



St. Barnabas' Episcopal Church

THE SECOND SUNDAY IN LENT
MARCH 5, 2023 | 8:00 am and 10:00 am



Artist: JESUS MAFA – Nicodemus

God's discerning, inclusive, Christ-centered church, engaged in outreach ministry, growing discipleship, and life changing worship.

Welcome to Indoor Worship at St. Barnabas!

Welcome to our in-person indoor worship service. In order to worship safely we will:

- Have doors and windows open to provide fresh airflow,
- Be limited to those who have no COVID-19 symptoms and have not recently tested positive for COVID-19.
- Recommend that a mask be worn at all times, however, masks are optional for those who have been vaccinated and are healthy,
- Prohibit touching, hugging, and handshakes,
- Please note that we do not require COVID vaccination to attend worship at St. Barnabas.

Distribution of bread and wine:

- Starting from the back of the room, Ushers will invite you forward to receive the bread and wine.
- After receiving the bread, you may slip it under your mask to consume it.
- Then you may take a small bowl of wine from the tray and consume the wine before returning to your seat. Empty bowls may be placed in the baskets along the side of the room.
- If you are unable to come forward, let the ushers know so the bread can be brought to you.

Four courtyard and two narthex bathrooms are available for your use. Please use the disinfecting spray that is in the bathroom. If you have any questions or concerns, the Ushers are available to assist you.

Welcome to Online St. Barnabas!

Welcome to those joining our virtual worship with Facebook Live. We are glad to have you with us in this new way. You may access our livestream starting at 9:45 am at facebook.com/StBarnabasAG/

A recording of the live-stream will be posted on the St. Barnabas YouTube Channel (bit.ly/StBYouTube) the afternoon following the service.

Bidding (intercessory prayer) Book – If you would like to add a prayer to be read during the church service, you may add it to the “Bidding Book” located at the back of the church to the left of the doors. If you cannot join us in person and would like to add a prayer to be read during the church service you can email the name of the person to our parish office at saintbarnabas.ag@gmail.com (before Wednesday morning), or add it to the comments section on Facebook Live during the livestream.

Greens and Candle Dedications – Candles are lighted by St. Barnabas to the Glory of God. The greens have been placed on the altar by St. Barnabas to the Glory of God.

Notable Events

Thursdays	March 9, 16, 23, 30	Lenten book series “The Book of Forgiving” 6:30 pm
Friday	March 17	Hygiene Bags Assembly
Saturday	March 18	Luncheon in honor of Shirley Holgate 12:00 noon
Sunday	March 19	Deanery Meeting 2:00 pm St. Peter’s Morro Bay
Sunday	April 2	Palm Sunday 8:00 am and 10:00 am
Thursday	April 6	Maundy Thursday service with full choir 7:00 pm
Sunday	April 9	Easter Vigil 6:00 am
Sunday	April 9	Easter Eucharist 10:00 am

DURING THE SEASON IN LENT WE OBSERVE SILENCE BEFORE THE SERVICE

Voluntary *Jesu, meine Freude* (Jesus, all my gladness) F. W. ZACHAU, 1663-1712

Introit

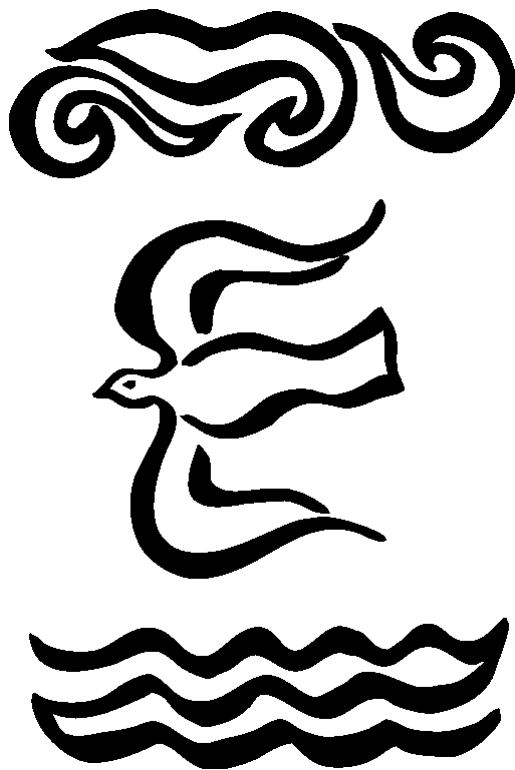
Sung by the Choral Scholars

*Adoramus te, Christe
et benedicimus tibi.
Quia per tuam sanctam crucem
redemisti mundum.*

We adore you, Christ Jesus,
with all our hearts do we bless you.
Christ, who upon the cross did suffer,
Lord, you have redeemed us.

