



St. Barnabas' Episcopal Church

THE THIRD SUNDAY IN LENT
MARCH 12, 2023 | 8:00 am and 10:00 am



Ukrainian Artist: Oleksandr Antonyuk – Jesus and the Samaritan Woman

Was born in 1971 in the city of Kamianets-Podilsky. He graduated in 1998 from the Vasyl Stefanyk Precarpathian National University, the Faculty of Fine Arts. Antonyuk is a member of the National Union of Artists of Ukraine. Since 1998 he has been participating in Ukrainian and international art events.

God's discerning, inclusive, Christ-centered church, engaged in outreach ministry, growing discipleship, and life changing worship.

Welcome to Indoor Worship at St. Barnabas!

Welcome to our in-person indoor worship service. In order to worship safely we will:

- Have doors and windows open to provide fresh airflow,
- Be limited to those who have no COVID-19 symptoms and have not recently tested positive for COVID-19.
- Recommend that a mask be worn at all times, however, masks are optional for those who have been vaccinated and are healthy,
- Prohibit touching, hugging, and handshakes,
- Please note that we do not require COVID vaccination to attend worship at St. Barnabas.

Distribution of bread and wine:

- Starting from the back of the room, Ushers will invite you forward to receive the bread and wine.
- After receiving the bread, you may slip it under your mask to consume it.
- Then you may take a small bowl of wine from the tray and consume the wine before returning to your seat. Empty bowls may be placed in the baskets along the side of the room.
- If you are unable to come forward, let the ushers know so the bread can be brought to you.

Four courtyard and two narthex bathrooms are available for your use. Please use the disinfecting spray that is in the bathroom. If you have any questions or concerns, the Ushers are available to assist you.

Welcome to Online St. Barnabas!

Welcome to those joining our virtual worship with Facebook Live. We are glad to have you with us in this new way. You may access our livestream starting at 9:45 am at facebook.com/StBarnabasAG/

A recording of the live-stream will be posted on the St. Barnabas YouTube Channel (bit.ly/StBYouTube) the afternoon following the service.

Bidding (intercessory prayer) Book – If you would like to add a prayer to be read during the church service, you may add it to the “Bidding Book” located at the back of the church to the left of the doors. If you cannot join us in person and would like to add a prayer to be read during the church service you can email the name of the person to our parish office at saintbarnabas.ag@gmail.com (before Wednesday morning), or add it to the comments section on Facebook Live during the livestream.

Greens and Candle Dedications – Candles are lighted by St. Barnabas to the Glory of God. The greens have been placed on the altar by Bill Cockshott in loving memory of his brother “Tad”; by Barbara Conry in loving memory of her husband John.

Notable Events

Thursdays	March 16, 23, 30	Lenten book series “The Book of Forgiving” 6:30 pm
Saturday	March 18	Luncheon in honor of Shirley Holgate 12:00 noon
Sunday	March 19	Deanery Meeting 2:00 pm St. Peter’s Morro Bay
Sunday	April 2	Palm Sunday 8:00 am and 10:00 am
Thursday	April 6	Maundy Thursday service with full choir 7:00 pm
Sunday	April 9	Easter Vigil 6:00 am
Sunday	April 9	Easter Eucharist 10:00 am

Voluntary

Introit

Miserere

Sung by the Choral Scholars

*Miserere mei Deus,
secundum magnam misericordiam tuam,
et secundum multitudinem miserationum
tuarum dele iniquitatem meam.*

Have mercy upon me, O God,
after Thy great goodness
according to the multitude of Thy mercies
do away mine offences.

WORDS: PSALM 51

MUSIC: ANTONIO LOTTI, 1667-1740

The Word of God

Stand as you are able.

