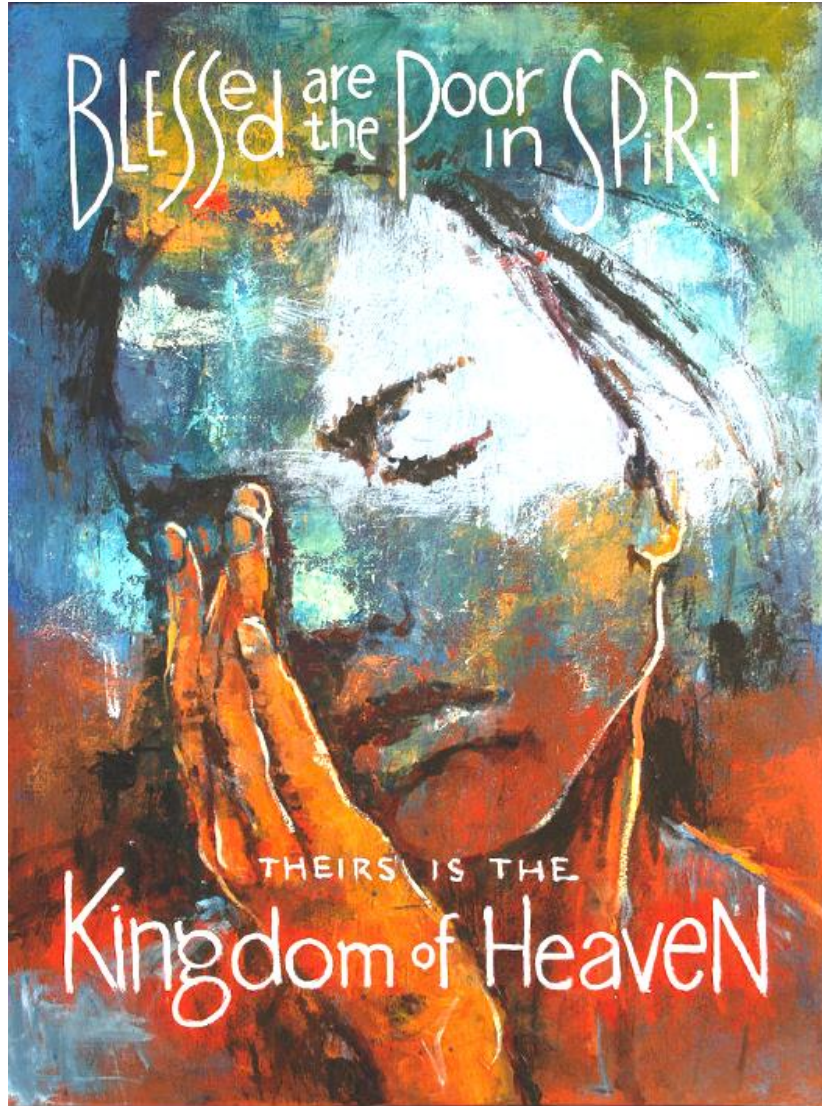




# St. Barnabas' Episcopal Church

FOURTH SUNDAY AFTER EPIPHANY  
JANUARY 29, 2023 | 8:00 am and 10:00 am



*Artist Hyatt Moore – [hyattmoore.com/store/The\\_Beatitudes](http://hyattmoore.com/store/The_Beatitudes)*

God's discerning, inclusive, Christ-centered church, engaged in outreach ministry, growing discipleship, and life changing worship.

### Welcome to Indoor Worship at St. Barnabas!

Welcome to our in-person indoor worship service. In order to worship safely we will:

- Have doors and windows open to provide fresh airflow,
- Be limited to those who have no COVID-19 symptoms and have not recently tested positive for COVID-19.
- Recommend that a mask be worn at all times, however, masks are optional for those who have been vaccinated and are healthy,
- Prohibit touching, hugging, and handshakes,
- Please note that we do not require COVID vaccination to attend worship at St. Barnabas.

Distribution of bread and wine:

- Starting from the back of the room, Ushers will invite you forward to receive the bread and wine.
- After receiving the bread, you may slip it under your mask to consume it.
- Then you may take a small bowl of wine from the tray and consume the wine before returning to your seat. Empty bowls may be placed in the baskets along the side of the room.
- If you are unable to come forward, let the ushers know so the bread can be brought to you.

Four courtyard and two narthex bathrooms are available for your use. Please use the disinfecting spray that is in the bathroom. If you have any questions or concerns, the Ushers are available to assist you.

### Welcome to Online St. Barnabas!

Welcome to those joining our virtual worship with Facebook Live. We are glad to have you with us in this new way. You may access our livestream starting at 9:45 am at [facebook.com/StBarnabasAG/](https://facebook.com/StBarnabasAG/)

A recording of the live-stream will be posted on the St. Barnabas YouTube Channel ([bit.ly/StBYouTube](https://bit.ly/StBYouTube)) the afternoon following the service.

