



St. Barnabas' Episcopal Church

FIFTH SUNDAY AFTER EPIPHANY | FEBRUARY 4, 2024

8:00 am & 10:00 am



*Rembrandt Harmenszoon van Rijn, Christ Healing Peter's Mother-in Law.
diglib.library.vanderbilt.edu/act-imagelink.pl?RC=57481*

God's discerning, inclusive, Christ-centered church, engaged in outreach ministry, growing discipleship, and life changing worship.

Welcome to Indoor Worship at St. Barnabas'!

Welcome to our in-person indoor worship service. In order to worship safely we will:

- Have doors and windows open to provide fresh airflow,
- Be limited to those who have no COVID-19 symptoms and have not recently tested positive for COVID.
- Recommend that a mask be worn at all times, however, masks are optional for those who have been vaccinated and are healthy,
- Please note that we do not require COVID vaccination to attend worship at St. Barnabas.

Distribution of bread and wine:

- Starting from the balcony and then the back of the room, Ushers will invite you forward to receive the bread and wine.
- Then you may take a small bowl of wine from the tray and consume the wine before returning to your seat. Empty bowls may be placed in the baskets along the side of the room.
- If you prefer, instead of an individual bowl, you may drink wine from the common chalice.
- If you are unable to come forward, let the ushers know so the bread can be brought to you.

Four courtyard and two narthex bathrooms are available for your use. Please use the disinfecting spray that is in the bathroom. If you have any questions or concerns, the Ushers are available to assist you.

Welcome to Online St. Barnabas!

Welcome to those joining our virtual worship with Facebook Live. We are glad to have you with us in this new way. You may access our livestream starting at 9:45 am at facebook.com/StBarnabasAG/

A recording of the live-stream will be posted on the St. Barnabas YouTube Channel (bit.ly/StBYouTube) the afternoon following the service.

Bidding (intercessory prayer) Book – If you would like to add a prayer to be read during the church service, you may add it to the “Bidding Book” located at the back of the church to the left of the doors. If you cannot join us in person and would like to add a prayer to be read during the church service you can email the name of the person to our parish office at saintbarnabas.ag@gmail.com (before Wednesday morning), or add it to the comments section on Facebook Live during the livestream.

Greens and Candle Dedications – Candles are lit by Ann Mathias in celebration of the birthdays of Ed Mathias and Kirk Mathias.

Flowers have been placed on the altar by Jerri Pence in celebration of the birthdays of her daughter, Rebecca Pence and her daughter-in-law, Judy Pence.

In addition to our Sunday morning Eucharist at 8:00 am and 10:00 am, we offer the following...

Notable Events

Thursdays	FEBRUARY 8, 15	Confirmation Class series 7:00 pm
Tuesday	FEBRUARY 13	Shrove Tuesday Pancake Supper 5:00 - 6:00 pm
Wednesday	FEBRUARY 14	Ash Wednesday Eucharist with Ashes 12:00 noon and 7:00 pm (with Choir)
Sunday	FEBRUARY 25	Bishop's Visit 8:00 am and 10:00 am

VOLUNTARY

INTROIT

Sung by The Choral Scholars

With songs and honors sounding loud, address the Lord on high;
Over the heav'ns He spreads His cloud, and waters veil the sky.

He sends His showers of blessing down to cheer the plains below;
He makes the grass the mountains crown, and corn in valleys grow.

TEXT: ISAAC WATTS, 1719

MUSIC: ELISHA WEST, 1797; "EDOM" FROM THE SACRED HARP

This is the fifth week in the Season after Epiphany. In this season we celebrate the coming and growing of the light of Christ in the world. The color for this season is green.

THE WORD OF GOD

Stand as you are able.

