

# St. Barnabas' Episcopal Church

Third Sunday in Lent | March 20, 2022 8:00 am and 10:00 am



God's discerning, inclusive, Christ-centered church, engaged in outreach ministry, growing discipleship, and life changing worship.

#### Welcome to Online St. Barnabas!

Welcome to our virtual worship with Facebook Live. We are glad to have you with us in this new way. You may access our livestream starting at 9:45 am at <u>https://www.facebook.com/StBarnabasAG/</u>

A recording of the live-stream will be posted on the St. Barnabas YouTube Channel (<u>http://bit.ly/StBYouTube</u>) the afternoon following the service.

#### Welcome to Indoor Worship at St. Barnabas'!

Welcome to our in-person indoor worship service. In order to worship safely we will:

- Have doors and windows open to provide fresh airflow,
- Be limited to those who have no COVID-19 symptoms and have not recently tested positive for COVID-19.
- Require that a mask be worn at all times, except when a person has a lead speaking role at that point in the worship service,
- Prohibit touching, hugging, and handshakes,
- Permit singing while wearing masks,
- Please note that we do not require COVID vaccination to attend worship at St. Barnabas.

Distribution of bread:

- Starting from the back of the room, Ushers will invite you forward to receive the bread.
- After receiving the bread, you may slip it under your mask to consume it.
- If you are unable to come forward, let the ushers know so the bread can be brought to you.

Two courtyard and two narthex bathrooms are available for your use. Please use the disinfecting spray that is in the bathroom. If you have any questions or concerns, the Ushers are available to assist you.

**Bidding (intercessory prayer) Book** – If you would like to add a prayer to be read during the church service, you may add it to the "Bidding Book" located at the back of the church to the left of the doors. If you cannot join us in person and would like to add a prayer to be read during the church service you can email the name of the person to our parish office at saintbarnabas.ag@gmail.com (before Thursday morning), or add it to the comments section on Facebook Live during the livestream.

**Flower and Candle Dedications** – Candles are lighted by the Jerri Pence in memory of Jack Pence. The greens have been placed on the altar by Art Delgadillo in memory of Art's brother, Javier.

### Notable Events

Thursday March 24 Sunday April 10 Continue 4-week Lenten series on Wisdom 7:00 pm (on Zoom) Palm Sunday (Wear Red!)

#### Forty Days and Forty Nights / Wondrous Love

Voluntary Introit

What wondrous love is this American folk hymn arr. by Charles Dupree Sung by The Choral Scholars

What wondrous love is this, O my soul! What wondrous love is this, O my soul! That caused the Lord of bliss to lay aside his crown, for my soul, to lay aside his crown for my soul.

To God and to the Lamb, I will sing, To God and to the Lamb, I will sing. To God and to the Lamb, who is the great I AM, I will sing, I will sing. while millions join the theme, I will sing!

And when from death I'm free, I'll sing on, And when from death I'm free, I'll sing on, and when from death I'm free, I'll sing and joyful be, and through eternity, I'll sing on, I'll sing on.

## The Word of God

#### Stand as you are able.

#### **ENTRANCE HYMN**

Eternal Lord of love, behold your church



#### THE DECALOGUE

In prior years we have begun our Lenten worship with a moment of silent meditation. Instead this year we have included The Decalogue, also known as the Ten Commandments. These are the most familiar Laws of the Old Testament. On one level these Laws are quite black and white, but at another level quite complex, and sometimes not easy to follow.

In the season of Lent we traditionally move the **Confession** and **Absolution** to the front part of the worship service. This is called "the penitential order." This year we are using the Confession from the supplemental Episcopal resource, "Enriching Our Worship." Using these less familiar words can cause us to reflect in new ways. The People kneel.

