  
immolari pro vobis.  
Ecce appropinquat hora,  
et Filius hominis tradetur  
in manus peccatorum.

*My soul is sorrowful even unto death.  
Stay you here, and watch with me.  
Now ye shall see a multitude,  
that will surround me.  
Ye shall run away, and I will go  
to be sacrificed for you.  
Behold the hour is at hand,  
and the Son of Man shall be betrayed  
into the hands of sinners.*

TEXT FROM *LIBER RESPONORIALIS*

SETTING BY ROBERT BENSON

## DOXOLOGY

*The people stand and sing*

**Praise God, from whom all blessing flow;  
Praise him, all creatures here below;  
Praise him above, yet heavenly host:  
Praise Father, Son, and Holy Ghost.**

*After the Confession and Absolution we share  
**The Peace** with one another as a preparatory step for the Eucharist.*

## THE GREAT THANKSGIVING

*The People remain standing.*

This is **Eucharistic Prayer**

A from our Episcopal  
Book of Common Prayer.

It is probably the form of  
the Eucharistic Prayer  
that is done the most  
frequently, thus it may  
be the most familiar.

*Celebrant*                      *People*

The Lord be with you. And al - so with you.

*Celebrant*                      *People*

Lift up your hearts. We lift them to the Lord.

*Celebrant*

Let us give thanks to the Lord our God.

*People*

It is right to give him thanks and praise.

*The Celebrant continues*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord. For our sins he was lifted high upon the cross, that he might draw the whole world to himself; and, by his suffering and death, he became the source of eternal salvation for all who put their trust in him.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,  
heaven and earth are full of your glo - ry. Ho -  
san - na in the high - est. Ho - san - na in the high - est.  
Blessed is he who comes in the name of the Lord. Ho -  
san - na in the high - est. Ho - san - na in the high - est.

*The People remain stand or kneel.*



*The Celebrant continues*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,  
**We remember his death,**  
**We proclaim his resurrection,**  
**We await his coming in glory;**

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Saint Barnabas and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

As our Savior Christ has taught us, we now pray,

*People and Celebrant*

**Our Father in heaven,**  
    **hallowed be your Name,**  
    **your kingdom come,**  
    **your will be done, on earth as in heaven.**  
**Give us today our daily bread.**  
**Forgive us our sins**  
    **as we forgive those who sin against us.**  
**Save us from the time of trial**  
    **and deliver us from evil.**  
**For the kingdom, the power, and the glory are yours,**  
    **now and forever. Amen.**

*At this point in the Eucharistic Prayer the Celebrant makes the sign of the cross over the bread and wine and welcomes the infusion of the Spirit. The elements are now considered blessed or consecrated.*

The *Fraction*, also called *The Breaking of the Bread*, both recalls Jesus breaking bread at the Last Supper, and also reminds us that Jesus' body was broken on the cross for us. Therefore we keep a moment of silence for prayers of awe and gratitude.

You are welcomed to join the choir in singing the *Communion Hymns*. Or, you may elect to listen.

Our communion hymn, known as *Pange lingua* was written by Thomas Aquinas (1225-1274), an Italian Dominican friar and priest, and set to a plainsong chant.

## THE BREAKING OF THE BREAD

*The Celebrant and People sing together*

Lamb of God, you take a-way the  
sins of the world: have mercy on us. Lamb of God, you  
take a-way the sins of the world: grant us peace.

*The Celebrant says*

The Gifts of God for the People of God.

## COMMUNION HYMN

Sing, my tongue, the Savior's glory

1. Sing, my tongue, the Sav-ior's glo - ry, Of his flesh  
\* 2. Of a pure and spot-less vir - gin Born for us  
3. On the night of that last sup - per, Seat - ed with  
4. Word made flesh, the bread of na - ture By his word  
\*\* 5. Down in ad - o - ra - tion fall - ing, This great sac -  
6. To the ev - er - last - ing Fa - ther, And the Son