**Bidding (intercessory prayer) Book** – If you would like to add a prayer to be read during the church service, you may add it to the “Bidding Book” located at the back of the church to the left of the doors. If you cannot join us in person and would like to add a prayer to be read during the church service you can email the name of the person to our parish office at [saintbarnabas.ag@gmail.com](mailto:saintbarnabas.ag@gmail.com) (before Wednesday morning), or add it to the comments section on Facebook Live during the livestream.

**Flower and Candle Dedications** – Candles are lighted by St. Barnabas to the Glory of God. The flowers have been placed on the altar by Hiliary Craig and Philip in loving memory of their parents, Tom and Phyllis Bryant, and sister Audrey.

### *Notable Events*

<b>Sunday</b>	<b>January 29</b>	<b>Parish Annual Meeting 11:15 am</b>
<b>Sunday</b>	<b>February 5</b>	<b>Bishop’s visit 8:00 am and 10:00 am</b>
<b>Sunday</b>	<b>February 5</b>	<b>Norman and Pat Somes Memorial Service 2:00 pm</b>
<b>Saturday</b>	<b>February 11</b>	<b>Vestry Retreat 10:00 am</b>
<b>Wednesday</b>	<b>February 22</b>	<b>Ash Wednesday services 12:00 noon and 7:00 pm</b>



Voluntary

Introit

Sung by the Choral Scholars

Blessed are the pure in heart, for they shall see our God:  
The secret of the Lord is theirs, their soul is Christ's abode.  
Still to the lowly soul he doth himself impart,  
and for his cradle and his throne chooseth the pure in heart.

WORDS: JOHN KEBLE

MUSIC: HENRY WALFORD DAVIES (1869-1941)

# The Word of God

*Stand as you are able.*

## ENTRANCE HYMN

### I, the Lord of sea and sky

*Unison*

1. I, the Lord	of sea and sky,	I have heard	my
2. I, the Lord	of snow and rain,	I have borne	my
3. I, the Lord	of wind and flame,	I will tend	the

peo - ple cry.	All who dwell	in deep - est sin	My hand will
peo - ple's pain.	I have wept	for love of them,	They turn a -
poor and lame.	I will set	a feast for them,	My hand will

save.	I who made	the stars of night,
way.	I will break	their hearts of stone,
save.	Fin - est bread	I will pro - vide

I will make their dark - ness bright. Who will bear my  
 Give them hearts for love a - lone. I will speak my  
 Till their hearts be sat - is - fied. I will give my

light to them? Whom shall I send? \_\_\_\_\_  
 word to them. Whom shall I send? \_\_\_\_\_  
 life to them. Whom shall I send? \_\_\_\_\_

*Refrain*

Here I am, Lord. \_\_\_\_\_ Is it I, Lord? \_\_\_\_\_ I have

heard you call - ing in the night. \_\_\_\_\_ I will go, Lord, \_\_\_\_\_

\_\_\_\_\_ if you lead me, \_\_\_\_\_ I will hold your peo - ple in my

|| 1. 2. || 3.

heart. \_\_\_\_\_ heart. \_\_\_\_\_

*The Celebrant says*

*Celebrant*

Bless-ed be the one, ho - ly and liv - ing God.

*People*

Glo - ry to God for ev - er and ev - er.

## COLLECT FOR PURITY

*The Celebrant says*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

## OPENING ANTHEM

### Glory to God

*The music for our new Gloria was written in 1485 and began life as a popular lament by a young man who must leave his love behind in Innsbruck, Austria.*

Glory to God in the highest, and peace to his peo-ple on earth.

*The tune was so popular that a set of sacred lyrics was written for it, and it is found in our hymnal today with two other different texts for the service of Compline (#46) and the Eucharist (#309).*

Lord God, heavenly King, almighty God and Father, we worship you, we give

*This chant setting for the Gloria was adapted by Fred Goff, and shows the power of the Holy Spirit to move us through the medium of music irrespective of its age or origin.*

you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father,

Lord God, Lamb of God, you take away the sin of the world:

have mer - cy on us; You are seated at the right hand of the Father:

re - ceive our prayer. For you alone are the Ho - ly One,

you a - lone are the Lord, you alone are the Most High,

Je - sus Christ, with the Ho - ly Spirit, in the glo - ry

of God the Fa - ther. A - men.

## THE COLLECT OF THE DAY

*Celebrant*           The Lord be with you.

**People**               **And also with you.**

*Celebrant*           Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## The Lessons

*The people sit.*

### FIRST READING: Micah 6:1-8

A Reading from the book of the prophet Micah.

<sup>1</sup>Hear what the Lord says:

“Rise, plead your case before the mountains,  
and let the hills hear your voice.

<sup>2</sup>Hear, you mountains, the controversy of the Lord,  
and you enduring foundations of the earth;  
for the Lord has a controversy with his people,  
and he will contend with Israel.”

<sup>3</sup>“O my people, what have I done to you?