ENTRANCE HYMN

Thy strong word did cleave the darkness



1 Thy strong word did cleave the dark - ness; at thy speak - ing
2 Lo, on those who dwelt in dark - ness, dark as night and
3 Thy strong word be - speaks us right - eous; bright with thine own
4 God the Fa - ther, Light - Cre - a - tor, to thee laud and



it was done; for cre - at - ed light we thank thee,
deep as death, broke the light of thy sal - va - tion,
ho - li - ness, glo - rious now, we press toward glo - ry,
hon - or be; to thee, Light of Light be - got - ten,



while thine or - dered sea - sons run: Al - le - lu - ia, al - le -
breathed thine own life - giv - ing breath: Al - le - lu - ia, al - le -
and our lives our hopes con - fess: Al - le - lu - ia, al - le -
praise be sung e - ter - nal - ly; Ho - ly Spi - rit, Light - Re -



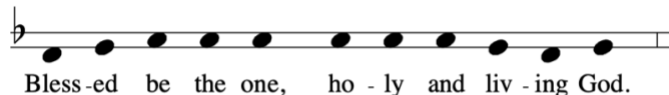
lu - ia! Praise to thee who light dost send! Al - le - lu - ia,
lu - ia! Praise to thee who light dost send! Al - le - lu - ia,
lu - ia! Praise to thee who light dost send! Al - le - lu - ia,
veal - er, glo - ry, glo - ry be to thee; mor - tals, an - gels,



al - le - lu - ia! Al - le - lu - ia with - out end!
al - le - lu - ia! Al - le - lu - ia with - out end!
al - le - lu - ia! Al - le - lu - ia with - out end!
now and ev - er praise the Ho - ly Tri - ni - ty.

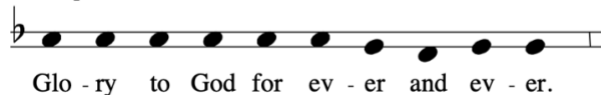
The people standing, the Celebrant says

Celebrant



Bless-ed be the one, ho - ly and liv - ing God.

People



Glo - ry to God for ev - er and ev - er.

This prayer is called the Collect for Purity, and it is reminiscent of Psalm 51. As its name implies, this is the state in which we hope to approach God in worship. The prayer dates back to the 11th century, which means it would have originally been in Latin. In this season, as a sign of welcome, the Celebrant says this prayer in Spanish.

COLLECT FOR PURITY

Dios omnipotente, para quien todos los corazones están manifiestos, todos los deseos conocidos y ningún secreto encubierto: Purifica los pensamientos de nuestros corazones con la inspiración de tu Santo Espíritu, para que perfectamente te amemos y dignamente celebremos tu Santo Nombre; por Cristo nuestro Señor.
Amén.

Translation:

*Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit that we may perfectly love you, and worthily magnify your holy Name through Christ our Lord.
Amen.*

The song of praise is known as the Gloria. It is also called the Greater Doxology. We sing the Shorter Doxology later in the service at the time of the Offering. This song begins with the words that the angels sang when announcing the birth of Jesus to shepherds. Other verses were added in the 4th century to create the hymns we have today. There is a sense of timelessness in knowing that we are singing words that have been sung for more than 1600 years.

SONG OF PRAISE

Gloria

Glo - ry to God in the high - est,
and peace to his peo - ple on earth. Lord God, heav - en - ly King,
al - migh - ty God and Fa - ther, we wor - ship you, we give you
thanks, we praise you for your glo - ry.
a little slower
Lord Je - sus Christ, on - ly Son of the Fa - ther, Lord God,
Lamb of God, you take a - way the sin of the world: have

mer-cy on us; — you are seat-ed at the right hand of the Fa - ther:
 re - ceive our prayer. For you a -
 lone are the Ho-ly One, you a - lone are the Lord, you a -
 lone are the Most High, Je - sus Christ, with the Ho-ly Spir-it,
 in the glo - ry of God the Fa - ther. A - men.

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

In each of our worship services we read four passages from the Bible: an Old Testament reading, a Psalm, a New Testament reading, and a Gospel reading. The readings are arranged in a three-year cycle so that we end up reading a large portion of the Bible in our worship. Today's readings are specific to the fifth Sunday after Epiphany. The three-year cycle is called the Revised Common Lectionary (RCL) and it is used by most mainline denominations.