ENTRANCE HYMN

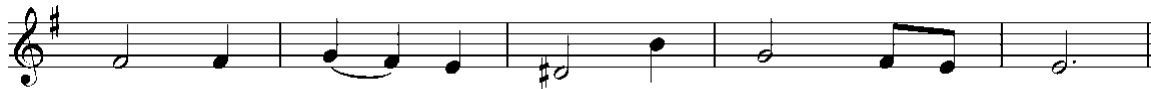
Creator of the earth and skies



1 Cre - a - tor of the earth and skies, to whom the
2 We have not known you: to the skies our mon - u -
3 We have not loved you: far and wide the wreck-age
4 For this, our fool - ish con - fi - dence, our pride of
5 Teach us to know and love you, Lord, and hum - bly



1 words of life be - long, grant us your truth to make us
2 ments of fol - ly soar, and all our self - wrought mis - er -
3 of our ha - tred spreads, and e - vils wrought by hu - man
4 know-ledge and our sin, we come to you in pen - i -
5 fol - low in your way. Speak to our souls the quick - ening



1 wise; grant us your power to make us strong.
2 ies have made us trust our - selves the more.
3 pride re - coil on un - re - pent - ant heads.
4 tence; in us the work of grace be - gin.
5 word, and turn our dark - ness in - to day.

During the season of Lent we emphasize **kneeling** for certain parts of the worship. If kneeling is not part of your spiritual practice or you have physical limitations, then feel free to sit instead.

In prior years we have begun our Lenten worship with a moment of silent meditation. Instead this year we have included **The Decalogue**, also known as the Ten Commandments. These are the most familiar Laws of the Old Testament. On one level these Laws are quite black and white, but at another level quite complex, and sometimes not easy to follow.

In the season of Lent we traditionally move the **Confession** and **Absolution** to the front part of the worship service. This is called "the penitential order." Again this year we are using the Confession from the supplemental Episcopal resource, "Enriching Our Worship." Using these less familiar words can cause us to reflect in new ways.

THE DECALOGUE

The People kneel.

Hear the commandments of God to his people:
I am the Lord your God who brought you out of bondage.
You shall have no other gods but me.

Amen. Lord have mercy.

You shall not make for yourself any idol.

Amen. Lord have mercy.

You shall not invoke with malice the Name of the Lord your God.

Amen. Lord have mercy.

Remember the Sabbath Day and keep it holy.

Amen. Lord have mercy.

Honor your father and your mother.

Amen. Lord have mercy.

You shall not commit murder.

Amen. Lord have mercy.

You shall not commit adultery.

Amen. Lord have mercy.

You shall not steal.

Amen. Lord have mercy.

You shall not be a false witness.

Amen. Lord have mercy.

You shall not covet anything that belongs to your neighbor.

Amen. Lord have mercy.

CONFESSION OF SIN

The Deacon says

Let us confess our sins to God.

Minister and People

God of all mercy,

**we confess that we have sinned against you,
opposing your will in our lives.**

**We have denied your goodness in each other,
in ourselves, and in the world you have created.**

**We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.**

**Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen**

The Celebrant stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen.

KYRIE

Cantor or Choir *All* *Cantor or Choir*
Lord, have mer - cy. Lord, have mer - cy. Christ, have mer - cy.
All *Cantor or Choir* *All*
Christ, have mer - cy. Lord, have mer - cy. Lord, have mer - cy.

The **Kyrie** is a prayer that is simultaneously a petition and a prayer of thanksgiving. It is an acknowledgment of what God has done, what God is doing, and what God will continue to do.

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lessons

The people sit.

FIRST READING: Exodus 17:1-7

A Reading from the book of Genesis.

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

Reader The Word of the Lord.

People **Thanks be to God.**

In each of our worship services we read four passages from the Bible: an Old Testament reading, a Psalm, a New Testament reading, and a Gospel reading. The readings are arranged in a three-year cycle so that we end up reading a large portion of the Bible in our worship.

The style of chant being used today is known as Plainsong.

The markings on the words align with the music notes.

The Cantor sings the antiphon.

The people repeat.

Verses are sung by half verse:

Cantor sings up to the asterisk. The people finish. The antiphon is sung again after the final verse.

Psalm 95

Antiphon



Hard - en not your hearts, as your fore - bears did in the wil - der - ness.