In what have I wearied you? Answer me!

<sup>4</sup>For I brought you up from the land of Egypt,  
and redeemed you from the house of slavery;  
and I sent before you Moses,  
Aaron, and Miriam.

<sup>5</sup>O my people, remember now what King Balak of Moab devised,  
what Balaam son of Beor answered him,  
and what happened from Shittim to Gilgal,  
that you may know the saving acts of the Lord.”

<sup>6</sup>“With what shall I come before the Lord,  
and bow myself before God on high?

Shall I come before him with burnt offerings,  
with calves a year old?

<sup>7</sup>Will the Lord be pleased with thousands of rams,  
with ten thousands of rivers of oil?

Shall I give my firstborn for my transgression,  
the fruit of my body for the sin of my soul?”

<sup>8</sup>He has told you, O mortal, what is good;  
and what does the Lord require of you  
but to do justice, and to love kindness,  
and to walk humbly with your God?

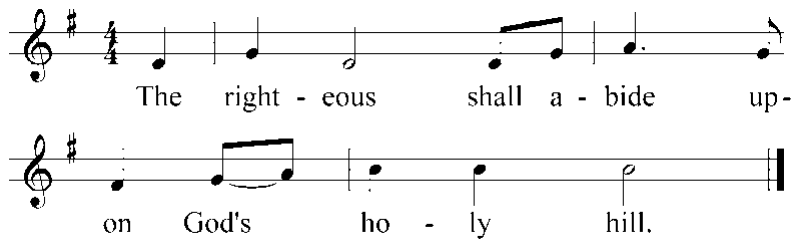
*Reader*               The Word of the Lord.

**People**               **Thanks be to God.**

*In each of our worship services we read four passages from the Bible: an Old Testament reading, a Psalm, a New Testament reading, and a Gospel reading. The readings are arranged in a three-year cycle so that we end up reading a large portion of the Bible in our worship. Today's readings are specific to the fourth Sunday after Epiphany. The three-year cycle is called the Revised Common Lectionary (RCL) and it is used by most mainline denominations.*



## Psalm 15



- <sup>1</sup>Lord, who may dwell in your tabernacle? \*  
who may abide upon your holy hill?
- <sup>2</sup>Whoever leads a blameless life and does what is right, \*  
who speaks the truth from his heart. *Refrain.*
- <sup>3</sup>There is no guile upon his tongue;  
he does no evil to his friend; \*  
he does not heap contempt upon his neighbor.
- <sup>4</sup>In his sight the wicked is rejected, \*  
but he honors those who fear the Lord. *Refrain.*
- <sup>5</sup>He has sworn to do no wrong \*  
and does not take back his word.
- <sup>6</sup>He does not give his money in hope of gain, \*  
nor does he take a bribe against the innocent. *Refrain.*
- <sup>7</sup>Whoever does these things \*  
shall never be overthrown. *Refrain.*



8am – Said by All  
10am – Sung by the  
Choral Scholars.  
All sing refrain.

*The style of chant being used today is known as the Portland Psalter. It has a very singable refrain that is sung by all at the appointed times in the chant. These chants were originally written by Robert A. Hawthorne for his congregation in Oregon.*

## SECOND READING: 1 Corinthians 1:18-31

A Reading from Paul's First letter to the Church in Corinth.

<sup>18</sup>The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. <sup>19</sup>For it is written,

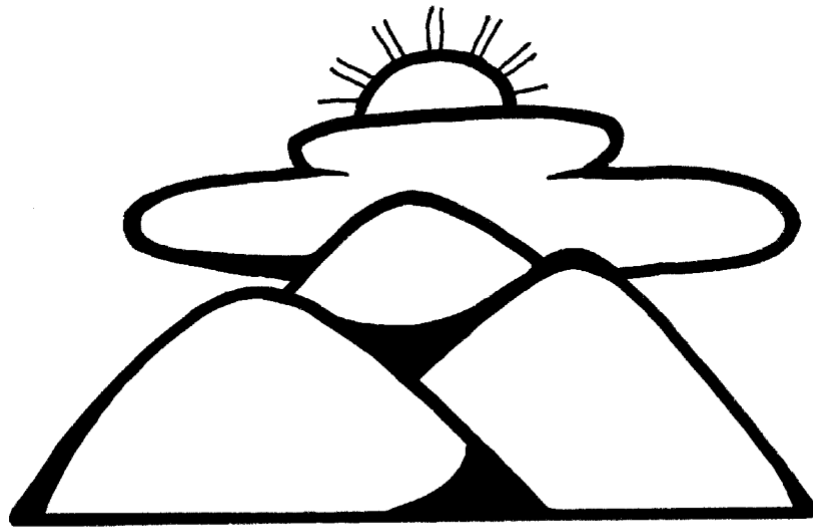
“I will destroy the wisdom of the wise,  
and the discernment of the discerning I will thwart.”