THE LESSONS

The people sit.

FIRST READING: Isaiah 40:21-31

A reading from the Prophet Isaiah.

Have you not known? Have you not heard?
Has it not been told you from the beginning?
Have you not understood from the foundations of the earth?
It is he who sits above the circle of the earth,
and its inhabitants are like grasshoppers;
who stretches out the heavens like a curtain,
and spreads them like a tent to live in;
who brings princes to naught,
and makes the rulers of the earth as nothing.
Scarcely are they planted, scarcely sown,
scarcely has their stem taken root in the earth,
when he blows upon them, and they wither,
and the tempest carries them off like stubble.
To whom then will you compare me,
or who is my equal? says the Holy One.
Lift up your eyes on high and see:
Who created these?
He who brings out their host and numbers them,
calling them all by name;
because he is great in strength,
mighty in power,
not one is missing.
Why do you say, O Jacob,
and speak, O Israel,
"My way is hidden from the Lord,
and my right is disregarded by my God"?
Have you not known? Have you not heard?
The Lord is the everlasting God,
the Creator of the ends of the earth.
He does not faint or grow weary;
his understanding is unsearchable.
He gives power to the faint,
and strengthens the powerless.
Even youths will faint and be weary,
and the young will fall exhausted;
but those who wait for the Lord shall renew their strength,
they shall mount up with wings like eagles,
they shall run and not be weary,
they shall walk and not faint.

Reader The Word of the Lord.

People **Thanks be to God.**

PSALM 147:1-12, 21c

How pleas - ant it is to
ho - nor God with praise, hal - le - lu - jah.

¹ Hallelujah!

How good it is to sing praises to our God! *

how pleasant it is to honor him with praise!

² The Lord rebuilds Jerusalem; *

he gathers the exiles of Israel.

³ He heals the brokenhearted *

and binds up their wounds. *Refrain.*

⁴ He counts the number of the stars *

and calls them all by their names.

⁵ Great is our Lord and mighty in power; *

there is no limit to his wisdom. *Refrain.*

⁶ The Lord lifts up the lowly, *

but casts the wicked to the ground.

⁷ Sing to the Lord with thanksgiving; *

make music to our God upon the harp. *Refrain.*

⁸ He covers the heavens with clouds *

and prepares rain for the earth;

⁹ He makes grass to grow upon the mountains *

and green plants to serve mankind.

¹⁰ He provides food for flocks and herds *

and for the young ravens when they cry. *Refrain.*

¹¹ He is not impressed by the might of a horse; *

he has no pleasure in the strength of a man;

¹² But the Lord has pleasure in those who fear him, *

in those who await his gracious favor.

²¹ Hallelujah! *Refrain.*

8:00 am Said by All
10:00 am Cantor sings Refrain
All Repeat
Choral Scholars sing verses
All sing refrain

The style of chant being used today is known as the Portland Psalter. It has a very singable refrain that is sung by all at the appointed times in the chant. These chants were originally written by Robert A. Hawthorne for his congregation in Oregon.

In this portion of his letter to the early followers of Jesus in the city of Corinth, the Apostle Paul holds himself up as an example. In order to share the good news of Jesus, we must meet people where they are. This "incarnational" approach was also done by Jesus. We share by telling our stories and by living into the good news.

SECOND READING: 1 Corinthians 9:16-23

A reading from Paul's first letter to the Corinthians.

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader The Word of the Lord.
People **Thanks be to God.**



SEQUENCE HYMN

Healing river of the Spirit

Verses 1, 2

1. Heal - ing riv - er of the Spir - it, Bathe the
 2. Well-spring of the heal - ing Spir - it, Stream that
 3. Liv - ing stream that heals the na - tions, Make us

wounds that liv - ing brings. Plunge our pain, our sin, our
 flows to bring re - lease, As we gain our selves, our
 chan - nels of your pow'r. All the world is torn by

sad - ness Deep be - neath your sa - cred springs.
 sens - es, May our lives re - flect your peace.
 con - flict; Wars are rag - ing at this hour.