Psalm Tone



- 1 *Come, let us sing to the LÓRD; **
let us shout for joy to the Rock of our / salvátion.
- 2 Let us come before his presence with thanksgíving *
and raise a loud shout / to hím with psalms.
- 3 For the LORD is a gréat God, *
and a great King a/bove áll gods.
- 4 In his hand are the caverns of the éarth, *
and the heights of the hills are / his álso.
- 5 The sea is his, for he máde it, *
and his hands have molded / the drý land.
- 6 Come, let us bow down, and bénd the knee, *
and kneel before the LORD / our Máker.
- 7 For he is our God,
and we are the people of his pasture and the sheep of his hánd. *
Oh, that today you would hear/ken tó his voice!
- 8 Harden not your hearts,
as your forebears did in the wílderness, *
at Meribah, and on that day at Massah,
when / they témped me.
- 9 They put me to the tést, *
though they / had séen my works.
- 10 Forty years long I detested that generation and sáid, *
“This people are wayward in their hearts;
they do / not knów my ways.”
- 11 So I swore in my wráth, *
“They shall not enter / into my rest.” [Ant.]

Said at 8:00 am

Sung at 10:00 am

SECOND READING: Romans 5:1-11

A Reading from Paul's letter to the Church in Rome.

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader The Word of the Lord.
People Thanks be to God.

Romans contains the longest and most complex arguments in any of Paul's letters even though it is addressed to followers of Jesus he has never met. It is also the last of his letters that have been canonized in our New Testament.

In these verses Paul argues that through unmerited grace the life, death, and resurrection of Jesus have reconnected us back to God and given us eternal life.

SEQUENCE HYMN

O Love of God

Verses 1 & 2

All stand.



1 O Love of God, how strong and true, e - ter - nal
2 O wide - em - brac - ing, won - drous Love, we read thee
3 We read thee best in him who came to bear for
4 We read thy power to bless and save e'en in the



and yet ev - er new; un - com - pre - hend - ed and un -
in the sky a - bove; we read thee in the earth be -
us the cross of shame, sent by the Fa - ther from on
dark - ness of the grave; still more in re - sur - rec - tion



bought, be - yond all know - ledge and all thought.
low, in seas that swell and streams that flow.
high, our life to live, our death to die.
light we read the full - ness of thy might.

It is traditional for the people to stand as the Gospel Book is lifted high by the Deacon.

As the Gospel is announced, some people use their thumb to make the sign of the cross on their forehead, mouth, and heart. These three locations indicate that the Gospel reading is to enter the mind, voice, and heart. Some people also bow as a sign of reverence for Jesus who is depicted in the Gospels.

GOSPEL: John 4:5-42

All remain standing.

Deacon The Holy Gospel of our Lord Jesus Christ according to John.
People **Glory to you, Lord Christ.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water."

The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

THE PRAYERS OF THE PEOPLE

All kneel.

Deacon: In prayerful communion with faithful people throughout the world, let us pray for the needs of all people and for all of Creation, asking God to hear our prayer.

Let us pray that as we walk the way of love with compassion, justice, and reconciliation in our hearts, that we may inspire all the world to serve Christ in every living thing.

God of grace and love

Hear our prayer.

We pray for all those who hold authority in every community and every nation. That they may not lose sight of the most vulnerable among us, and that they may seek to protect them and the natural resources that help us all to thrive.

God of grace and love

Hear our prayer.

We pray for justice and peace throughout the earth, following the way of Jesus and learning from his example, seeking to serve him in all persons, loving our neighbors as ourselves and respecting the dignity of every human being.

God of grace and love

Hear our prayer.

We pray for the earth, that we may be emboldened to act on behalf of all of God's creation on land, in the seas and oceans, and in the air; protecting, restoring, and promoting the sustainable use of the land God commanded us to till and keep.

God of grace and love

Hear our prayer.

We pray for those struggling with poverty, hunger, and disease throughout the world; may every person have the resources they need to live and thrive in safety and all people in every nation have access to life-saving vaccines and medicine. **And in our own community we pray for: Julia, Aly Pano, Tom Arnold, Robert Merritt, Giuseppe Silvestre & Debby, Barbara, Marcie, and Michael.**

God of grace and love

Hear our prayer.