Hear the commandments of God to his people: I am the Lord your God who brought you out of bondage. You shall have no other gods but me. Amen. Lord have mercy. You shall not make for yourself any idol. Amen. Lord have mercy. You shall not invoke with malice the Name of the Lord your God. Amen. Lord have mercy. Remember the Sabbath Day and keep it holy. Amen. Lord have mercy. Honor your father and your mother. Amen. Lord have mercy. You shall not commit murder. Amen. Lord have mercy. You shall not commit adultery. Amen. Lord have mercy. You shall not steal. Amen. Lord have mercy. You shall not be a false witness. Amen. Lord have mercy. You shall not covet anything that belongs to your neighbor. Amen. Lord have mercy.

#### **CONFESSION OF SIN**

*The Deacon says* Let us confess our sins to God.

#### Minister and People

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen

#### The Celebrant stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.** 

#### KYRIE (spoken together)

Kyrie eleison. Christe eleison. Kyrie eleison. Señor, ten piedad. Cristo, ten piedad. Señor, ten piedad. Lord, have mercy. Christ have mercy. Lord have mercy.

#### THE COLLECT OF THE DAY

Celebrant	The Lord be with you.
People	And also with you.
Celebrant	Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen**.

### The Lessons

The people sit.

#### FIRST READING: Exodus 3:1-15

A Reading from the book Exodus.

<sup>1</sup>Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. <sup>2</sup>There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. <sup>3</sup>Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." <sup>4</sup>When the Lord saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." <sup>5</sup>Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." <sup>6</sup>He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God.

<sup>7</sup>Then the Lord said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, <sup>8</sup>and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. <sup>9</sup>The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. <sup>10</sup>So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt." <sup>11</sup>But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" <sup>12</sup>He said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain."

The **Kyrie** is a prayer that is simultaneously a petition and a prayer of thanksgiving. It is an acknowledgment of what God has done, what God is doing, and what God will continue to do. In this version, the Kyrie is repeated first in Greek, then Spanish, and finally in English. <sup>13</sup>But Moses said to God, "If I come to the Israelites and say to them, "The God of your ancestors has sent me to you," and they ask me, 'What is his name?' what shall I say to them?" <sup>14</sup>God said to Moses, "I am who I am." He said further, "Thus you shall say to the Israelites, 'I am has sent me to you." <sup>15</sup>God also said to Moses, "Thus you shall say to the Israelites, 'The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you':

This is my name forever,

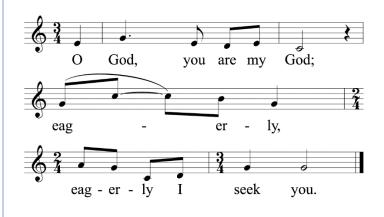
and this my title for all generations."

ReaderThe Word of the Lord.PeopleThanks be to God.

#### PSALM: 63:1-8

Cantor sings Refrain. All repeat. Cantor sings verses

8 am said by all 10 am Led by the Choral Scholars



<sup>1</sup>O God, you are my God; eagerly I seek you; \* my soul thirsts for you, my flesh faints for you, as in a barren and dry land where there is no water. <sup>2</sup>Therefore I have gazed upon you in your holy place, \* that I might behold your power and your glory. Refrain <sup>3</sup>For your loving-kindness is better than life itself; \* my lips shall give you praise. <sup>4</sup>So will I bless you as long as I live \* and lift up my hands in your Name. Refrain <sup>5</sup>My soul is content, as with marrow and fatness, \* and my mouth praises you with joyful lips, <sup>6</sup>When I remember you upon my bed, \* and meditate on you in the night watches. Refrain <sup>7</sup>For you have been my helper, \* and under the shadow of your wings I will rejoice. <sup>8</sup>My soul clings to you; \*