Wea - ry from the rest - less search - ing That has
 Grate - ful for the flood that heals us, May your
 Sav - ing Spir - it, move a - mong us, Guide our

lured us from your side, We dis - cov - er in your
 Church en - act your grace. As we meet both friend and
 wind - ing hu - man course, Till we find our way to -

pres - ence Peace the world can - not pro - vide.
 stran - ger, May we see our Sav - ior's face.
 geth - er, Flow - ing home - ward to our Source.

It is traditional for the people to stand as the Gospel Book is lifted high by the Deacon.

GOSPEL: Mark 1:29-39

All stand.

Deacon The Holy Gospel of our Lord Jesus Christ according to Mark.

People **Glory to you, Lord Christ.**

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. **CONTINUES**>

As the Gospel is announced, some people use their thumb to make the sign of the cross on their forehead, mouth, and heart. These three locations indicate that the Gospel reading is to enter the mind, voice, and heart. Some people also bow as a sign of reverence for Jesus who is depicted in the Gospels.

When they found him, they said to him, “Everyone is searching for you.” He answered, “Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do.” And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Deacon The Gospel of the Lord.
People Praise to you, Lord Christ.

SEQUENCE HYMN

Healing river of the Spirit

Verses 3
Prior Page

THE SERMON

The Rev. Rob Keim

Followed by a moment of silent mediation.

THE NICENE CREED

All stand.

We believe in one God,
 the Father, the Almighty,
 maker of heaven and earth,
 of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
 the only Son of God,
 eternally begotten of the Father,
 God from God, Light from Light,
 true God from true God,
 begotten, not made,
 of one Being with the Father.
Through him all things were made.
For us and for our salvation
 he came down from heaven:
by the power of the Holy Spirit
 he became incarnate from the Virgin Mary,
 and was made man.
For our sake he was crucified under Pontius Pilate;
 he suffered death and was buried.
On the third day he rose again
 in accordance with the Scriptures;
 he ascended into heaven
 and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
 and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
 who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
 and the life of the world to come. Amen.

*It is customary for us to say the **Nicene Creed** any time we have a Eucharist. The Creed is structured in the three-fold way of the Trinity – Father, Son, and Holy Spirit.*

THE PRAYERS OF THE PEOPLE

All remain standing.

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

(Silence)

Lord, in your mercy

Hear our prayer.

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

(Silence)

Lord, in your mercy

Hear our prayer.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

(Silence)

Lord, in your mercy

Hear our prayer.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

(Silence)

Lord, in your mercy

Hear our prayer.

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation. **We pray for Marilyn, Jim, Chantelle, Genovieve, Noel, Linda, Robin, Juniper, Jann McGuire, Rachel, Georgianna, Berna Oreshan, Cherry, Kevin B., Pamela Jones, Joan Andre, Alicia, Ken Chisam, Amalia Castillo & family, Josephine, Sarah, Dan, Ginny, Carl, Richard R., Rich Z., Jamie Parrish, Julia, Clyde, Lize, and Craig Martin.**

(Silence)

Lord, in your mercy

Hear our prayer.

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom. **We pray for the repose of soul for Wanda Maxine Patterson, Charles Gary, Eirin, John Hall, Arno Penzias, and Ethel Galloway.**

(Silence)

Lord, in your mercy

Hear our prayer.

(The Intercessor then reads the petitions from the bidding book and from the comment section of FB Live.)

(Silence)

Lord, in your mercy, **Hear our prayer.**

And after a moment of silence, the Deacon adds a concluding Collect.

You may type your own intercessory prayer requests in the comment section of Facebook Live.

*The parts of the prayer in **bold** are said out loud together.*

Prayer requests written in the bidding book (located on the shelf at the back of the worship space) and names put into the Comment Section of Facebook Live will be included in the bulletin next week.

CONFESSION OF SIN

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Minister and People say

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed, by what we have done,
and by what we have left undone.**

**We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.**

We are truly sorry and we humbly repent.

**For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen.

THE PEACE

All stand.