We pray for all who have died, especially as a result of poverty, hunger, disease, violence, or hardness of the human heart; **we pray for repose of soul for: Antionette, and Lowell Vander Ellis.**

God of grace and love

Hear our prayer.

You may type your own intercessory prayer requests in the comment section of Facebook Live.

*The parts of the prayer in **bold** are said out loud together.*

Prayer requests written in the bidding book (located on the shelf at the back of the worship space) and names put into the Comment Section of Facebook Live will be included in the bulletin next week.

And we give thanks for all who support the work of Episcopal Relief & Development, Ministry Partners, and Disaster Volunteers. We pray your guidance for their staff as they facilitate healthier, more fulfilling lives in communities struggling with poverty, hunger, disaster, and disease.

God of grace and love
Hear our prayer.

(The Intercessor then reads the petitions from the bidding book and from the comment section of FB Live.)

God of grace and love
Hear our prayer.

And after a moment of silence the Deacon adds a concluding Collect.

THE PEACE

All stand.

Celebrant The peace of the Lord be always with you.
People **And also with you.**

Then the Ministers and the People may greet one another in the name of the Lord.

ANNOUNCEMENTS

The people sit.

Birthdays: **Bill Long (92)**

Anniversaries:

Travelers:

Birthday Prayer

Gracious God, who made us in your own image, we thank you for life, love, and joy. Send your blessing upon these your children, who have completed another year. Surround them with your grace, fill them with your love, and strengthen them to be your servants in the world. This we ask through Jesus Christ our Lord. Amen.

Anniversary Prayer

We thank you, Gracious God, for the love you have implanted in the hearts of your servants and for your continued blessings upon them. Give them kind and loving hearts, always ready to ask forgiveness as well as to forgive. Support them through times of trial, strengthen their love for one another, and may that love empower them to be instruments of God's love in the world. This we ask through Jesus Christ our Lord. Amen.

Prayer for Travelers

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel; surround them with your loving care; protect them from every danger; and bring them in safety to their journey's end; through Jesus Christ our Lord. Amen.

*Each Sunday morning in the season of Lent we are praying for the work and ministry of the **Episcopal Relief and Development (ERD)** organization. Donating to ERD is an effective way for us to participate in solutions and reduce suffering in the world.*

The Holy Communion

The Celebrant says

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

OFFERTORY ANTHEM

Pie Jesu

sung by Chancel Choir

*Pie Jesu Domine,
Dona eis requiem sempiternam.*

Blessed Lord Jesus,
Grant them everlasting rest.

WORDS FROM THE MISSA PRO DEFUNCTIS

MUSIC FROM *REQUIEM* BY JOHN RUTTER

DOXOLOGY

The people stand and sing



Praise God, from whom all blessings flow; praise
him, all creatures here below; praise him above, ye
heavenly host: praise Father, Son, and Holy Ghost.

The Celebrant continues

We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you. This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

Celebrant and People

**We praise you,
we bless you,
we give thanks to you,
and we pray to you,
Lord our God.**

The Celebrant continues

Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

And grant that we may find our inheritance with the Blessed Virgin Mary, with patriarchs, prophets, apostles, and martyrs, with Barnabas and all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever. **Amen.**

The Deacon says

And now, as our Savior Christ has taught us, we are bold to say,

People and Celebrant

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.**

The Breaking of the Bread

The Celebrant and People sing together

Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

The image shows four staves of musical notation in G major (one sharp) and 4/4 time. The melody is simple and hymn-like, with lyrics written below the notes. The first staff ends with a double bar line. The second and third staves continue the melody. The fourth staff concludes with a double bar line.

The Celebrant says

The Gifts of God for the People of God.

The Fraction, also called The Breaking of the Bread, both recalls Jesus breaking bread at the Last Supper, and also reminds us that Jesus' body was broken on the cross for us. Therefore, we keep a moment of silence for prayers of awe and gratitude.

During the Communion Hymns we will have the distribution of the bread and wine.

The choir is served first so that they may then lead us in the singing.

Then, starting from the back of the room, Ushers will invite you forward to receive the bread and wine.

After receiving the bread you may slip it under your mask to consume it.