<sup>20</sup>Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? <sup>21</sup>For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. <sup>22</sup>For Jews demand signs and Greeks desire wisdom, <sup>23</sup>but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, <sup>24</sup>but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. <sup>25</sup>For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

<sup>26</sup>Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. <sup>27</sup>But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; <sup>28</sup>God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, <sup>29</sup>so that no one might boast in the presence of God. <sup>30</sup>He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, <sup>31</sup>in order that, as it is written, “Let the one who boasts, boast in the Lord.”

*Reader*            The Word of the Lord.

***People***            **Thanks be to God.**



1. On a hill far a - way stood an old rug - ged cross,  
 2. Oh, that old rug - ged cross so de - spised by the world,  
 3. In the old rug - ged cross, stained with blood so di - vine,  
 4. To the old rug - ged cross I will ev - er be true,

1. The em - blem of suf - f'ring and shame;  
 2. Has a won - drous at - trac - tion for me;  
 3. A won - drous beau - ty I see;  
 4. Its shame and re - proach glad - ly bear;

1. And I love that old cross where the dear - est and best  
 2. For the dear Lamb of God left His glo - ry a - bove,  
 3. For 'twas on that old cross Je - sus suf - fered and died,  
 4. Then He'll call me some day to my home far a - way,

1. For a world of lost sin - ners was slain.  
 2. To bear it to dark Cal - va - ry.  
 3. To par - don and sanc - ti - fy me.  
 4. Where His glo - ry for - ev - er I'll share.

old rug - ged cross

So I'll cher - ish the cross, the old rug - ged cross,

The first system of music features a vocal line in the treble clef and a piano accompaniment in the bass clef. The key signature has one flat (B-flat). The vocal line begins with a quarter note G4, followed by a quarter note A4, and then a quarter note Bb4. The piano accompaniment consists of a steady eighth-note pattern in the right hand and a bass line in the left hand.

Till my tro - phies at last I lay down;

The second system continues the vocal line and piano accompaniment. The vocal line has a quarter note G4, a quarter note A4, and a quarter note Bb4. The piano accompaniment maintains the same rhythmic pattern.

old rug - ged cross,

I will cling to the cross, the old rug - ged cross,

The third system continues the vocal line and piano accompaniment. The vocal line has a quarter note G4, a quarter note A4, and a quarter note Bb4. The piano accompaniment maintains the same rhythmic pattern.

And ex - change it some day for a crown.

The fourth system concludes the vocal line and piano accompaniment. The vocal line has a quarter note G4, a quarter note A4, and a quarter note Bb4. The piano accompaniment maintains the same rhythmic pattern.

**GOSPEL: Matthew 5:1-12**

*All stand.*

*Deacon* The Holy Gospel of our Lord Jesus Christ according to Matthew.  
*People* **Glory to you, Lord Christ.**

<sup>1</sup>When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. <sup>2</sup>Then he began to speak, and taught them, saying:  
<sup>3</sup>“Blessed are the poor in spirit, for theirs is the kingdom of heaven.  
<sup>4</sup>“Blessed are those who mourn, for they will be comforted.  
<sup>5</sup>“Blessed are the meek, for they will inherit the earth.  
<sup>6</sup>“Blessed are those who hunger and thirst for righteousness, for they will be filled.  
<sup>7</sup>“Blessed are the merciful, for they will receive mercy.  
<sup>8</sup>“Blessed are the pure in heart, for they will see God.  
<sup>9</sup>“Blessed are the peacemakers, for they will be called children of God.  
<sup>10</sup>“Blessed are those who are persecuted for righteousness’ sake, for theirs is the kingdom of heaven.  
<sup>11</sup>“Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. <sup>12</sup>Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.”

*Deacon* The Gospel of the Lord.  
*People* **Praise to you, Lord Christ.**

**SEQUENCE HYMN**

**The old rugged cross**

**Verses 3 & 4  
Prior Pages**

**THE SERMON**

*Followed by a moment of silent mediation.*

**The Rev. Rob Keim**

*It is traditional for the people to stand as the Gospel Book is lifted high by the Deacon.*

*As the Gospel is announced, some people use their thumb to make the sign of the cross on their forehead, mouth, and heart. These three locations indicate that the Gospel reading is to enter the mind, voice, and heart. Some people also bow as a sign of reverence for Jesus who is depicted in the Gospels.*

*It is customary for us to say the **Nicene Creed** any time we have a Eucharist. The Creed is structured in the three-fold way of the Trinity – Father, Son, and Holy Spirit.*

## **THE NICENE CREED**

*All stand.*

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## THE PRAYERS OF THE PEOPLE

*All remain standing.*

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

*(Silence)*

Lord, in your mercy

**Hear our prayer.**

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

*(Silence)*

Lord, in your mercy

**Hear our prayer.**

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

*(Silence)*

Lord, in your mercy

**Hear our prayer.**

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

*(Silence)*

Lord, in your mercy

**Hear our prayer.**

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation. **We pray for Sidney Duntun, Kathy Luck, Paula, Alice, Margaret, Kathy, Ricardo Calzada & family, Anatha & Dalenna Chavez, Stan Martin, Phillip Sisco, Alicia, Felix, Sal Samari, and Diana Guida.**