Celebrant

The peace of Christ be always with you.

People

And also with you.

Then the Ministers and the People may greet one another in the name of the Lord.

ANNOUNCEMENTS

The people sit.

Birthdays: Ed Mathias, Kirk Mathias, Rebecca Pence, Judy Pence
Sheila Miller

Anniversaries:

Birthday Prayer

Gracious God, who made us in your own image, we thank you for life, love, and joy. Send your blessing upon these your children, who have completed another year. Surround them with your grace, fill them with your love, and strengthen them to be your servants in the world. This we ask through Jesus Christ our Lord. Amen.

Anniversary Prayer

We thank you, Gracious God, for the love you have implanted in the hearts of your servants and for your continued blessings upon them. Give them kind and loving hearts, always ready to ask forgiveness as well as to forgive. Support them through times of trial, strengthen their love for one another, and may that love empower them to be instruments of God's love in the world. This we ask through Jesus Christ our Lord. Amen.

*In response to the
Confession the Priest
says the Absolution
signifying the grace that
we have already
received through Jesus.
As the Absolution is said
some choose to make
the sign of the Cross by
using the fingers to
touch the forehead,
heart, left shoulder and
right shoulder, and back
to the heart again.*

*After the Confession and
Absolution we share
The Peace with one
another as a
preparatory step for the
Eucharist.*

*If are joining us on
Facebook Live and you
have a birthday,
anniversary or other
celebration please type
that into the comments.*

Prayer for Travelers

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel; surround them with your loving care; protect them from every danger; and bring them in safety to their journey's end; through Jesus Christ our Lord. Amen.

THE HOLY COMMUNION

The Celebrant says

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

OFFERTORY ANTHEM

Sung by the Choral Scholars

This little light of mine, I'm gonna let it shine.
Every day, I'm gonna let my little light shine.
On Monday, he gave me the gift of love,
On Tuesday peace come from above.
On Wednesday, told me to have more faith;
On Thursday, gave me a bit more grace.
On Friday, told me to watch and pray;
On Saturday, told me what to say.
On Sunday, gave me power divine,
Just to let my little light shine.

TRADITIONAL; ARR. BY GEORGE MAWBRY

DOXOLOGY

The people stand and sing

Praise God, from whom all blessings flow; praise
him, all creatures here below; praise him above, ye
heaven-ly host: praise Fa-ther, Son, and Ho-ly Ghost.

**Bles - sed is he who comes in the name of the Lord.

Ho-san-na, Ho-san-na, Ho-san-na — in the high - est.

The People remain stand or kneel.

The Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,
We remember his death,
We proclaim his resurrection,
We await his coming in glory;

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Saint Barnabas and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

At this point in the Eucharistic Prayer the Celebrant makes the sign of the cross over the bread and wine and welcomes the infusion of the Spirit. The elements are now considered blessed or consecrated.

As our Savior Christ has taught us, we now pray,

People and Celebrant

**Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. Amen.**

THE BREAKING OF THE BREAD

The Celebrant and People sing together

The Fraction, also called The Breaking of the Bread, both recalls Jesus breaking bread at the Last Supper, and also reminds us that Jesus' body was broken on the cross for us. Therefore we keep a moment of silence for prayers of awe and gratitude.

Musical score for 'The Breaking of the Bread' in G major and 3/8 time. The score consists of three staves of music. The lyrics are: 'Lamb of God, you take a-way the sins of the world: have mer-cy on us.— Lamb of God. you take a-way the sins of the world: grant us peace.' The music features a key signature of one sharp (F#) and a 3/8 time signature. There are two trills marked with a '3' and a fermata over the final note of the piece.

The Celebrant says

The Gifts of God for the People of God.