Then you may take a small bowl of wine from the tray and consume the wine before returning to your seat. Empty bowls may be placed in the baskets along the side of the room.

If you are unable to come forward, let the ushers know so the bread can be brought to you.

The music of our communion hymn was composed by Thomas Tallis (1505?-1585) and was used as the Theme of Vaughan Williams' 'Fantasia on a theme of Tallis'

COMMUNION HYMN

I heard the voice of Jesus say

1 I heard the voice of Je - sus say, "Come un - to me and rest;
2 I heard the voice of Je - sus say, "Be - hold, I free - ly give
3 I heard the voice of Je - sus say, "I am this dark world's light;

and in your wea - ri - ness lay down your head up - on my breast."
the liv - ing wa - ter; thirst - y one, stoop down and drink, and live."
look un - to me, your morn shall rise, and all your day be bright."

I came to Je - sus as I was, so wea - ry, worn, and sad;
I came to Je - sus, and I drank of that life - giv - ing stream;
I looked to Je - sus, and I found in him my Star, my Sun;

I found in him a rest - ing place, and he has made me glad.
my thirst was quenched, my soul re - vived, and now I live in him.
and in that light of life I'll walk till pil - grim days are done.

During this Season of Lent we will have a moment of silent meditation at this point in our worship.

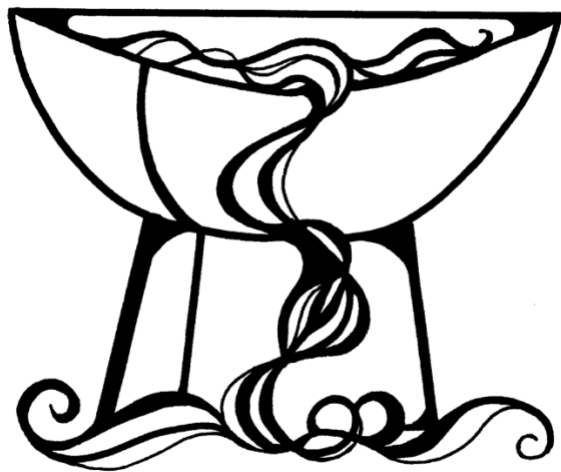
Let us pray.

Celebrant and People

**Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

Celebrant

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**



CLOSING HYMN

Glorious things of thee are spoken

Descant

4 Blest in - hab - it - ants of Zi - on, washed in the Re -

1 Glo - rious things of thee are spo - ken, Zi - on, ci - ty
 2 See! the streams of liv - ing wa - ters, spring - ing from e -
 3 Round each ha - bi - ta - tion hov - ering, see the cloud and
 4 Blest in - hab - it - ants of Zi - on, washed in the Re -

deem - er's blood! Whom their souls re -

of our God; he whose word can - not be
 ter - nal love, well sup - ply thy sons and
 fire ap - pear for a glo - ry and a
 deem - er's blood! Je - sus, whom their souls re -

ly on, makes them kings and priests to God.

bro - ken formed thee for his own a - bode;
 daugh - ters and all fear of want re - move.
 cov - ering, show - ing that the Lord is near.
 ly on, makes them kings and priests to God.

'Tis his love his peo - ple raise o - ver

on the Rock of A - ges found - ed, what can shake thy
 Who can faint, when such a riv - er ev - er will their
 Thus de - riv - ing from their ban - ner, light by night, and
 'Tis his love his peo - ple rais - es o - ver self to

self to reign and as priests, his

sure re - pose? With sal - va - tion's walls sur -
 thirst as - suage? Grace which, like the Lord, the
 shade by day, safe they feed up - on the
 reign as kings: and as priests, his sol - emn

sol - emn prais - es each an of - fering brings.

round - ed, thou may'st smile at all thy foes.
 giv - er nev - er fails from age to age.
 man - na which he gives them when they pray.
 prais - es each for a thank - of - fering brings.

Deacon Go in peace to love and serve the Lord.
People Thanks be to God.