WORDS: ATTR. TO ST. FRANCIS OF ASSISI, 1182-1226

MUSIC: WILLIAM BYRD, 1543-1623

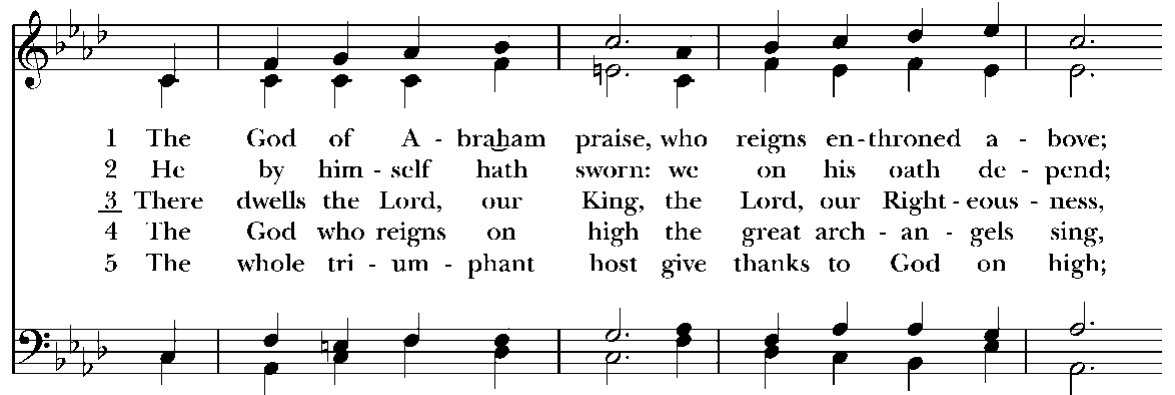


The Word of God

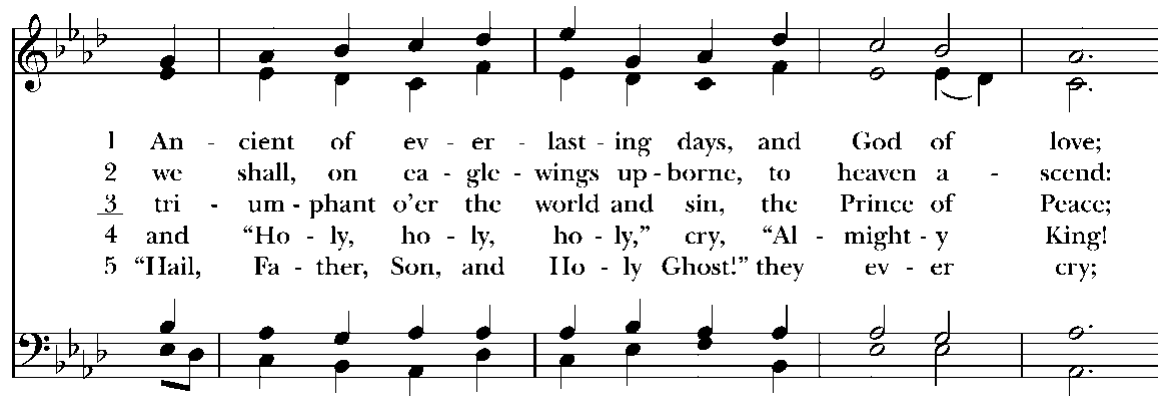
Stand as you are able.