your right hand holds me fast. Refrain

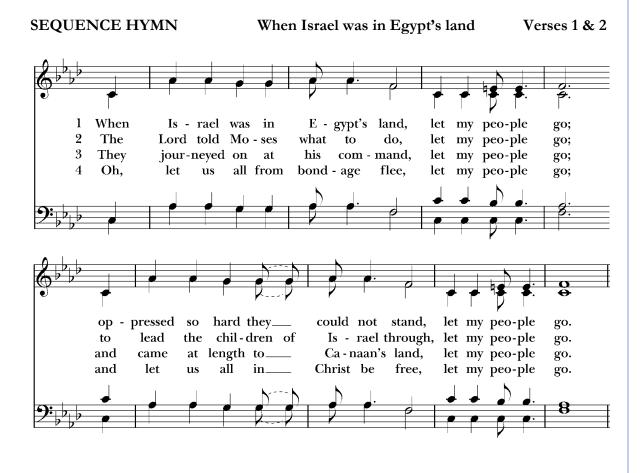
#### SECOND READING: 1 Corinthians 10:1-13

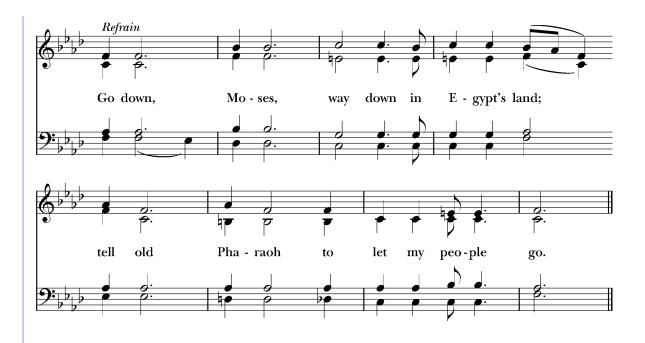
A Reading from Paul's letter to the Corinthians

<sup>1</sup>I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, <sup>2</sup>and all were baptized into Moses in the cloud and in the sea, <sup>3</sup>and all ate the same spiritual food, <sup>4</sup>and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. <sup>5</sup>Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness.

<sup>6</sup>Now these things occurred as examples for us, so that we might not desire evil as they did. <sup>7</sup>Do not become idolaters as some of them did; as it is written, "The people sat down to eat and drink, and they rose up to play." <sup>8</sup>We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. <sup>9</sup>We must not put Christ to the test, as some of them did, and were destroyed by serpents. <sup>10</sup>And do not complain as some of them did, and were destroyed by the destroyer. <sup>11</sup>These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. <sup>12</sup>So if you think you are standing, watch out that you do not fall. <sup>13</sup>No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

ReaderThe Word of the Lord.**PeopleThanks be to God.** 





GOSPEL: Luke 13:1-9

Deacon **People** 

The Holy Gospel of our Lord Jesus Christ according to Luke.*Glory to you, Lord Christ.* 

<sup>1</sup>At that very time there were some present who told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices. <sup>2</sup>He asked them, "Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans? <sup>3</sup>No, I tell you; but unless you repent, you will all perish as they did. <sup>4</sup>Or those eighteen who were killed when the tower of Siloam fell on them—do you think that they were worse offenders than all the others living in Jerusalem? <sup>5</sup>No, I tell you; but unless you repent, you will all perish just as they did."

<sup>6</sup>Then he told this parable: "A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. <sup>7</sup>So he said to the gardener, 'See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?' <sup>8</sup>He replied, 'Sir, let it alone for one more year, until I dig around it and put manure on it. <sup>9</sup>If it bears fruit next year, well and good; but if not, you can cut it down.'"

DeaconThe Gospel of the Lord.PeoplePraise to you, Lord Christ.

SEQUENCE HYMN

When Israel was in Egypt's land

Verses 3-4 See prior page

THE SERMON

The Rev. Canon Doug Edwards

It is traditional for the Gospel reading to be proclaimed from the midst of the people. Thus, the Deacon and book holder process to the middle of the center aisle with the Gospel Book, and the people all turn toward the reader.

As the Gospel is announced, some people use their thumb to make **the sign of the cross** on their forehead, mouth, and heart. These three locations indicate that the Gospel reading is to enter the mind, voice, and heart.

#### THE APOSTLES CREED

All stand.

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

### PRAYERS OF THE PEOPLE

All kneel.

Deacon: With all our hearts and with all our minds let us pray to the Lord responding: as it is in heaven.