Voluntary **Tallis Theme** **Thomas Tallis (1515-1585)**
 (The Theme of Vaughan Williams' 'Fantasia on a theme of Tallis')

It is traditional for the Deacon to share a Dismissal or "call to action" as we go back out into the world after worship.

LIFE AT ST. BARNABAS

St. Barnabas Adult Formation – We are excited to announce a five-part series based on Archbishop Desmond Tutu’s 2014 book, *The Book of Forgiving: The Fourfold Path for Healing Ourselves and Our World*. We will be using a curriculum developed by Canon Martha Korienek of our diocese, who writes, “People are understandably carrying around hurt and frustration over the last few years, so maybe this will speak to them in a new way.”

We will meet in person each Thursday starting March 2, food will be provided starting at 6:30 pm, with the program to start at 7:00 pm and end at 8:00 pm. We’ll use Scripture and study questions related to the material in the Archbishop’s book, have time for discussion and sharing of what forgiveness can mean for us personally, and especially how forgiveness can begin to create a world such that God might recognize it. Copies of the book are available for you at the entrance to the worship space (Narthex). Childcare will provided during the class.

Shirley Holgate luncheon, March 18th, 12 noon: Please join us for a luncheon to celebrate Shirley Holgate as ECW 2022 Honored Woman of the Year from St. Barnabas. Shirley Holgate is a woman who has a particular gift in creating community and staying in touch with others. She shares her heart with us and embraces others quite nicely. Shirley has served in a number of capacities, on our Vestry, as Senior Warden, and in our St. Barnabas Thrift Shop. She has also served as a Coordinator of our visitor hosts and ensured that newcomers to our parish feel welcomed. During Covid Shirley was one of our Guardians who helped stay in touch with fifteen families during a time when many of us felt disconnected. Shirley is also very active in our Prison Ministry especially with our Scribes where she is a pen pal with several inmates. It is a joy to be able to honor Shirley as our St. Barnabas Honored Women of the Year.

Please RSVP by 3/14 your attendance to Robert Merritt at RxMerritt@gmail.com or call (408) 891-2619.
PLEASE JOIN US IN WEARING SOMETHING PINK! 😊

Spring Renewal 2023 – April 28-29 at Sherwood Hall in Salinas

- Spring Renewal is the new annual gathering for the Diocese of El Camino Real
- Spring Renewal is for worship, thanksgiving and celebration
- Spring Renewal is for shared learning and growth
- Spring Renewal is for everyone in the Diocese

Spring Renewal, 2023, is a wonderful gathering for everyone in our diocese. This year, at our in-person gathering we welcome the Rt. Rev. Diana Akiyama, Bishop of the Episcopal Diocese of Oregon, as our Keynote Speaker. She will engage us more deeply with our theme for 2023, “Courage in the Wilderness.” Spring Renewal will have all the elements you miss from convention, without the business! We will worship, share a banquet to honor our ministries, enjoy presentations and conversation, and most of all, simply be together as a diocese.

Hygiene Bags Assembly – March 17th Saint Patrick’s Day

Help! We need 3-in-1 or 2-in-1 shampoo/body wash. We need at least 50 for this assembly day, March 17th. Your best bet to buy them is the Dollar Tree. We also need fabric to make bags. If you can donate plastic grocery store bags, that would be great too. You can leave them in the marked box in the narthex. Donations of any unopened toiletries are welcome. Come join us for Hygiene bag assembly on March 17th at 1-3pm in classroom 3-4. Just two short hours to do something great for our homeless neighbors!

AARP Tax-Aide – will offer free income tax preparation services at St Barnabas’s church on Thursdays, beginning February 2nd. Reservations can be made at ccfreetax.org/appointment.html or by calling (805) 931-6308. A photo ID is required for the principal taxpayers and Social Security cards are required for every person in the tax return. Appointments can be made starting January 18th.

Ministry Opportunities - Let Rob know if you are interested in any of the following.

- **Beginners Bible Study** - Some are newer to the Bible and feel our Tuesday morning Bible Study is a bit advanced for them. Are you interested in taking weekly introductory Bible course at St. Barnabas?
- **Emergency Responders** - Sometimes a medical emergency can occur on our campus. Are you interested in getting some CPR and emergency response training so that you can help in a pinch?
- **Social Justice** - We want to restart our Social Justice Coordinating Team. Do you have a heart for social justice and want to serve in this capacity at St. Barnabas?