ENTRANCE HYMN

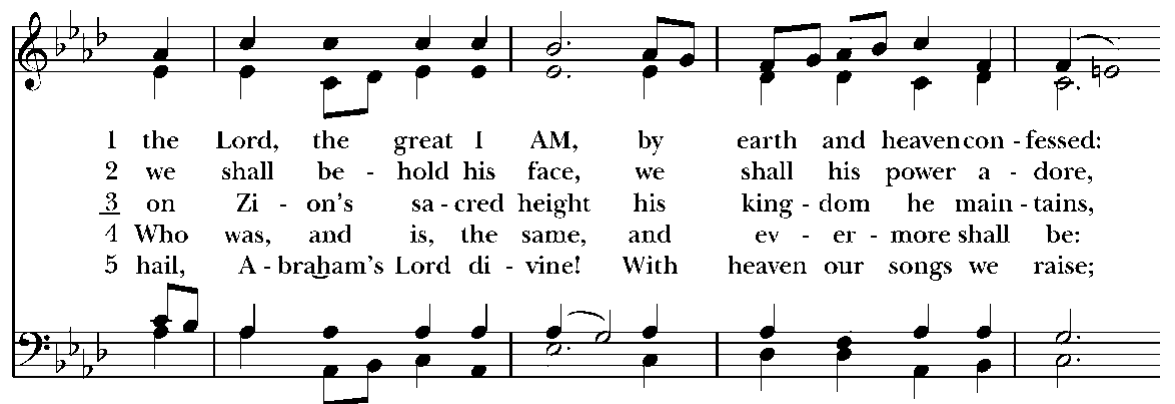
The God of Abraham praise



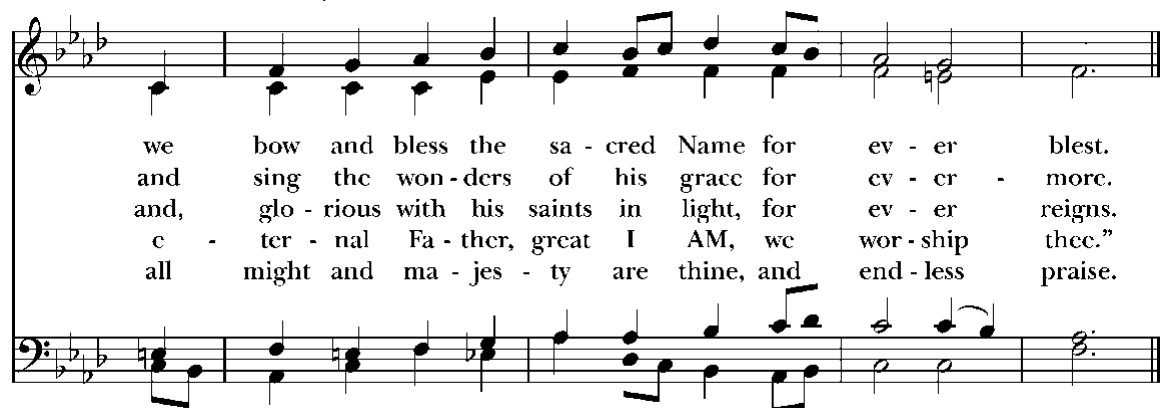
1 The God of A - braham praise, who reigns en - throned a - bove;
2 He by him - self hath sworn: we on his oath de - pend;
3 There dwells the Lord, our King, the Lord, our Right - eous - ness,
4 The God who reigns on high the great arch - an - gels sing,
5 The whole tri - um - phant host give thanks to God on high;



1 An - cient of ev - er - last - ing days, and God of love;
2 we shall, on ca - gle - wings up - borne, to heaven a - scend:
3 tri - um - phant o'er the world and sin, the Prince of Peace;
4 and "Ho - ly, ho - ly, ho - ly," cry, "Al - mighty King!
5 "Hail, Fa - ther, Son, and Ho - ly Ghost!" they ev - er cry;



1 the Lord, the great I AM, by earth and heaven con - fessed:
2 we shall be - hold his face, we shall his power a - dore,
3 on Zi - on's sa - cred height his king - dom he main - tains,
4 Who was, and is, the same, and ev - er - more shall be:
5 hail, A - braham's Lord di - vine! With heaven our songs we raise;



we bow and bless the sa - cred Name for ev - er blest.
and sing the won - ders of his grace for ev - er - more.
and, glo - rious with his saints in light, for ev - er reigns.
c - ter - nal Fa - ther, great I AM, we wor - ship thee."
all might and ma - jes - ty are thine, and end - less praise.

THE DECALOGUE

The People kneel.

Hear the commandments of God to his people:
I am the Lord your God who brought you out of bondage.
You shall have no other gods but me.

Amen. Lord have mercy.

You shall not make for yourself any idol.

Amen. Lord have mercy.

You shall not invoke with malice the Name of the Lord your God.

Amen. Lord have mercy.

Remember the Sabbath Day and keep it holy.

Amen. Lord have mercy.

Honor your father and your mother.

Amen. Lord have mercy.

You shall not commit murder.

Amen. Lord have mercy.

You shall not commit adultery.

Amen. Lord have mercy.

You shall not steal.

Amen. Lord have mercy.

You shall not be a false witness.

Amen. Lord have mercy.

You shall not covet anything that belongs to your neighbor.

Amen. Lord have mercy.

CONFESSION OF SIN

The Deacon says

Let us confess our sins to God.

Minister and People

**God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen**

The Celebrant stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen.

*During the season of Lent we emphasize **kneeling** for certain parts of the worship. If kneeling is not part of your spiritual practice or you have physical limitations, then feel free to sit instead.*

*In prior years we have begun our Lenten worship with a moment of silent meditation. Instead this year we have included **The Decalogue**, also known as the **Ten Commandments**. These are the most familiar Laws of the Old Testament. On one level these Laws are quite black and white, but at another level quite complex, and sometimes not easy to follow.*

*In the season of Lent we traditionally move the **Confession** and **Absolution** to the front part of the worship service. This is called "the penitential order." Again this year we are using the Confession from the supplemental Episcopal resource, "Enriching Our Worship." Using these less familiar words can cause us to reflect in new ways.*

The *Kyrie* is a prayer that is simultaneously a petition and a prayer of thanksgiving. It is an acknowledgment of what God has done, what God is doing, and what God will continue to do.

KYRIE

The musical notation for the Kyrie consists of two staves. The first staff has three measures: the first measure is labeled 'Cantor or Choir' and contains the lyrics 'Lord, have mer - cy.'; the second measure is labeled 'All' and contains 'Lord, have mer - cy.'; the third measure is labeled 'Cantor or Choir' and contains 'Christ, have mer - cy.'. The second staff has three measures: the first measure is labeled 'All' and contains 'Christ, have mer - cy.'; the second measure is labeled 'Cantor or Choir' and contains 'Lord, have mer - cy.'; the third measure is labeled 'All' and contains 'Lord, have mer - cy.'. The music is written in a single treble clef with a key signature of one flat (B-flat) and a common time signature (C).

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen.**

The *Collect of the Day* is a prayer that “collects” and organizes our thoughts. Like a sonnet or haiku, it follows a traditional structure – a preamble (address, invocation), a petition, and a conclusion (meditation). There is often an allusion to the Gospel reading. There is a *Collect of the Day* for each week of the year as well as special feast days.



The Lessons

The people sit.

FIRST READING: Genesis 12:1-4a

A Reading from the book of Genesis.

The Lord said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.” So Abram went, as the Lord had told him; and Lot went with him.

Reader The Word of the Lord.

People Thanks be to God.

Psalm 121

Said at 8:00 am

Sung at 10:00 am

Antiphon



My help comes from the LORD, the mak - er of heav - en and earth.