*(Silence)*

Lord, in your mercy

**Hear our prayer.**

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom. **We pray for the repose of soul for Debbie Powell, Hody Childress, Casey Hayden, "Lion King" Jack Gatz, Gene Martin, and Tom Ryan.**

*(Silence)*

Lord, in your mercy

**Hear our prayer.**

*(The Intercessor then reads the petitions from the bidding book and from the comment section of FB Live.)*

*(Silence)*

Lord, in your mercy

**Hear our prayer.**

*And after a moment of silence the Deacon adds a concluding Collect.*

*You may type your own intercessory prayer requests in the comment section of Facebook Live.*

*The parts of the prayer in **bold** are said out loud together.*

*Prayer requests written in the bidding book (located on the shelf at the back of the worship space) and names put into the Comment Section of Facebook Live will be included in the bulletin next week.*

*In response to the Confession the Priest says the Absolution signifying the grace that we have already received through Jesus. As the Absolution is said some choose to make the sign of the Cross by using the fingers to touch the forehead, heart, left shoulder and right shoulder, and back to the heart again.*

## CONFESSION OF SIN

*The Deacon or Celebrant says*

Let us confess our sins against God and our neighbor.

*Minister and People say*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed, by what we have done,  
and by what we have left undone.**

**We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.**

**We are truly sorry and we humbly repent.**

**For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

*The Priest stands and says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.  
**Amen.**

## THE PEACE

*All stand.*

*Celebrant*           The peace of the Lord be always with you.

*People*             **And also with you.**

*Then the Ministers and the People may greet one another in the name of the Lord.*

## ANNOUNCEMENTS

*The people sit.*

**Birthdays:**           Tim, Michael Boyer, Bill Cockshott

**Anniversaries:**

**Travelers:**

### Birthday Prayer

Gracious God, who made us in your own image, we thank you for life, love, and joy. Send your blessing upon these your children, who have completed another year. Surround them with your grace, fill them with your love, and strengthen them to be your servants in the world. This we ask through Jesus Christ our Lord. Amen.

### Anniversary Prayer

We thank you, Gracious God, for the love you have implanted in the hearts of your servants and for your continued blessings upon them. Give them kind and loving hearts, always ready to ask forgiveness as well as to forgive. Support them through times of trial, strengthen their love for one another, and may that love empower them to be instruments of God's love in the world. This we ask through Jesus Christ our Lord. Amen.



## Prayer for Travelers

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel; surround them with your loving care; protect them from every danger; and bring them in safety to their journey's end; through Jesus Christ our Lord. Amen.

## The Holy Communion

*The Celebrant says*

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

### OFFERTORY ANTHEM

sung by the Choral Scholars

'Tis the gift to be simple, 'tis the gift to be free  
'Tis the gift to come down where we ought to be,  
And when we find ourselves in the place just right,  
'Twill be in the valley of love and delight.  
When true simplicity is gain'd,  
to bow and to bend we shan't be asham'd,  
to turn, turn will be our delight,  
till by turning, turning we come 'round right.

WORDS & MUSIC: SHAKER HYMN, 18TH CENTURY; ARR. BY ROBERT LEHMAN

### DOXOLOGY

*The people stand and sing*

Praise God, from whom all bless - ings flow; praise  
him, all crea - tures here be - low; praise him a - bove, ye  
heaven - ly host: praise Fa - ther, Son, and Ho - ly Ghost.

In this Season of Epiphany we are using **Eucharistic Prayer C** from our Episcopal Book of Common Prayer. Note the emphasis on God's Creation.

## The Great Thanksgiving

*The People remain standing.*

*Celebrant* The Lord be with you.

**People** And also with you.

*Celebrant* Lift up your hearts.

**People** We lift them to the Lord.

*Celebrant* Let us give thanks to the Lord our God.

**People** It is right to give him thanks and praise.

*The Celebrant continues*

God of all power, Ruler of the Universe, you are worthy of glory and praise.

**Glory to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

**By your will they were created and have their being.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

**Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

**By his blood, he reconciled us.**

**By his wounds, we are healed.**

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

*At 8:00 am the Sanctus is said by the Celebrant and People*

**Holy, Holy, Holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

*At 10:00 am the Sanctus is sung by the Celebrant and People*

Ho - ly, ho - ly, ho - ly Lord, God of power and  
might, Ho - ly, ho - ly, ho - ly Lord,  
God of power and might, hea-ven and earth are  
full, full of your glo - ry. Ho -  
san - na in the high - est. Ho - san - na  
in the high - est. Bless - ed is he who comes  
in the name of the Lord. Ho - san - na



*The Celebrant continues*

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

**We celebrate his death and resurrection,  
as we await the day of his coming.**

*The Celebrant continues*

Lord God of our Fathers and Mothers; God of Abraham, Isaac, and Jacob; God of Sarah, Rebecca, Leah, and Rachel. God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen.**

*The original version of this Eucharistic Prayer only listed the Patriarchs (men) from some of the early Old Testament stories. We know that God also honored the women of these stories, so we add them. You may note there are three men and four women. Remember that Leah and Rachel both had Jacob as a husband.*

*The Deacon says*

And now, as our Savior Christ has taught us, we are bold to say,

*People and Celebrant*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,  
as we forgive those who trespass against us.