COMMUNION HYMN

Bread of life

Refrain

Bread of life, hope of the world,

Je-sus Christ, our bro - ther: — feed us now, give us life,

lead us — to one an - oth - er. one an - oth - er. —

1	As we pro - claim your death,	as we re - call your life,
2	The bread we break and share	was scat - tered once as grain:
3	We eat this liv - ing bread,	we drink this sav - ing cup;
4	Hold us in u - ni - ty,	in love for all to see:
5	You are the bread of peace,	you are the wine of joy,

we re - mem - ber your prom - ise
just as now it is gath - ered,
sign of hope in our bro - ken world,
that the world may be - lieve in you,
bro - ken now for your peo - ple,

to re - turn a - gain.
make your peo - ple one.
source of last - ing love.
God of all who live.
poured in end - less love.

You are welcomed to join the choir in singing the **Communion Hymns**. Or, you may elect to listen.

You are welcomed to join the choir in singing the Communion Hymns. Or, you may elect to listen.

COMMUNION HYMN

Heal me, hands of Jesus



1. Heal me, hands of Je - sus, and search out all my pain: re -
2. Cleanse me, blood of Je - sus, take bit - ter-ness a - way; let
3. Know me, mind of Je - sus, and show me all my sin; dis -
4. Fill me, joy of Je - sus: anx - i - e - ty shall cease and



store my hope, re - move my fear and bring me peace a - gain.
me for - give as one for-given and bring me peace to - day.
pel the mem - o - ries of guilt, and bring me peace with - in.
heaven's se - ren - i - ty be mine, for Je - sus brings me peace!

Let us pray.

Celebrant and People

Almighty and ever living God,

we thank you for feeding us with the spiritual food
of the most precious **Body and Blood**
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the **Body of Christ,**
and heirs of your eternal kingdom.

And now, send us out to do the work you have given us to do,

to love and serve you as faithful witnesses of Christ our Savior.

To him, to you, and to the Holy Spirit,

be honor and glory, now and for ever. Amen.

The people stand and the Priest blesses the people, saying

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen**

The blessing by the Priest is a reminder of the many blessings we already have from God. We are aware of some of the blessings and unaware of others. Our response to these blessings is gratitude and joy.

CONCLUDING HYMN

In Christ there is no East or West

Unison or harmony



1 In Christ there is no East or West, in
 2 Join hands, dis - ci - ples of the faith, what -
 3 In Christ now meet both East and West, in
 him no South or North, but one great fel - low -
 e'er your race may be! Who serves my Fa - ther
 him meet South and North, all Christ - ly souls are
 ship of love through - out the whole wide earth.
 as his child is sure - ly kin to me.
 one in him, through - out the whole wide earth.

Deacon Let us go forth in the name of Christ. Alleluia, alleluia!
People Thanks be to God. Alleluia, alleluia!

VOLUNTARY

During the musical postlude you are welcomed to depart quietly, or sit and listen. Both these choices are appropriate forms of worship.

LIFE AT ST. BARNABAS

CONFIRMATION CLASSES – In preparation for Bishop Lucinda’s annual visit with us at St. Barnabas on Sunday, February 25th, we are going to have a **three-week series** of Confirmation Classes on Thursday February 1, 8, and 15 at 7:00 pm. These confirmation classes are appropriate for those who want to be “confirmed” in the Episcopal Church or who want to be “received” from another Christian tradition. At times it is appropriate for a person who has already been confirmed as an Episcopalian to “re-affirm” their baptismal vows. Contact Fr. Rob for additional information.

SHROVE TUESDAY – There will be a Pancake Supper on February 13th to celebrate Shrove Tuesday. Dinner will be served from 5:00 to 6:00 pm.

We are looking for volunteers to help with the food preparation and the serving. If you are interested, please contact Pam Pano (4sasha@att.net).

AARP TAX-AIDE – will offer free income tax preparation services at St Barnabas’s church on Thursdays, beginning February 1st. Reservations can be made now at ccfreetax.org/appointment.html or by calling (805) 931-6308. A photo ID is required for the principal taxpayers and Social Security cards are required for every person in the tax return.