- 1 *I lift* up my eyes to the hills; *
from where is my help to come?
- 2 My help comes from the LORD, *
the maker of heaven and earth.
- 3 He will not let your foot be moved *
and he who watches over you will not fall asleep.
- 4 Behold, he who keeps watch over Israel *
shall neither slumber nor sleep;
- 5 The LORD himself watches over you; *
the LORD is your shade at your right hand.
- 6 So that the sun shall not strike you by day, *
—nor the moon by night.
- 7 The LORD shall preserve you from all evil; *
it is he who shall keep you safe.
- 8 The LORD shall watch over your going out and your coming in, *
from this time forth for evermore. [Ant.]

In each of our worship services we read four passages from the Bible: an Old Testament reading, a Psalm, a New Testament reading, and a Gospel reading. The readings are arranged in a three-year cycle so that we end up reading a large portion of the Bible in our worship.

The style of chant being used today is known as Plainsong.

The markings on the words align with the music notes. The Cantor sings the antiphon. The people repeat. Verses are sung by half verse: Cantor sings up to the asterisk. The people finish. The antiphon is sung again after the final verse.

Romans contains the longest and most complex arguments in any of Paul's letters even though it is addressed to followers of Jesus he has never met. It is also the last of his letters that have been canonized in our New Testament.

In these verses Paul argues that God's love and covenant with Abraham predates the giving of the Law to Moses by several hundred years. By extension faith predates the Law for us as well and love is what it is all about.

SECOND READING: Romans 4:1-5, 13-17

A Reading from Paul's letter to the Church in Rome.

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? "Abraham believed God, and it was reckoned to him as righteousness." Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations")—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Reader The Word of the Lord.

People Thanks be to God.

SEQUENCE HYMN

Now let us all with one accord

Verses 1 – 3

All stand.



1 Now let us all with one ac - cord, in
 2 The cov - e - nant, so long re - vealed to
 3 Your love, O Lord, our sin - ful race has
 4 Re - mem - ber, Lord, though frail we be, in
 5 There - fore, we pray you, Lord, for - give; so



1 com - pa - ny with a - ges past, keep vi - gil with our
 2 those of faith in for - mer time, Christ by his own ex -
 3 not re - turned, but fal - si - fied; au - thor of mer - cy,
 4 your own i - mage were we made; help us, lest in anx -
 5 when our wan - derings here shall cease, we may with you for



1 heaven - ly Lord in his temp - ta - tion and his fast.
 2 am - ple sealed, the Lord of love, in love sub - lime.
 3 turn your face and grant re - pent - ance for our pride.
 4 i - e - ty, we cause your Name to be be - trayed.
 5 ev - er live, in love and u - ni - ty and peace.

GOSPEL: John 3:1-17

All remain standing.

Deacon The Holy Gospel of our Lord Jesus Christ according to John.
People **Glory to you, Lord Christ.**

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things?"

"Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

"For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

"Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

Deacon The Gospel of the Lord.
People **Praise to you, Lord Christ.**

SEQUENCE HYMN

Now let us all with one accord

**Verse 4 & 5
Prior Page**

THE SERMON

Followed by a moment of silent meditation.

The Rev. Rob Keim

It is traditional for the people to stand as the Gospel Book is lifted high by the Deacon.

As the Gospel is announced, some people use their thumb to make the sign of the cross on their forehead, mouth, and heart. These three locations indicate that the Gospel reading is to enter the mind, voice, and heart. Some people also bow as a sign of reverence for Jesus who is depicted in the Gospels.

THE NICENE CREED

All stand.

Said at 8:00 am
Chanted at 10:00 am

*At the 10:00 am service
Creed is chanted. The
congregation monotonous
on G though out the
Creed. Parts may be
done by choir or organ.*

*Note how chanting feels
different than saying the
Creed. It resonates inside
of you.*

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

THE PRAYERS OF THE PEOPLE

All kneel.

Deacon: In prayerful communion with faithful people throughout the world, let us pray for the needs of all people and for all of Creation, asking God to hear our prayer.

Let us pray that as we walk the way of love with compassion, justice, and reconciliation in our hearts, that we may inspire all the world to serve Christ in every living thing.

God of grace and love

Hear our prayer.

We pray for all those who hold authority in every community and every nation. That they may not lose sight of the most vulnerable among us, and that they may seek to protect them and the natural resources that help us all to thrive.

God of grace and love

Hear our prayer.

We pray for justice and peace throughout the earth, following the way of Jesus and learning from his example, seeking to serve him in all persons, loving our neighbors as ourselves and respecting the dignity of every human being.

God of grace and love

Hear our prayer.

We pray for the earth, that we may be emboldened to act on behalf of all of God's creation on land, in the seas and oceans, and in the air; protecting, restoring, and promoting the sustainable use of the land God commanded us to till and keep.

God of grace and love

Hear our prayer.

We pray for those struggling with poverty, hunger, and disease throughout the world; may every person have the resources they need to live and thrive in safety and all people in every nation have access to life-saving vaccines and medicine. **And in our own community we pray for: Rebecca, Molly Cornwell, Rossette, Reva, Dana, Libby & family, Pauline, Brandon, Craig Martin, Stan Martin, John Totten, Marilyn, Robert, Carlos, Jim, and Jonathan.**

God of grace and love

Hear our prayer.