Stephen Ministry — Stephen Ministers are laypeople-Christian men and women-trained to provide one-to-one care to people experiencing a difficult time in life, such as grief, divorce, job loss, chronic or terminal illness, relocation or separation due to military deployment. **Who Can Be A Stephen Minister? Maybe You!**

Stephen Ministers come from all walks of life. Their commonality? A passion for bringing Christ’s love and care to people in time of need. Our Stephen Leaders will train you in the skills you will need. Talk to any of our Stephen Leaders if you would like to know more about this ministry: Susan Arnold, Mark Hall, Elizabeth Hillis, & Paula Smith

Episcopal Relief and Development

Bishop Lucinda has asked the deacons in our diocese to let parishioners know that Episcopal Relief and Development is coordinating relief efforts with other religious and non-governmental agencies for earthquake victims in Turkey and Syria.

To donate go to: bit.ly/episcopalsyriaturkeyrelief

Also, February 26th, the first Sunday in Lent is Episcopal Relief and Development Sunday.

This is the link to resources: bit.ly/ERD23Resources

Deanery Meeting – Sunday March 19th, 2:00 pm. The first Deanery meeting of 2023 will be held at St. Peter’s, Morro Bay and is a hybrid meeting. Janna Nichols will speak about her important work as director of the 5 Cities Homeless Coalition.

Thrift Shop – Come see our new Thrift Shop Remodel! New amazing custom shelves painted and assembled by wonderful volunteers. Stop by and take a look.

OPPORTUNITIES TO GATHER VIRTUALLY

Sunday morning worship at 10:00 am – We live-stream our Sunday 10:00am worship services on the St. Barnabas' Facebook page
facebook.com/StBarnabasAG/

All you need is a computer or device with an internet connection and speakers to watch the live-stream; you do not need to have a Facebook account. A recording of the live-stream will be posted on the St. Barnabas YouTube Channel: (bit.ly/StBYouTube) following the service.

If you would like to participate more fully in the service, the order of service booklet is available for download on the St. Barnabas website by clicking the big blue "Weekly Bulletin" button on our website. Sunday morning worship bulletin is available starting at 1:00 pm on Thursday.

Tuesday Morning Prayer at 9:30 am – Now Hybrid on Zoom and the church library in person. If you have a Book of Common Prayer at home that will be useful to have on hand.

Click this link to attend via your computer or device:

bit.ly/stbarnabasmorningprayer

To dial in call 1-669-900-6833. When prompted put in the meeting id of **878 6513 4138#** and when prompted for a password put in **365072#**, and then hit **#** a second time.

Bible Study Tuesdays at 10:00 am – Now Hybrid on Zoom and the church library in person. Bible Study will start at **10:00 am** immediately following Morning Prayer. The Zoom login is the same as Morning Prayer (above). As we restart Bible Study the group will explore Paul's letter to the Romans. The guide has been updated to include material on Martin Luther and the Reformation since this is the 500th Anniversary. Call Mary Ann if you have any questions.

Friday afternoon Centering Prayer – Each Friday afternoon at 4pm we will hold a Centering Prayer Service. After first gathering for a few minutes, we practice our 20 minutes of silent Centering Prayer. Following the practice, we will be reading and discussing a passage from Evelyn Underhill, a modern spiritual writer. We'll be using *Grace Through Simplicity*, an edited collection of her prayers and reflections.

We meet EVERY Friday from 4 to 5pm **IN-PERSON at St Barnabas' on the 2nd Friday** and via Zoom on the other Fridays: bit.ly/stbarnabascenteringprayer

To dial in call 1-669-900-6833. When prompted put in the meeting id of **867 7756 1670#** and when prompted for a password put in **034979#**, and then hit **#** a second time.

Making donations to St. Barnabas – Even though some are not able to meet in-person for worship, many may want to continue to contribute to St. Barnabas. We have several options to continue giving as we progress through this change in how we worship.