Lord Christ, we thank you for giving us leaders in your church to teach us, comfort us, and guide us in your way of Love. We ask your abiding presence and wisdom in their service to you and your people, that the fruits of your Spirit may grow and spread abundantly. *(pause)* Lord, your will be done on Earth, as it is in heaven

Lord Christ, you have given to some the unique gift of influence through the spoken and written word. We pray for the social media platforms, broadcasters, the press, political and social activists, educators, and spiritual leaders; that they will use their words and influence to move our world toward unity. Empower them to speak truth to power as you did in your humanity. We specifically pray for your Holy inspiration that leaders around the world may hear and respond with compassionate action. *(pause)* Lord, your will be done on Earth, **as it is in heaven** 

Lord of all people and all nations, we lift before you the people of Ukraine and the people of Russia, each girl and boy, each woman and man living in fear of what tomorrow might bring. We long for a time you spoke of through your prophet Isaiah, when weapons of war would be beaten into ploughshares, when nation will no longer lift up sword against nation. We cry out to you for peace. Protect those who only desire and deserve to live in security and safety. Comfort those who fear for their lives and the lives of their loved ones. Change the hearts of those set on violence and aggression. Fill earthly leaders with great wisdom to find paths to peace. Please Lord come and have your way in your world. May your will be done here, on earth as it is in heaven. May your peace reign, now and always. *(pause)* 

We usually recite the Nicene Creed at this point in our worship. However, in one season a year we remind ourselves of the other "great creed" of our Church. While the Apostles Creed was not used until several centuries after the Nicene Creed, some scholars believe the shorter exposition about the second person of the Trinity is a theology that predates the Nicene Creed.

If you are on Facebook Live please put any prayer requests into the comment section of Facebook Live.

If you are in person then you may write pray requests into the Bidding Book on the shelf at the back of the worship space.

Words and names in **bold** are said together.

In this season of Lent we emphasize kneeling at certain points in our worship. For some the physical act of kneeling has an important spiritual component. For others, kneeling is physically difficult or not part of your spiritual journey. In this cases you are welcomed to stand or sit, instead of kneel. All forms of personal piety are welcomed.

*If in person, please be seated for the Peace.* 

If online, then type **"Peace"** or another appropriate phrase into the comment section of Facebook Live.

In addition, if you have a **birthday, anniversary or other celebration** please let us know during the announcements. Lord, your will be done on Earth, as it is in heaven

Lord Christ, may we not succumb to anger, bitterness, or despair, but rather look to you in the realization that in You all things are possible. We ask for your comfort, your light and healing for all who suffer the effects of inequality, inadequate nutrition, shelter, and healthcare. We give you thanks for the wisdom and courage of organizations and individuals working to help them and we ask your Spirit to continue to guide and strengthen them. We pray for the success of the Covid-19 vaccines. We pray for healing and comfort for all who are suffering illness or loss due to Covid-19 or other afflictions. We pray for those in our St. Barnabas Community: Jeremy & Kathy Bond, Mary LeBlanc, Kris Butler, Gladys Johnson, Cara Lopez, Mike Sickels, Chase & Carter, Leslie Campbell, Courtney L., Kirby, Brenda, Chris, Jennifer, Jeff, Linda & Rob, Sandy & Jim, Tom N. and Gladys Cardenas. (pause) Lord, your will be done on Earth, as it is in heaven

We thank you for the fellowship of our family and friends whose earthly journey has ended and who have awakened to your glory especially we pray for the repose of soul for **Brigadier General Robert Cardenas, Dean Kunihiro, Maggy Hurchalla, and Max Schindler.** Though we miss them in this life, we rejoice that they have joined with Barnabas and all your saints in the eternity of your love. *(pause)* Lord, your will be done on Earth, **as it is in heaven** 

The prayers from the Bidding Book and from Facebook Live are inserted here. Lord, your will be done on Earth, as it is in heaven

The Deacon adds a concluding Collect.