We pray for all who have died, especially as a result of poverty, hunger, disease, violence, or hardness of the human heart; **we pray for repose of soul for: Bishop David O'Connell, Michael, and Ryan Watson**

God of grace and love

Hear our prayer.

And we give thanks for all who support the work of Episcopal Relief & Development, Ministry Partners, and Disaster Volunteers. We pray your guidance for their staff as they facilitate healthier, more fulfilling lives in communities struggling with poverty, hunger, disaster, and disease.

God of grace and love

Hear our prayer.

You may type your own intercessory prayer requests in the comment section of Facebook Live.

*The parts of the prayer in **bold** are said out loud together.*

Prayer requests written in the bidding book (located on the shelf at the back of the worship space) and names put into the Comment Section of Facebook Live will be included in the bulletin next week.

(The Intercessor then reads the petitions from the bidding book and from the comment section of FB Live.)

God of grace and love

Hear our prayer.

And after a moment of silence the Deacon adds a concluding Collect.

THE PEACE

All stand.

Celebrant The peace of the Lord be always with you.

People **And also with you.**

Then the Ministers and the People may greet one another in the name of the Lord.

ANNOUNCEMENTS

The people sit.

Birthdays: **Gladys Johnson (98)**

Anniversaries:

Travelers:

Birthday Prayer

Gracious God, who made us in your own image, we thank you for life, love, and joy. Send your blessing upon these your children, who have completed another year. Surround them with your grace, fill them with your love, and strengthen them to be your servants in the world. This we ask through Jesus Christ our Lord. Amen.

Anniversary Prayer

We thank you, Gracious God, for the love you have implanted in the hearts of your servants and for your continued blessings upon them. Give them kind and loving hearts, always ready to ask forgiveness as well as to forgive. Support them through times of trial, strengthen their love for one another, and may that love empower them to be instruments of God's love in the world. This we ask through Jesus Christ our Lord. Amen.

Prayer for Travelers

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel; surround them with your loving care; protect them from every danger; and bring them in safety to their journey's end; through Jesus Christ our Lord. Amen.

The Holy Communion

The Celebrant says

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

OFFERTORY ANTHEM

sung by the Choral Scholars

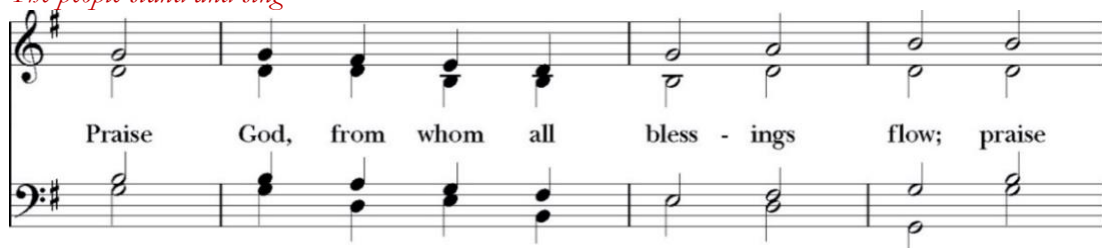
Keep me faithfully in thy paths, O Lord,
And cleanse me from my sin.
In thy goodness, Lord, be thou merciful.
Keep me faithfully in thy paths, O Lord,
And cleanse me from my sin.

WORDS FROM THE FIRST CHANDOS ANTHEM, c. 1717

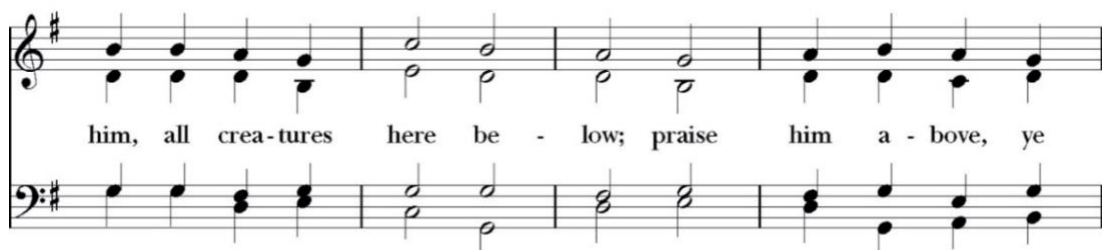
MUSIC: GEORGE FREDERICK HANDEL (1685-1759)

DOXOLOGY

The people stand and sing



Praise God, from whom all blessings flow; praise



him, all creatures here below; praise him above, ye



heavenly host: praise Father, Son, and Holy Ghost.