SOMEONE TO LISTEN TO YOU – When was the last time someone really listened to you? We’re talking about that undistracted, full-attention kind of listening. A person in pain needs that kind help. That’s one of the ways **Stephen Ministers** care for others. They share the warmth of God’s love with those who need it most: the lonely, the depressed, the grieving. People are precious, and when they hurt or suffer, they deserve the best care and support we can offer. That’s why our congregation has Stephen Ministers. Their training, commitment, and service make them the best at providing care for people who need it. Every day you see people who are hurting: those who have lost a job, have lost a loved one, have gone through a divorce, or are battling a terminal illness. Stephen Ministers are God’s representatives who bring his love to those who are hurting. ***Do you need someone with these gifts to listen to you?*** Deacon Susan can find a Stephen Minister for you. Call the church or email her at densusan.stbarnabas@gmail.com.

MINISTRY HIGHLIGHT – Take a look at the Weekly-E to find a report on this month’s ministry. Each month we will be focusing on one of the many ministries of St. Barnabas’ Episcopal Church. This month our focus is on the Candles and Flower dedications. Jane Delgadillo is the ministry leader.

OPPORTUNITIES TO GATHER VIRTUALLY

Sunday morning WORSHIP at 10:00 am – We live-stream our Sunday 10:00am worship services on the St. Barnabas' Facebook page: facebook.com/StBarnabasAG/

All you need is a computer or device with an internet connection and speakers to watch the live-stream; you do not need to have a Facebook account. A recording of the live-stream will be posted on the St. Barnabas YouTube Channel: (bit.ly/StBYoutube) following the service.

If you would like to participate more fully in the service, the order of service booklet is available for download on the St. Barnabas website by clicking the big blue "Weekly Bulletin" button on our website. Sunday morning worship bulletin is available starting at 1:00 pm on Thursday.

TUESDAY MORNING PRAYER at 9:30 am – Now Hybrid on Zoom and the church library in person. If you have a Book of Common Prayer at home that will be useful to have on hand.

Click this link to attend via your computer or device:

bit.ly/stbarnabasmorningprayer

To dial in call 1-669-900-6833. When prompted put in the Meeting ID of **878 6513 4138#** and when prompted for a password put in **365072#**, and then hit **#** a second time.

BIBLE STUDY Tuesdays at 10:00 am – Now Hybrid on Zoom and the church library in person. Bible Study will start at 10:00 am immediately following Morning Prayer. The Zoom login is the same as Morning Prayer (above). We are looking at the book of Genesis and for each of the 50 chapters, the text is printed and followed by a reflection, questions, and a prayer. The publisher invites us to "Come and explore the advent of humanity and the interplay of God and Humans with this daily guide..." The reflections are written by a variety of authors, clergy, scholars, and lay people. Feel free to contact Gerti Garner at ggrgarner@gmail.com for more information.

Friday 4:00 pm CENTERING PRAYER – Each Friday afternoon at 4pm we will hold a Centering Prayer Service. After first gathering for a few minutes, we practice our 20 minutes of silent Centering Prayer. Following the practice, we will be reading and discussing a passage from Catherine of Siena, a 14th century mystic who composed and dictated *The Dialogue*, a summary of her theology, her spirituality, and her pastoral concerns, becoming the first woman published in one of the Italian dialects. We are using *Set Aside Every Fear*, an edited collection of her prayers and reflections.

We meet every Friday from 4 – 5pm. We meet **in person** on **Friday, February 9th** (and every 2nd Friday) at St Barnabas. All other Fridays we meet via Zoom: bit.ly/stbarnabascenteringprayer.

To dial in call 1-669-900-6833. When prompted put in the Meeting ID of **867 7756 1670#** and when prompted for a password put in **034979#**, and then hit **#** a second time.

MAKING DONATIONS TO ST. BARNABAS

ELECTRONIC TRANSFER: You can make an electronic transfer to St. Barnabas using Quick Pay with Zelle set up. Many banks and financial institutions offer this method of funds transfer. Donations can be set up as one-time or recurring. To transfer money, use the email address of the Financial Secretary (stbarnabas.financial@gmail.com) as the recipient. If you have questions or difficulties setting it up, call Janette Sofranko at 805-801-4526. There are no fees associated with this type of transfer.