### THE PEACE

People	And also with you.
Celebrant	<ul><li>Pray for peace, seek for peace, speak for peace, act in peace.</li><li>The peace of the Lord be always with you</li></ul>
All stand.	

Then the Ministers and the People may greet one another in the name of the Lord.

Birthdays:	Gabe Nichols (last Sunday)
Anniversaries:	Carole & Tony Bartolini

#### **Birthday Prayer**

Gracious God, who made us in your own image, we thank you for life, love, and joy. Send your blessing upon these your children, who have completed another year. Surround them with your grace, fill them with your love, and strengthen them to be your servants in the world. This we ask through Jesus Christ our Lord. Amen

#### **Anniversary Prayer**

We thank you, Gracious God, for the love you have implanted in the hearts of your servants and for your continued blessings upon them. Give them kind and loving hearts, always ready to ask forgiveness as well as to forgive. Support them through times of trial, strengthen their love for one another, and may that love empower them to be instruments of God's love in the world. This we ask though Jesus Christ our Lord. Amen

#### **Prayer for Travelers**

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel; surround them with your loving care; protect them from every danger; and bring them in safety to their journey's end; through Jesus Christ our Lord. Amen.

### The Holy Communion

#### The Celebrant says

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

#### **OFFERTORY ANTHEM**

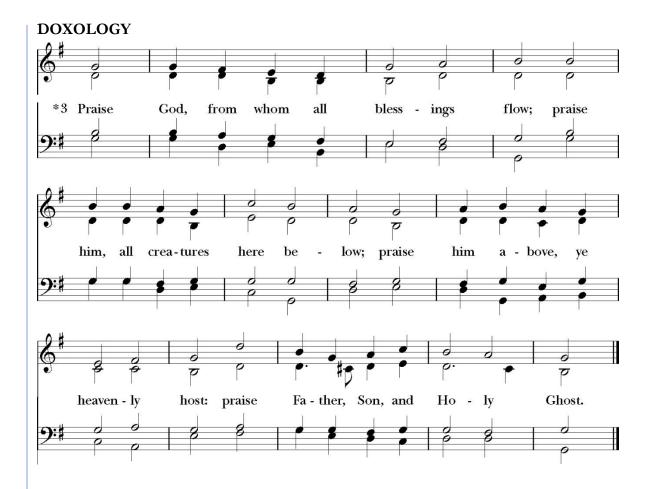
## Drop, Drop, Slow Tears arr. by Richard Shephard sung by The Choral Scholars

Drop, drop, slow tears, and bathe those beauteous feet, which brought from heaven the news and Prince of Peace. Cease not, wet eyes, his mercies to entreat; to cry for vengeance, sin doth never cease. In your deep floods drown all my faults and fears; nor let his eye see sin, but through my tears.

Words: Phineas Fletcher, 1582-1650

#### Phineas Fletcher,

English poet best known for his religious and scientific poem The Purple Island; or, The Isle of Man (1633). The elder son of Giles Fletcher the Elder (Member of Parliament, diplomat, poet) and brother of Giles Fletcher the Younger (cleric & poet) he was educated at Eton and at King's College, Cambridge.



### The Great Thanksgiving

#### The People remain standing.

Celebrant	The Lord be with you.
People	And also with you.
Celebrant	Lift up your hearts.
People	We lift them to the Lord.
Celebrant	Let us give thanks to the Lord our God.
People	It is right to give him thanks and praise.

#### The Celebrant continues

It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever. Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance. Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we say [sing],

During the season of Lent we are using Eucharistic Prayer D from the Episcopal Book of Common Prayer (1979). All **Eucharistic Prayers** follow a set format, though some have more contemporary and inclusive language. Eucharistic Prayer D is the most ancient of the ones we use.



#### The Celebrant continues

We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Some people begin kneeling at this part of the Eucharistic Prayer. Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you. This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

#### Celebrant and People

We praise you, we bless you, we give thanks to you, and we pray to you, Lord our God.