The Celebrant continues

We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you. This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

Celebrant and People

**We praise you, we bless you, we give thanks to you, and we pray to you,
Lord our God.**

The Celebrant continues

Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

And grant that we may find our inheritance with the Blessed Virgin Mary, with patriarchs, prophets, apostles, and martyrs, with Barnabas and all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever. **Amen.**

The Deacon says

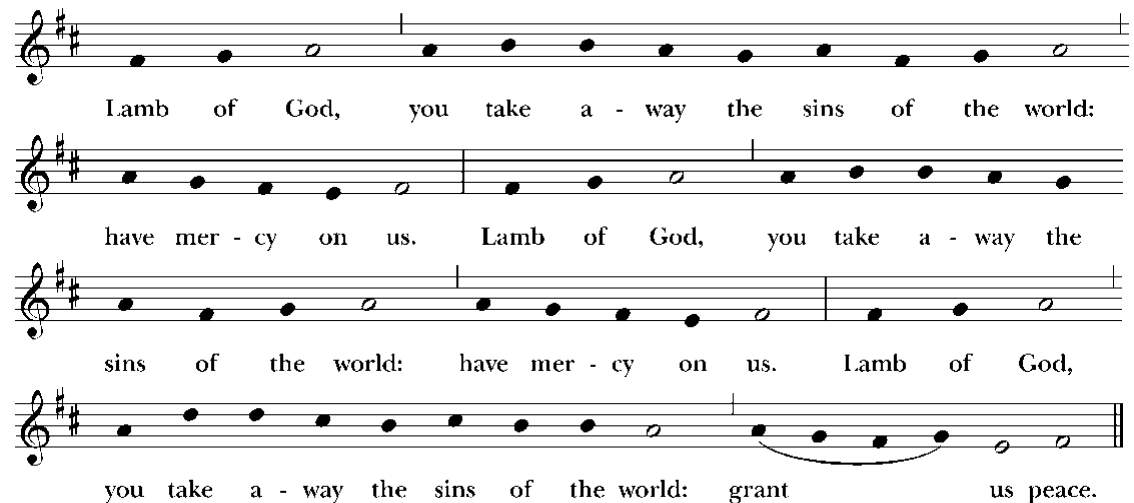
And now, as our Savior Christ has taught us, we are bold to say,

People and Celebrant

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.**

The Breaking of the Bread

The Celebrant and People sing together



Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

The Celebrant says

The Gifts of God for the People of God.

The Fraction, also called The Breaking of the Bread, both recalls Jesus breaking bread at the Last Supper, and also reminds us that Jesus' body was broken on the cross for us. Therefore, we keep a moment of silence for prayers of awe and gratitude.

COMMUNION HYMN

Let thy Blood in mercy poured,

1 Let thy Blood in mer - cy poured, let thy gra - cious
 2 Thou didst die that I might live; bless - ed Lord, thou
 3 By the thorns that crowned thy brow, by the spear-wound
 4 Wilt thou own the gift I bring? All my pen - i -

Bo - dy bro - ken, be to me, O gra - cious Lord,
 cam'st to save me; all that love of God could give
 and the nail - ing, by the pain and death, I now
 tence I give thee; thou art my ex - alt - ed King,

Refrain
 of thy bound-less love the to - ken.
 Jes - us by his sor - rows gave me. Thou didst give thy -
 claim, O Christ, thy love un - fail - ing.
 of thy match-less love for - give me.

self for me, now I give my - self to thee.

During the Communion Hymns we will have the distribution of the bread and wine.

The choir is served first so that they may then lead us in the singing.

Then, starting from the back of the room, Ushers will invite you forward to receive the bread and wine.

After receiving the bread you may slip it under your mask to consume it.

Then you may take a small bowl of wine from the tray and consume the wine before returning to your seat. Empty bowls may be placed in the baskets along the side of the room.

If you are unable to come forward, let the ushers know so the bread can be brought to you.

During this Season of Lent we will have a moment of silent meditation at this point in our worship.

Let us pray.

Celebrant and People

**Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

Celebrant

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**



CLOSING HYMN

Lift high the cross

Descant

Lift high the cross, the love of Christ pro - claim

Refrain

Lift high the cross, the love of Christ pro - claim

till all the world a - dore his sa - cred Name.

till all the world a - dore his sa - cred Name.

Led on their way by this tri - um - phant sign,
 Each new - born ser - vant of the Cru - ci - fied
 O Lord, once lift - ed on the glo - rious tree,
 So shall our song of tri - umph ev - er be:

Repeat Refrain

the hosts of God in con - quering ranks com - bine.
 bears on the brow the seal of him who died.
 as thou hast prom - ised, draw the world to thee.
 praise to the Cru - ci - fied for vic - to - ry.

Deacon Go in peace to love and serve the Lord.
People Thanks be to God.

Voluntary Variation 6 on *Jesu, meine Freude* F. W. ZACHAU, 1663-1712

It is traditional for the Deacon to share a Dismissal or "call to action" as we go back out into the world after worship.

LIFE AT ST. BARNABAS

St. Barnabas Adult Formation – We are excited to announce a five-part series based on Archbishop Desmond Tutu’s 2014 book, *The Book of Forgiving: The Fourfold Path for Healing Ourselves and Our World*. We will be using a curriculum developed by Canon Martha Korienek of our diocese, who writes, “People are understandably carrying around hurt and frustration over the last few years, so maybe this will speak to them in a new way.”

We will meet in person each Thursday starting March 2, food will be provided starting at 6:30 pm, with the program to start at 7:00 pm and end at 8:00 pm. We’ll use Scripture and study questions related to the material in the Archbishop’s book, have time for discussion and sharing of what forgiveness can mean for us personally, and especially how forgiveness can begin to create a world such that God might recognize it. Copies of the book are available for you at the entrance to the worship space (Narthex). Childcare will provided during the class.