1. the mys - t'ry sing: Of the Blood, all price ex - ceed - ing,  
2. on earth be - low, He, as man, with us con - vers - ing,  
3. his cho - sen band, He, the Pas - chal vic - tim eat - ing,  
4. to flesh he turns; Wine in - to his blood he chang - es:  
5. ra - ment we hail; O - ver an - cient forms of wor - ship  
6. who made us free, And the Spir - it, God pro - ceed - ing

1. Shed by our im - mor - tal King, Des - tined for the world's  
2. Stayed, the seeds of truth to sow; Then he closed in sol -  
3. First ful - fills the Law's com - mand; Then as food, to the  
4. What though sense no change dis - cerns? On - ly be the heart  
5. New - er rites of grace pre - vail; Faith will tell us Christ  
6. From them each e - ter - nal - ly, Be sal - va - tion, hon -

1. re - demp - tion, From a no - ble womb to spring.  
2. emn or - der Won - drous - ly his life of woe.  
3. dis - ci - ples Gives him - self with his own hand.  
4. in earn - est, Faith its les - son quick - ly learns.  
5. is pres - ent, When our hu - man sens - es fail.  
6. or, bless - ing, Might and end - less maj - es - ty. A - men.

*After Communion, the people kneel and the Celebrant says*  
Let us pray.

*Celebrant and People say together*

**Almighty and ever living God,**  
we thank you for feeding us with the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the Body of Christ,  
and heirs of your eternal kingdom.  
And now, send us out to do the work you have given us to do,  
to love and serve you as faithful witnesses of Christ our Savior.  
To him, to you, and to the Holy Spirit,  
be honor and glory, now and for ever. Amen.

### THE STRIPPING OF THE ALTAR

*The people may kneel for the traditional stripping of the Altar*

*Said by All*

**They divided my garments among them; they cast lots for my clothing.**

**Into the Woods My Master Went**

**Sung by the Choral Scholars**

Into the woods my Master went, clean forspent.  
Into the woods my Master came, forspent with death and shame.  
But the olives they were not blind to him; the little grey leaves were kind to him.  
The thorn-tree had a mind to him, when into the woods he came,  
Out of the woods my Master went, and he was well content.  
Out of the woods my Master came, content with death and shame.  
When death and shame would woo him last, from under the trees they drew him last.  
’Twas on a tree they slew him last, when out of the woods he came.

WORDS: SIDNEY LANIER (1842-1881)

SETTING BY JANET HAWES

*Said by All.*

**They divided my garments among them; they cast lots for my clothing.**

*The People depart in silence or join the clergy at the Side Altar.*

*In this season of Lent there are several times in worship when you may kneel as you are able. Kneeling before God has a different feel and it signifies our humbleness. Some people do not like to kneel or cannot kneel. Feel free to stand or sit as an alternative to kneeling.*

*This evening’s Maundy Thursday worship is the entre into the desolation of Good Friday and the death of Jesus on the Cross. We observe this transition with the stripping of the altar and the removal of all ornaments from the worship space. We also move into darkness, as the light of the world departs.*

# LIFE AT ST. BARNABAS

## SCHEDULE FOR HOLY WEEK AND EASTER –

**Friday, March 29** 7:00 pm – **Good Friday** – The Passion and Solemn Prayers  
**Saturday, March 30** 7:00 pm – **Easter Vigil** – Story telling around the campfire and Eucharist  
**Sunday, March 31 –** (there is no 8:00 am Eucharist on this Sunday)  
8:30 am – **Easter Breakfast**  
10:00 am – **Easter Eucharist**  
11:30 am – **Easter Egg Hunt**

**NEW BIBLE STUDY STARTING** – Our Tuesday morning Bible Study group is finishing up a study of the Book of Genesis. On **Tuesday, April 2<sup>nd</sup>** we will start a study of the Gospel of Jesus according to Mark. Take a journey through Mark with twenty-five sessions of scripture readings, meditations, questions, and prayers. Twenty-five dynamic spiritual leaders from around the world serve as guides to Mark, believed to be the first gospel written and considered by many to be the most reliable historical source for understanding the life of Jesus. Join us each Tuesday morning at **9:30 am** for Morning Prayer, and then at **10:00 am** for an hour of Bible Study. We meet in the parish library and on Zoom. Log-in information is on the next page.