PayPal is another option for electronic transfer. You can find St. Barnabas using the email address of the Financial Secretary: stbarnabas.financial@gmail.com PayPal does charge St. Barnabas a processing fee.

AUTO PAY FROM YOUR FINANCIAL INSTITUTION: Many banks and financial institutions offer a service often called Auto Pay or Bill Pay. It's fairly easy to set up online or at the bank. The donation can be set up as one-time or recurring. The bank will issue the check on the date you give them and mail the check to St. Barnabas.

MAIL YOUR CHECK: You can also mail your check to St. Barnabas. Please put "Attn Financial Secretary" on the envelope. The address is: 301 Trinity Ave., Arroyo Grande, CA 93420

If you have any questions on how to make your donation, please feel free to contact Janette Sofranko, Financial Secretary, at 805-801-4526. You can also send an email to stbarnabas.financial@gmail.com. Thank you for your continued support of St. Barnabas.

DONATE

Donations of time and talent are just as important as financial donations.

THANK YOU TO EVERYONE WHO HELPS SERVE EACH SUNDAY!

Vestry Members – The governing board of our parish is made up of the following:

Class of 2024 – Melissa Biel, Steve Jerrick, Kris Vardas (Sr. Warden)

Class of 2025 – Rachel Mann, Carlos Ortiz (Jr. Warden), Brian Petersen

Class of 2026 – Robert Merritt, Sheila Miller, Tracy Schiro

This Week's Altar Guild Team:

Janette Sofranko, Ann Mathias, Michele Davenport, Susan DeNatale

Sunday School Teacher:

Pam & Aly Pano

CALENDAR
Week of February 4 – February 11

TODAY	In-Person Holy Communion.....	8:00 am
	In-Person Holy Communion*	10:00 am
	Children’s Sunday School.....	10:00 am
Tuesday	Morning Prayer (Hybrid Zoom & Church Library).....	9:30 am
	Biblical Roundtable (Hybrid Zoom & Church Library)	10:00 am
	12-Step Meeting (outdoors)	12:00 noon
Wednesday	Senior Fitness & Stretching with Sigrid	12:00 noon
	Writing from Life class	2:00 pm
	Choir Rehearsal.....	6:30 pm
Thursday	AARP Tax Prep	9:00 am
	Yoga with Sigrid.....	9:30 am
	Confirmation Class.....	7:00 pm
Friday	Centering Prayer (in Person).....	4:00 pm
	Senior Fitness & Stretching with Sigrid	12:00 noon
Saturday	Prison Volunteer Training.....	8:00 am
Sunday	In-Person Holy Communion.....	8:00 am
	In-Person Holy Communion*	10:00 am
	Children’s Sunday School.....	10:00 am

**In-person and via Facebook Live*

SERVING TODAY

Presider/Preacher The Rev. Rob Keim
 Deacon The Rev. Dcn. Susan Arnold
 8am Music Sharon Williams
 Minister of Music Janis Johnson
 Choral Scholars Katelyn Caron, Rachel Koenigsberg,
 Chris Marston, Alexander Miller

8 am

Eucharistic Minister Robert Merritt
 Chalice Karen Reinecke
 Lector / Usher Lorrie Erno
 Ushers Dave Rodgers
 Vestry on Call Tracy Schiro
 Coffee Hour Ministry Michele Davenport, Ann Mathias

10 am

Eucharistic Minister Kevin Pence
 Chalices David Murray, Pamela Jones, Gerti Garner
 Lector John Totten
 Ushers Pat & Penny Chambers, Gerti Garner
 Vestry on Call Rachel Mann
 Livestream Corey Kielan



301 Trinity Avenue, Arroyo Grande, CA 93420
 Phone: (805) 489-2990 | Email: saintbarnabas.ag@gmail.com
 Website: saintbarnabas-ag.org

SAINT BARNABAS’ OFFICE HOURS | TUES: 9AM – NOON, WEDS 9AM – 1PM, THURS 9 AM – 12:30 PM, 1:30 – 2 PM