Shirley Holgate luncheon, March 18th, 12 noon: Please join us for a luncheon to celebrate Shirley Holgate as ECW 2022 Honored Woman of the Year from St. Barnabas. Shirley Holgate is a woman who has a particular gift in creating community and staying in touch with others. She shares her heart with us and embraces others quite nicely. Shirley has served in a number of capacities, on our Vestry, as Senior Warden, and in our St. Barnabas Thrift Shop. She has also served as a Coordinator of our visitor hosts and ensured that newcomers to our parish feel welcomed. During Covid Shirley was one of our Guardians who helped stay in touch with fifteen families during a time when many of us felt disconnected. Shirley is also very active in our Prison Ministry especially with our Scribes where she is a pen pal with several inmates. It is a joy to be able to honor Shirley as our St. Barnabas Honored Women of the Year.

Please RSVP your attendance to Robert Merritt at RxMerritt@gmail.com or call (408) 891-2619.

Spring Renewal 2023 – April 28-29 at Sherwood Hall in Salinas

- Spring Renewal is the new annual gathering for the Diocese of El Camino Real
- Spring Renewal is for worship, thanksgiving and celebration
- Spring Renewal is for shared learning and growth
- Spring Renewal is for everyone in the Diocese

Spring Renewal, 2023, is a wonderful gathering for everyone in our diocese. This year, at our in-person gathering we welcome the Rt. Rev. Diana Akiyama, Bishop of the Episcopal Diocese of Oregon, as our Keynote Speaker. She will engage us more deeply with our theme for 2023, “Courage in the Wilderness.” Spring Renewal will have all the elements you miss from convention, without the business! We will worship, share a banquet to honor our ministries, enjoy presentations and conversation, and most of all, simply be together as a diocese.

Hygiene Bags Assembly – March 17th Saint Patrick’s Day

Help! We need 3-in-1 or 2-in-1 shampoo/body wash. We need at least 50 for this assembly day, March 17th. Your best bet to buy them is the Dollar Tree. We also need fabric to make bags. If you can donate plastic grocery store bags, that would be great too. You can leave them in the marked box in the narthex. Donations of any unopened toiletries are welcome. Come join us for Hygiene bag assembly on March 17th at 1-3pm in classroom 3-4. Just two short hours to do something great for our homeless neighbors!

SLO Canterbury Foundation – which supports Episcopal Campus Ministry at Cal Poly and Cuesta College, is looking for a new Board Member to represent St Barnabas. The term is 1-year, renewable, starting July 1, 2023. The Board meets the second Tuesday of the month via Zoom, with one in-person retreat each year. We are eager to welcome someone with experience growing and engaging sustaining monthly donors, but this is not a requirement. Please call or text SLO Canterbury Foundation Board Chair, Rachel Mann, at 612-729-5664 or email her at ms.rachel.mann@gmail.com if you are interested in learning more.

AARP Tax-Aide – will offer free income tax preparation services at St Barnabas’s church on Thursdays, beginning February 2nd. Reservations can be made at ccfreetax.org/appointment.html or by calling (805) 931-6308. A photo ID is required for the principal taxpayers and Social Security cards are required for every person in the tax return. Appointments can be made starting January 18th.

Ministry Opportunities - Let Rob know if you are interested in any of the following.

- **Beginners Bible Study** - Some are newer to the Bible and feel our Tuesday morning Bible Study is a bit advanced for them. Are you interested in taking weekly introductory Bible course at St. Barnabas?
- **Emergency Responders** - Sometimes a medical emergency can occur on our campus. Are you interested in getting some CPR and emergency response training so that you can help in a pinch?
- **Social Justice** - We want to restart our Social Justice Coordinating Team. Do you have a heart for social justice and want to serve in this capacity at St. Barnabas?

Episcopal Relief and Development

Bishop Lucinda has asked the deacons in our diocese to let parishioners know that Episcopal Relief and Development is coordinating relief efforts with other religious and non-governmental agencies for earthquake victims in Turkey and Syria.

To donate go to: bit.ly/episcopalsyriaturkeyrelief

Also, February 26th, the first Sunday in Lent is Episcopal Relief and Development Sunday.

This is the link to resources: bit.ly/ERD23Resources

Deanery Meeting – Sunday March 19th, 2:00 pm. The first Deanery meeting of 2023 will be held at St. Peter’s, Morro Bay and is a hybrid meeting. Janna Nichols will speak about her important work as director of the 5 Cities Homeless Coalition.

OPPORTUNITIES TO GATHER VIRTUALLY

Sunday morning worship at 10:00 am – We live-stream our Sunday 10:00am worship services on the St. Barnabas' Facebook page
facebook.com/StBarnabasAG/

All you need is a computer or device with an internet connection and speakers to watch the live-stream; you do not need to have a Facebook account. A recording of the live-stream will be posted on the St. Barnabas YouTube Channel: (bit.ly/StBYouTube) following the service.

If you would like to participate more fully in the service, the order of service booklet is available for download on the St. Barnabas website by clicking the big blue "Weekly Bulletin" button on our website. Sunday morning worship bulletin is available starting at 1:00 pm on Thursday.

Tuesday Morning Prayer at 9:30 am – Now Hybrid on Zoom and the church library in person. If you have a Book of Common Prayer at home that will be useful to have on hand.

Click this link to attend via your computer or device:

bit.ly/stbarnabasmorningprayer

To dial in call 1-669-900-6833. When prompted put in the meeting id of **878 6513 4138#** and when prompted for a password put in **365072#**, and then hit **#** a second time.