**PERGOLA HELP** – We need some help with a few small projects prior to the shade roof structures being installed. Sand, Prep, and Paint, Debris removal, Get planters ready for planting, And miscellaneous small tasks. All equipment and materials provided. Work days will be April 2 & 3 and April 4 if needed. We need about 3 more helpers, even if it's for an hour or two. Thanks! Let Paul Schiro know: 805-748-2120.

## **SPRING RENEWAL 2024** – May 17-18 at Sherwood Hall in Salinas

- Spring Renewal is the new annual gathering for the Diocese of El Camino Real
- Spring Renewal is for worship, thanksgiving and celebration
- Spring Renewal is for shared learning and growth
- Spring Renewal is for everyone in the Diocese

Spring Renewal, 2024, is a wonderful gathering for everyone in our diocese. This year, at our in-person gathering we welcome the Rt. Rev. Michael Hunn, Bishop of the Episcopal Diocese of Rio Grande, as our Keynote Speaker. She will engage us more deeply with our theme for 2024, “Stepping Out With Soul.” Spring Renewal will have all the elements you miss from convention, without the business! We will worship, share a banquet to honor our ministries, enjoy presentations and conversation, and most of all, simply be together as a diocese.

**UCEFA NEWS** – Canon Edwards is grateful to report that their family foundation completed 10 water wells so far this year, and joyously a month-long rescue just completed freed 21 children, 8 girls and 13 boys. Canon Doug and Lynn thank you for your prayers and support of UCEFA. As Jesus preached in his first sermon, "I have come to proclaim release to the captives."

**AARP TAX-AIDE** – will offer free income tax preparation services at St Barnabas's church on Thursdays, beginning February 1st. Reservations can be made now at [ccfreetax.org/appointment.html](https://ccfreetax.org/appointment.html) or by calling (805) 931-6308. A photo ID is required for the principal taxpayers and Social Security cards are required for every person in the tax return.

## OPPORTUNITIES TO GATHER VIRTUALLY

**Sunday morning WORSHIP at 10:00 am** – We live-stream our Sunday 10:00 am worship services on the St. Barnabas' Facebook page: [facebook.com/StBarnabasAG/](https://facebook.com/StBarnabasAG/)

All you need is a computer or device with an internet connection and speakers to watch the live stream; you do not need to have a Facebook account. A recording of the live stream will be posted on the St. Barnabas YouTube Channel: ([bit.ly/StBYouTube](https://bit.ly/StBYouTube)) following the service.

If you would like to participate more fully in the service, the order of service booklet is available for download on the St. Barnabas website by clicking the big blue "Weekly Bulletin" button on our website. Sunday morning worship bulletin is available starting at 1:00 pm on Thursday.

**TUESDAY MORNING PRAYER at 9:30 am** – Now Hybrid on Zoom and the church library in person. If you have a Book of Common Prayer at home that will be useful to have on hand.

Click this link to attend via your computer or device:

[bit.ly/stbarnabasmorningprayer](https://bit.ly/stbarnabasmorningprayer)

To dial in call 1-669-900-6833. When prompted put in the Meeting ID of **878 6513 4138#** and when prompted for a password put in **365072#**, and then hit **#** a second time.

**BIBLE STUDY Tuesdays at 10:00 am** – Now Hybrid on Zoom and the church library in person. Bible Study will start at 10:00 am immediately following Morning Prayer. The Zoom login is the same as Morning Prayer (above). We are looking at the book of Genesis and for each of the 50 chapters, the text is printed and followed by a reflection, questions, and a prayer. The publisher invites us to "Come and explore the advent of humanity and the interplay of God and Humans with this daily guide..." The reflections are written by a variety of authors, clergy, scholars, and laypeople. Feel free to contact Gerti Garner at [ggarner@gmail.com](mailto:ggarner@gmail.com) for more information.

**Friday 4:00 pm CENTERING PRAYER** – Each Friday at 4 pm we will hold a Centering Prayer Service. After first gathering for a few minutes, we practice our 20 minutes of silent Centering Prayer. Following the practice, we will be reading and discussing a passage from Catherine of Siena, a 14<sup>th</sup>-century mystic who composed and dictated *The Dialogue*, a summary of her theology, her spirituality, and her pastoral concerns, becoming the first woman published in one of the Italian dialects. We are using *Set Aside Every Fear*, an edited collection of her prayers and reflections.