#### The Celebrant continues

Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ. Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

And grant that we may find our inheritance with the Blessed Virgin Mary, with patriarchs, prophets, apostles, and martyrs, with Barnabas and all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever. Amen.

## *The Deacon says* And now, as our Savior Christ has taught us, we are bold to say,

#### People and Celebrant

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.



*The Celebrant says* The Gifts of God for the People of God.

Starting from the back, the People come forward to receive the bread, and then return to their pews.

#### **COMMUNION HYMN** What wondrous love is this Unison 1 What won - drous my love is this, 0 my soul, 0 soul! What 2 To God and to the Lamb. Ι will sing, Ι will sing, to 3 And I'll sing when from death ľm free, I'll sing on, on, and this, O my What won-drous love is soul! won-drous love is this that God and to the Lamb, I will sing. То God and to the Lamb who when from death I'm free, I'll sing on. And when from death I'm free I'll bliss caused the Lord of to lay a side his crown for my Ι while the will is the great AM, mil - lions join theme, Ι sing and joy ful be, and through e ter ni I'll sing ty soul, for my soul, to lay a - side his crown for my soul. Ι will sing, while mil - lions join the will sing. sing, theme Ι on, I'll sing on, and through e - ter - ni ty I'll sing on. -

After Communion, the people kneel and the Celebrant says Let us pray.

Celebrant and People say together

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

#### The people stand and the Priest blesses the people, saying

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.** 

In this season of Lent we emphasize kneeling at certain points in our worship. For some the physical act of kneeling has an important spiritual component. For others, kneeling is physically difficult or not part of your spiritual journey. In this cases you are welcomed to stand or sit, instead of kneel. All forms of personal piety are welcomed.

**CONCLUDING HYMN** 



Voluntary

## Life at St. Barnabas

<u>Welcome to our new Parish Administrator</u> – With Carole Bartolini's departure to be the new Diocesan Communications Director, we have hired Adam Loveridge as her replacement. Adam starts with us this coming week, on Wednesday, March 23<sup>rd</sup>. He will cross train with Carole for a little over three weeks before Carole departs on Easter Sunday. Please join in welcoming Adam and celebrating Carole.

**From the Vestry** –The Vestry had its monthly meeting this past week and decided several things that we want to bring to your attention.

<u>Changes in Covid safety and hygiene policies</u> - Beginning on **Sunday, April 10th (Palm Sunday)** we will shift our St. Barnabas mask policy to highly recommend the wearing of masks in worship, but if you are fully vaccinated it is no longer mandatory to wear a mask. We are waiting another few weeks to implement this policy change so that we can watch to make sure our local Covid case count continues to drop. This change is consistent with the shift in guidance from our Bishop. That same Sunday we will beginning having the ushers pass the offering plate, and we will move our 11:15 Coffee Hour into the Parish Hall. Finally, kids and teachers will no longer be required to wear masks in the classroom, though it is still highly recommended. This last update is consistent with the policies of our local school district, Lucia Mar. All of this is subject to change if the case count takes off again. Please let us know if you have any questions or concerns.

<u>Restart of our parish Investment Committee</u> - With the recent rise in interest rates we are restarting our Investment Committee. We have approximately \$700k in funds dedicated to the purchase of a new St. Barnabas Thrift Shop building, and about another \$270k in money in our Patricia Somes fund for the support of ministries with children, youth, and families. In addition, we have about \$100k in other designated funds, and another \$100k in Vestry reserves. The Vestry has asked Jim Kilponen, Bob Taylor, and Michele Davenport to join the committee. Our Rector and Treasurer are also members of the Investment Committee. Together they will make a recommendation to the Vestry in April about the best investment of these designated funds and reserves. Please let us know if you have any questions.

<u>Additional fund raising</u> - We try to keep additional fund raising efforts to a minimum, but the Vestry has approved three special fund raising campaigns at St. Barnabas - first, for the local resettlement of Afghani refugees through SLO4Home, second, for the aide of Ukrainian refugees through Episcopal Relief and Development (ERD), and finally, a Palm Sunday offering for the Episcopal Diocese of Jerusalem. Please see details in the bulletin and weekly-e for each of these.