And lead us not into temptation,  
but deliver us from evil.

For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.

## The Breaking of the Bread

*The Celebrant and People sing together*

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.  
Christ our Pass - o - ver is sac - ri - ficed for us;  
there - fore let us keep the feast.  
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

The musical notation consists of four staves of music in G major (one sharp) and 4/4 time. The lyrics are written below the notes. The first staff contains the first line of the Alleluia. The second staff contains the beginning of the second line. The third staff contains the beginning of the third line. The fourth staff contains the end of the Alleluia.

*The Celebrant says*

The Gifts of God for the People of God.

*The Fraction, also called **The Breaking of the Bread**, both recalls Jesus breaking bread at the Last Supper, and also reminds us that Jesus' body was broken on the cross for us. Therefore, we keep a moment of silence for prayers of awe and gratitude.*

**COMMUNION HYMN I am the bread of life**

*During the Communion Hymns we will have the distribution of the bread and wine.*

*The choir is served first so that they may then lead us in the singing.*

*Then, starting from the back of the room, Ushers will invite you forward to receive the bread and wine.*

*After receiving the bread you may slip it under your mask to consume it.*

*Then you may take a small bowl of wine from the tray and consume the wine before returning to your seat. Empty bowls may be placed in the baskets along the side of the room.*

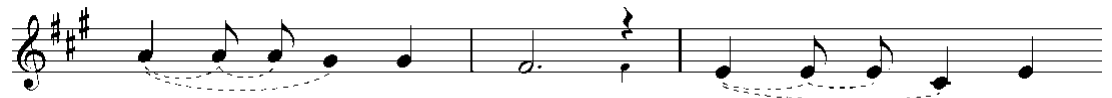
*If you are unable to come forward, let the ushers know so the bread can be brought to you.*



1 I am the bread of life; they who  
 2 (The) Bread that I will give is my  
 3 (Un-) less you eat of the  
 4 I am the re - sur - rec - tion,  
 5 (Yes,) Lord, we be - lieve that



1 come to me shall not hun - ger; they who be -  
 2 Flesh for the life of the world, and they who  
 3 Flesh of the Son of Man and  
 4 I am the life. They who be -  
 5 you are the Christ, the



1 lieve in me shall not thirst. No one can come to  
 2 eat of this bread, they shall live for  
 3 drink of his Blood, you shall not have life with -  
 4 lieve in me, e - ven if they  
 5 Son of God who has



1 me un - less the Fa - ther draw them.  
 2 ev - er. they shall live for ev - er.  
 3 in you. you shall not have life with - in you.  
 4 die, they shall live for ev - er.  
 5 come in - to the world.

*Descant*

And I will raise them up, and I will raise them

*Refrain*

And I will raise them up, and I will raise them

up, and I will raise them up on the

up, and I will raise them up on the

last day. \_\_\_\_\_ 5 Yes, day.

last day. \_\_\_\_\_ 2 The day.

3 Un- day.

4

5 Yes, day.

1-4 Final Ending

Let us pray.

*Celebrant and People*

**Eternal God, heavenly Father,  
 you have graciously accepted us as living members  
 of your Son our Savior Jesus Christ,  
 and you have fed us with spiritual food  
 in the Sacrament of his Body and Blood.  
 Send us now into the world in peace,  
 and grant us strength and courage  
 to love and serve you  
 with gladness and singleness of heart;  
 through Christ our Lord. Amen.**

**THE ANNUAL MEETING**

*The people stand and the Priest blesses the people, saying*

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen**

CLOSING HYMN

O day of peace that dimly shines

*Introduction*



1 O day of peace that dim - ly shines through all our  
2 Then shall the wolf dwell with the lamb, nor shall the



hopes and prayers and dreams, guide us to jus - tice, truth, and  
fierce de - vour the small; as beasts and cat - tle calm - ly



love, de - liv - ered from our self - ish schemes. May swords of  
graze, a lit - tle child shall lead them all. Then en - e -



hate fall from our hands, our hearts from en - vy find re -  
mies shall learn to love, all crea - tures find their true ac -

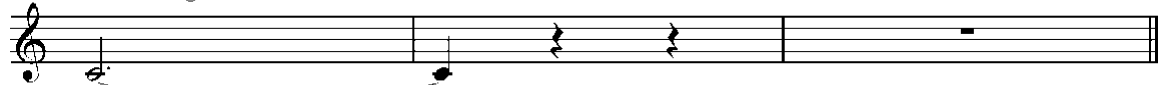


lease, till by God's grace our war - ring world shall see Christ's  
cord; the hope of peace shall be ful - filled, for all the



prom - ised reign of peace.  
earth shall know the (Lord.)