We meet every Friday from 4 – 5 pm. We next meet **in person on Friday, April 12<sup>th</sup>** (and every 2nd Friday) at St Barnabas. On all other Fridays we meet via Zoom: [bit.ly/stbarnabascenteringprayer](https://bit.ly/stbarnabascenteringprayer).

To dial in call 1-669-900-6833. When prompted put in the Meeting ID of **867 7756 1670#** and when prompted for a password put in **034979#**, and then hit **#** a second time.

**Thank you to Everyone on the Altar Guild preparing for Holy Week:**

Marigay Ross, Barbara Conry, Paula Mason,  
Janette Sofranko, Ann Mathias, Michele Davenport, Susan DeNatale,  
Tricia Ottesen, Marsha Fasse, Paula Smith, Jeff Diehl  
Jane Delgadillo, Pam Pano, Jerri Pence, Charmaine Petersen, Gerti Garner

## MAKING DONATIONS TO ST. BARNABAS

**ELECTRONIC TRANSFER:** You can make an electronic transfer to St. Barnabas using Quick Pay with Zelle set up. Many banks and financial institutions offer this method of funds transfer. Donations can be set up as one-time or recurring. To transfer money, use the email address of the Financial Secretary ([stbarnabas.financial@gmail.com](mailto:stbarnabas.financial@gmail.com)) as the recipient. If you have questions or difficulties setting it up, call Janette Sofranko at 805-801-4526. There are no fees associated with this type of transfer. PayPal is another option for electronic transfer. You can find St. Barnabas using the email address of the Financial Secretary: [stbarnabas.financial@gmail.com](mailto:stbarnabas.financial@gmail.com). PayPal does charge St. Barnabas a processing fee.

**AUTO PAY FROM YOUR FINANCIAL INSTITUTION:** Many banks and financial institutions offer a service often called Auto Pay or Bill Pay. It's fairly easy to set up online or at the bank. The donation can be set up as one-time or recurring. The bank will issue the check on the date you give them and mail the check to St. Barnabas.

**MAIL YOUR CHECK:** You can also mail your check to St. Barnabas. Please put "Attn Financial Secretary" on the envelope. The address is: 301 Trinity Ave., Arroyo Grande, CA 93420. If you have any questions on how to make your donation, please feel free to contact Janette Sofranko, Financial Secretary, at 805-801-4526. You can also send an email to [stbarnabas.financial@gmail.com](mailto:stbarnabas.financial@gmail.com). Thank you for your continued support of St. Barnabas.

Donations of time and talent are just as important as financial donations.

### CALENDAR

#### Holy Week | March 28 – March 31

<b>THURSDAY</b>	<b>Maundy Thursday – Foot Washing and Eucharist.....</b>	<b>7:00 pm</b>
Friday	Senior Fitness & Stretching with Sigrid .....	12:00 noon
	Hygiene Bag Assembly.....	1:00 pm
	Centering Prayer (via Zoom) .....	4:00 pm
	<b>Good Friday Service.....</b>	<b>7:00 pm</b>
Saturday	<b>Easter Vigil.....</b>	<b>7:00 pm</b>
<b>Easter</b>	Easter Breakfast.....	8:30 am
<b>Sunday</b>	In-Person Holy Communion* .....	10:00 am
	Children's Sunday School.....	10:00 am
	Easter Egg Hunt.....	11:20 am

*\*In-person and via Facebook Live*

### SERVING TODAY

Presider	The Rev. Rob Keim
Deacon / Preacher	The Rev. Dcn. Susan Arnold
Minister of Music	Janis Johnson
Choral Scholars	Ava Portz, Rachel Koenigsberg, Chris Marston, Luke Aitchison
	<b>7 pm</b>
Eucharistic Minister	Robert Merritt
Chalice/Usher	Bob Taylor
Lector	Cassidy Rowland
Usher	Nancy Taylor
Livestream	Jeff Diehl



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