**SLO4Home** – You can be a lifeline for refugee families in need. In the coming months and years, more than 65,000 Afghans will be welcomed in communities across the United States. These families have urgent and varied needs, many having left vibrant lives with only what they could carry. We are working to ensure San Luis Obispo will be a welcoming and supportive new home for the families who will arrive in the months ahead. We cannot do this without your help.

You can donate:

By mail SLO4Home, Inc. P.O. Box 1446 San Luis Obispo, CA 93406 Online at PayPal at our website: <u>www.SLO4Home.org</u>

SLO4Home, Inc. is a 501(c)(3) charitable organization and contributions are tax-deductible for income, gift, and estate taxes. Our EIN is 87-4021839.

**Donate to help Ukraine** – As the invasion and violence continue to increase in Ukraine, and refugees flee into neighboring countries, some have asked what we can do to help with this crisis. We have learned today that over 3 million people are currently displaced because of the war, and organizations are working together to provide basics of food, clothing, and shelter. Episcopal Relief and Development is partnering with Christian organizations on the ground in places like Poland, Moldova, Slovakia, Romania working tirelessly to respond to immediate needs.

Please go to www.episcopalrelief.org to donate quickly to refugees fleeing Ukraine. On the homepage there is a button that allows you an easy way to give money; our prayers are in pushing "donate."

We are grateful for your support of the many for whom prayers are answered with a cup of soup, a warm coat, and a sleeping bag.

Lenten Adult Ed Series – The Adult Education ministry will be presenting a four-week program on Embodied Spiritual Practices on Zoom, continuing on <u>Thursday March 24 at 7pm</u>. Link is below.

#### https://us02web.zoom.us/j/86920533232?pwd=MzBNSi9Ma0xtQzJRVFFjdURZT1pvQT09

Meeting ID: 869 2053 3232 Passcode: 728621

In light of the multiple crises we are navigating at the moment, the pandemic, the Earth's climate, tension in our communities and across the world — are there means God might be providing to bring us into balance and develop hearts at peace?

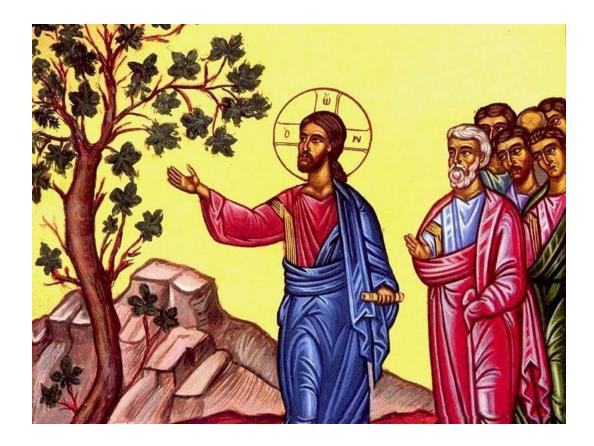
Each of the four sessions will discuss a specific spiritual practice made available to us as we develop 'body literacy.' Looking to sensations we experience, identifying which bring a sense of well-being or calm; discerning what habits to put in place that 'ground' us in truth; or finding serenity and joy while immersed in art, and literature and poetry.

Each session will have a presentation by one of the members of the Formation Committee, some silence in which to be with the practice being presented, and a discussion period when those present can share their experience. We hope you will join us for one or all four evenings, sharing in our community's intention to be resilient and compassionate for ourselves and others.

<u>Birthday or Anniversaries</u>? If you have a birthday or anniversary coming up and would like to have your name in the bulletin, please call the office or send an email (<u>saintbarnabas.ag@gmail.com</u>) no later than Thursday 11 am.