Electronic transfer

This might be a good time to consider setting up electronic transfer of funds. At St. Barnabas we have Quick Pay with Zelle set up and many banks and financial institutions also use this software. Payments can be set up as one-time or recurring. To transfer money, use the email address of the Financial Secretary (stbarnabas.financial@gmail.com) as the recipient. If you have questions or difficulties setting it up, call Janette Sofranko at 805-801-4526

Auto pay from your financial institution

Many banks and financial institutions offer a service often called Auto Pay or Bill Pay. It's fairly easy to set up online if you do online banking. We have several donors using this option today. The payment can be set up one time or recurring. The bank will issue the check on the date you give them and mail the check to St. Barnabas.

Mail your check

You can also mail your check to St. Barnabas. The address is: 301 Trinity Ave., Arroyo Grande, CA 93420 Please put "Attn Financial Secretary" on the envelope.

If you have any questions on how to make your donation at this time, please feel free to contact Janette Sofranko, Financial Secretary, at 805-801-4526. You can also send an email to stbarnabas.financial@gmail.com. Thank-you for your continued support of St. Barnabas.



If you are reading the bulletin electronically, you can click on this button to donate immediately.

**Donations of time and talent are just as important as financial donations.
Thank you to everyone who helps make things happen on Sunday!**

Vestry Members – The governing board of our parish is made up of the following:

- Class of 2024 – Melissa Biel, Steve Jerrick, Kris Vardas (Sr. Warden)
- Class of 2025 – Rachel Mann, Carlos Ortiz (Jr. Warden), Brian Petersen
- Class of 2026 – Robert Merritt, Sheila Miller, Tracy Schiro

The Altar Guild Team:

Tricia Ottesen, Marsha Fasse, Paula Smith

Sunday School Teachers:

Pam & Aly Pano

Thank you to last week's Coffee Hour Hosts:

- 8:00 am Michele Davenport, Ann Mathias
- 10:00 am Julie Shires

This Week's Coffee Hour Hosts:

- 8:00 am Carlos Ortiz
- 10:00 am Janette Sofranko

CALENDAR
Week of March 12 – March 19

TODAY	In-Person Holy Communion.....	8:00 am
	In-Person Holy Communion*	10:00 am
	Children’s Sunday School.....	10:00 am
	Building & Grounds (after 10am service).....	11:15 am
Monday	Stephen Ministry	12:30 pm
Tuesday	Morning Prayer (Hybrid Zoom & Church Library).....	9:30 am
	Biblical Roundtable (Hybrid Zoom & Church Library)	10:00 am
	12-Step Meeting (outdoors)	12:00 pm
	Prison Ministry.....	2:00 pm
	Finance Committee.....	6:00 pm
Wednesday	Senior Fitness with Sigrid.....	12:00 noon
	Choir Rehearsal.....	6:30 pm
Thursday	Lenten Book series	6:30 pm
Friday	Senior Fitness with Sigrid.....	12:00 noon
	Centering Prayer (via Zoom)	4:00 pm
Saturday	Honored Woman of the Year Shirley Holgate.....	12:00 noon
Sunday	In-Person Holy Communion.....	8:00 am
	In-Person Holy Communion*	10:00 am
	Children’s Sunday School.....	10:00 am

** In-person and via Facebook Live*

SERVING TODAY

Presider / Preacher Rev. Rob Keim
 Deacon Rev. Dcn. Susan Arnold
 Minister of Music Janis Johnson
 Choral Scholars Katelyn Caron, Rachel Koenigsberg,
 Chris Marston, Alexander Miller
 Livestream Production Adam Loveridge

8:00 am

Eucharistic Minister Robert Merritt
 Lector/Usher Karen Reinecke
 2nd Chalice/Usher Michele Davenport
 Vestry/Coffee Hour Carlos Ortiz

10:00 am

Eucharistic Minister Tom Bormes
 Lector Paula Smith
 2nd Chalice David Murray
 Ushers David & Susan Murray, Carolyn Flynn
 Vestry on Call Sheila Miller
 Coffee Hour Janette Sofranko



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