*Final Ending*



Lord.

*Deacon*

Let us go forth in the name of Christ. Alleluia, alleluia!

*People*

Thanks be to God. Alleluia, alleluia!



## LIFE AT ST. BARNABAS

**SLO Deanery offering of “A Storied Pilgrimage on Race”** – Our Diocese has put together a twelve-session series which explores the personal stories of those across the diocese on issues of race. Each session will be one hour on Zoom and will be led by the clergy of the Deanery. The sessions will be every other Thursday at 7:00 pm and running through February. The next session is Thursday, February 2<sup>nd</sup> at 7:00 pm. Zoom login information is below. Each session is stand alone, so you are welcomed to attend even if you have not attended prior session.

Click this link to attend on your computer or device: [bit.ly/sbstoriedpilgrimage](https://bit.ly/sbstoriedpilgrimage)

To dial in call 1-669-900-6833. Meeting ID: 811 5036 9907#. Password 136424#, and then hit # a second time.

**Five Cities Repair Café** – Sunday, February 5<sup>th</sup> from 1:00 pm – 4:30 pm at the Oceano OCSD (1655 Front Street, Oceano, Behind the Fire Department). Free Repairs! Bring toys, small electronics, lamps, clothes, bicycles, computers, printers, cell phones, knife sharpening, and more!

**AARP Tax-Aide** – will offer free income tax preparation services at St Barnabas’s church on Thursdays, beginning February 2<sup>nd</sup>. Reservations can be made at [ccfreetax.org/appointment.html](https://ccfreetax.org/appointment.html) or by calling (805) 931-6308. A photo ID is required for the principal taxpayers and Social Security cards are required for every person in the tax return. Appointments can be made starting January 18<sup>th</sup>.

**Vestry Nominations** – The Nominating Committee is pleased to present the following Vestry nominations which will be voted on in our Annual Meeting today Sunday, January 29<sup>th</sup> at 11:15 am.

Robert Merritt

Sheila Miller

Tracy Schiro

In the Annual Meeting we will also vote to confirm the appointments of Carlos Ortiz to fulfill the remainder of a two-year term, and Melissa Biel to fulfill the remainder of a one-year term.

## OPPORTUNITIES TO GATHER VIRTUALLY

**Sunday morning worship at 10:00 am** – We live-stream our Sunday 10:00am worship services on the St. Barnabas' Facebook page  
[facebook.com/StBarnabasAG/](https://facebook.com/StBarnabasAG/)

All you need is a computer or device with an internet connection and speakers to watch the live-stream; you do not need to have a Facebook account. A recording of the live-stream will be posted on the St. Barnabas YouTube Channel: ([bit.ly/StBYouTube](https://bit.ly/StBYouTube)) following the service.

If you would like to participate more fully in the service, the order of service booklet is available for download on the St. Barnabas website by clicking the big blue "Weekly Bulletin" button on our website. Sunday morning worship bulletin is available starting at 1:00 pm on Thursday.

**Tuesday Morning Prayer at 9:30 am** – Now Hybrid on Zoom and the church library in person. If you have a Book of Common Prayer at home that will be useful to have on hand.

Click this link to attend via your computer or device:

[bit.ly/stbarnabasmorningprayer](https://bit.ly/stbarnabasmorningprayer)

To dial in call 1-669-900-6833. When prompted put in the meeting id of **878 6513 4138#** and when prompted for a password put in **365072#**, and then hit **#** a second time.

**Bible Study Tuesdays at 10:00 am** – Now Hybrid on Zoom and the church library in person. Bible Study will start at **10:00 am** immediately following Morning Prayer. The Zoom login is the same as Morning Prayer (above). As we restart Bible Study the group will explore Paul's letter to the Romans. The guide has been updated to include material on Martin Luther and the Reformation since this is the 500<sup>th</sup> Anniversary. Call Mary Ann if you have any questions.

**Friday afternoon Centering Prayer** – Each Friday afternoon at 4pm we will hold a Centering Prayer Service. After first gathering for a few minutes, we practice our 20 minutes of silent Centering Prayer. Following the practice, we will be reading and discussing a passage from Evelyn Underhill, a modern spiritual writer. We'll be using *Grace Through Simplicity*, an edited collection of her prayers and reflections.

We meet EVERY Friday from 4 to 5pm **IN-PERSON at St Barnabas' on the 2<sup>nd</sup> Friday** and via Zoom on the other Fridays: [bit.ly/stbarnabascenteringprayer](https://bit.ly/stbarnabascenteringprayer)

To dial in call 1-669-900-6833. When prompted put in the meeting id of **867 7756 1670#** and when prompted for a password put in **034979#**, and then hit **#** a second time.