Bible Study Tuesdays at 10:00 am – Now Hybrid on Zoom and the church library in person. Bible Study will start at **10:00 am** immediately following Morning Prayer. The Zoom login is the same as Morning Prayer (above). As we restart Bible Study the group will explore Paul's letter to the Romans. The guide has been updated to include material on Martin Luther and the Reformation since this is the 500th Anniversary. Call Mary Ann if you have any questions.

Friday afternoon Centering Prayer – Each Friday afternoon at 4pm we will hold a Centering Prayer Service. After first gathering for a few minutes, we practice our 20 minutes of silent Centering Prayer. Following the practice, we will be reading and discussing a passage from Evelyn Underhill, a modern spiritual writer. We'll be using *Grace Through Simplicity*, an edited collection of her prayers and reflections.

We meet EVERY Friday from 4 to 5pm **IN-PERSON at St Barnabas' on the 2nd Friday** and via Zoom on the other Fridays: bit.ly/stbarnabascenteringprayer

To dial in call 1-669-900-6833. When prompted put in the meeting id of **867 7756 1670#** and when prompted for a password put in **034979#**, and then hit **#** a second time.

Making donations to St. Barnabas – Even though some are not able to meet in-person for worship, many may want to continue to contribute to St. Barnabas. We have several options to continue giving as we progress through this change in how we worship.

Electronic transfer

This might be a good time to consider setting up electronic transfer of funds. At St. Barnabas we have Quick Pay with Zelle set up and many banks and financial institutions also use this software. Payments can be set up as one-time or recurring. To transfer money, use the email address of the Financial Secretary (stbarnabas.financial@gmail.com) as the recipient. If you have questions or difficulties setting it up, call Janette Sofranko at 805-801-4526

Auto pay from your financial institution

Many banks and financial institutions offer a service often called Auto Pay or Bill Pay. It's fairly easy to set up online if you do online banking. We have several donors using this option today. The payment can be set up one time or recurring. The bank will issue the check on the date you give them and mail the check to St. Barnabas.

Mail your check

You can also mail your check to St. Barnabas. The address is: 301 Trinity Ave., Arroyo Grande, CA 93420 Please put "Attn Financial Secretary" on the envelope.

If you have any questions on how to make your donation at this time, please feel free to contact Janette Sofranko, Financial Secretary, at 805-801-4526. You can also send an email to stbarnabas.financial@gmail.com. Thank-you for your continued support of St. Barnabas.



If you are reading the bulletin electronically, you can click on this button to donate immediately.

**Donations of time and talent are just as important as financial donations.
Thank you to everyone who helps make things happen on Sunday!**

Vestry Members – The governing board of our parish is made up of the following:

- Class of 2024 – Melissa Biel, Steve Jerrick, Kris Vardas (Sr. Warden)
- Class of 2025 – Rachel Mann, Carlos Ortiz (Jr. Warden), Brian Petersen
- Class of 2026 – Robert Merritt, Sheila Miller, Tracy Schiro

The Altar Guild Team:

Janette Sofranko, Ann Mathias, Charmaine Peterson, Michele Davenport

Sunday School Teachers:

Pam & Aly Pano

Thank you to last week's Coffee Hour Hosts:

- 8:00 am David & Sharon Williams
- 10:00 am Stephen Ministry

This Week's Coffee Hour Hosts:

- 8:00 am Michele Davenport, Ann Mathias
- 10:00 am

CALENDAR
Week of March 5 – March 12

TODAY	In-Person Holy Communion.....	8:00 am
	In-Person Holy Communion*	10:00 am
	Children’s Sunday School.....	10:00 am
Tuesday	Morning Prayer (Hybrid Zoom & Church Library).....	9:30 am
	Biblical Roundtable (Hybrid Zoom & Church Library)	10:00 am
	12-Step Meeting (outdoors)	12:00 pm
Wednesday	Senior Fitness with Sigrid.....	12:00 noon
	Choir Rehearsal.....	6:30 pm
	Building & Grounds (via Zoom)	7:00 pm
Thursday	Lenten Book series	6:30 pm
Friday	Senior Fitness with Sigrid.....	12:00 noon
	Centering Prayer (via Zoom)	4:00 pm
Sunday	In-Person Holy Communion.....	8:00 am
	In-Person Holy Communion*	10:00 am
	Children’s Sunday School.....	10:00 am

** In-person and via Facebook Live*

SERVING TODAY

Presider / Preacher Rev. Rob Keim
 Deacon Rev. Dcn. Susan Arnold
 Minister of Music Janis Johnson
 Choral Scholars Katelyn Caron, Alexander Miller
 Livestream Production Jeff Diehl

8:00 am

Eucharistic Minister Karen Reinecke
 Lector Georgianna Gleason
 2nd Chalice Carlos Ortiz
 Ushers Ann Mathias, David Murray
 Vestry on Call Robert Merritt
 Coffee Hour Michele Davenport, Ann Mathias

10:00 am

Eucharistic Minister Deborah Miller
 2nd Chalice Tom Bormes
 Lector John Totten
 Ushers Pat & Penny Chambers, Gerti Garner
 Vestry on Call Sheila Miller
 Coffee Hour



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