**Making donations to St. Barnabas** – Even though some are not able to meet in-person for worship, many may want to continue to contribute to St. Barnabas. We have several options to continue giving as we progress through this change in how we worship.

Electronic transfer

This might be a good time to consider setting up electronic transfer of funds. At St. Barnabas we have Quick Pay with Zelle set up and many banks and financial institutions also use this software. Payments can be set up as one-time or recurring. To transfer money, use the email address of the Financial Secretary ([stbarnabas.financial@gmail.com](mailto:stbarnabas.financial@gmail.com)) as the recipient. If you have questions or difficulties setting it up, call Janette Sofranko at 805-801-4526

Auto pay from your financial institution

Many banks and financial institutions offer a service often called Auto Pay or Bill Pay. It's fairly easy to set up online if you do online banking. We have several donors using this option today. The payment can be set up one time or recurring. The bank will issue the check on the date you give them and mail the check to St. Barnabas.

Mail your check

You can also mail your check to St. Barnabas. The address is: 301 Trinity Ave., Arroyo Grande, CA 93420 Please put "Attn Financial Secretary" on the envelope.

If you have any questions on how to make your donation at this time, please feel free to contact Janette Sofranko, Financial Secretary, at 805-801-4526. You can also send an email to [stbarnabas.financial@gmail.com](mailto:stbarnabas.financial@gmail.com). Thank-you for your continued support of St. Barnabas.



If you are reading the bulletin electronically, you can click on this button to donate immediately.

**Donations of time and talent are just as important as financial donations.  
Thank you to everyone who helps make things happen on Sunday!**

**Vestry Members** – The governing board of our parish is made up of the following:  
Class of 2023 – Georgianna Gleason (Sr. Warden), David Ottesen, Paul DeTilla  
Class of 2024 – Melissa Biel, Steve Jerrick, Kris Vardas (Jr. Warden)  
Class of 2025 – Rachel Mann, Carlos Ortiz, Brian Petersen

**The Altar Guild Team:**  
Marigay Ross, Barbara Conroy, Elizabeth Hillis

**Sunday School Teacher:**  
Pam & Aly Pano

**Thank you to last week's Coffee Hour Hosts:**  
8:00 am David & Sharon Williams  
10:00 am The Prison Ministry team

**This Week's Coffee Hour Hosts:**  
8:00 am Georgianna Gleason & Julie Schiro(?)  
10:00 am The Kitchen & Hospitality team

**CALENDAR**  
**Week of January 29 – February 5**

<b>TODAY</b>	In-Person Holy Communion.....	8:00 am
	In-Person Holy Communion* .....	10:00 am
	Children’s Sunday School.....	10:00 am
Tuesday	Morning Prayer (Hybrid Zoom & Church Library).....	9:30 am
	Biblical Roundtable (Hybrid Zoom & Church Library) .....	10:00 am
	12-Step Meeting (outdoors) .....	12:00 pm
Wednesday	Senior Fitness with Sigrid.....	12:00 noon
	Choir Rehearsal.....	6:30 pm
Thursday	Confirmation class *Hybrid Zoom & Church Library).....	7:00 pm
Friday	Senior Fitness with Sigrid.....	12:00 noon
	Centering Prayer (via Zoom) .....	4:00 pm
Saturday	People’s Kitchen served by Saint Barnabas’	
Sunday	<b>Bishop’s Visit</b>	
	In-Person Holy Communion.....	8:00 am
	In-Person Holy Communion* .....	10:00 am
	Children’s Sunday School.....	10:00 am
	<b>Memorial for The Rev. Norman and Pat Somes .....</b>	<b>2:00 pm</b>

*\*In-person and via Facebook Live*

**SERVING TODAY**

Presider / Preacher	Rev. Rob Keim
Deacon	Rev. Dcn. Susan Arnold
Organist	David Ottesen
Choral Scholars	Katelyn Caron, Rachel Koenigsberg Chris Marston, Alexander Miller
Livestream Production	Adam Loveridge

**8:00 am**

Eucharistic Minister	Karen Reinecke
Lector/2 <sup>nd</sup> Chalice	Robert Merritt
Ushers	Ann Mathias, Robert Merritt
Vestry on Call	
Coffee Hour	Georgianna Gleason, Julie Shires

**10:00 am**

Eucharistic Minister	David Murray
2 <sup>nd</sup> Chalice	Pamela Jones
Lector	Paula Smith
Ushers	Linda & Jim Kilponen, Ted Schepp
Vestry on Call	David Ottesen
Coffee Hour	The Kitchen & Hospitality team



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[saintbarnabas-ag.org](http://saintbarnabas-ag.org)

SAINT BARNABAS’ OFFICE HOURS: TUES: 9AM – NOON, WEDS 9AM – 1PM, THURS 9 AM – 12:30 PM, 1:30 – 2 PM