**Bible Study** – The Tuesday morning Bible Study group is continuing a new unit of the Kerygma Program, "Shalom": Old Testament scholar Donald E. Gowan unravels the multiple biblical threads of this eternal quest for peace in this masterful exploration of the Hebrew concept "*shalom*" and the Greek *"eirene."* Peacemaking is a central concern of the church and the world today. The study guide has 14 sessions but the group usually takes longer to cover the material. The material is available in a digital format or paper – the first two packets are still available in the office. Anyone is welcome to join the discussion on Zoom on Tuesday mornings at 9:30. Most participants also join for Morning Prayer at 9 AM. Please call Mary Ann Hjalmarson (805-481-4509) with questions or concerns.

<u>Vestry Members</u> – The governing board of our parish is made up of the following: Class of 2023 – Georgianna Gleason (Sr. Warden), David Ottesen, Paul DeTilla Class of 2024 – Steve Jerrick, Brian Stoltey, Kris Vardas (Jr. Warden) Class of 2025 – Rachel Mann, Liza Navárro Zúñiga Nichols, Brian Petersen



#### Opportunities to gather virtually during the Shelter-At-Home emergency.

<u>Sunday morning worship at 10:00 am</u> – We will live-stream our Sunday 10:00am worship services on the St. Barnabas' Facebook page

#### https://www.facebook.com/StBarnabasAG/

All you need is a computer or device with an internet connection and speakers to watch the live-stream; you do not need to have a Facebook account. A recording of the live-stream will be posted on the St. Barnabas YouTube Channel: (http://bit.ly/StBYouTube) following the service.

If you would like to participate more fully in the service, the order of service booklet is available for download on the St. Barnabas website by clicking the big blue "Weekly Bulletin" button on our website. Sunday morning worship bulletin is available starting at 1:00 pm on Thursday.

<u>**Tuesday Morning Prayer at 9:30 am</u>** – If you have a Book of Common Prayer at home that will be useful to have on hand. We will use the Zoom video conferencing service for this gathering. Click this link to attend via your computer or device</u>

#### https://us02web.zoom.us/j/87865134138?pwd=VnV3YnVuWEFsU21vczYxRWVnUmFzUT09

To dial in call 1-669-900-6833. When prompted put in the meeting id of **878 6513 4138**# and when prompted for a password put in **365072**#, and then hit # a second time.

**Friday afternoon Centering Prayer** –On Friday afternoons at 4pm we will hold a Centering Prayer Service. After first gathering for a few minutes we practice our 20 minutes of silent Centering Prayer. Following the practice we will be reading and discussing a passage from *The Cloud of Unknowing*, an anonymous fourteenth century spiritual director. We'll be using *Where Only Love Can Go* an edited collection of the writings.

We will use the Zoom video conferencing service for this gathering. Click this link to attend via your computer or device

#### https://us02web.zoom.us/j/86777561670?pwd=OEV0ajc1WXhuSGJINTIwbU1LUWR6Zz09

To dial in call 1-669-900-6833. When prompted put in the meeting id of **867 7756 1670#** and when prompted for a password put in **034979#**, and then hit **#** a second time.

<u>Making donations to St. Barnabas</u> – Even though some are not able to meet in-person for worship, many may want to contribute to St. Barnabas. We have several options to continue giving as we progress through this change in how we worship.

#### Electronic transfer

This might be a good time to consider setting up electronic transfer of funds. At St. Barnabas we have Quick Pay with Zelle set up and many banks and financial institutions also use this software. Payments can be set up as onetime or recurring. To transfer money, use the email address of the Financial Secretary (stbarnabas.financial@gmail.com) as the recipient. If you have questions or difficulties setting it up, call Janette Sofranko at 805-801-4526

#### Auto pay from your financial institution

Many banks and financial institutions offer a service often called Auto Pay or Bill Pay. It's fairly easy to set up online if you do online banking. We have several donors using this option today. The payment can be set up one time or recurring. The bank will issue the check on the date you give them and mail the check to St. Barnabas.

#### Mail your check

You can also mail your check to St. Barnabas. The address is: 301 Trinity Ave., Arroyo Grande, CA 93420 Please put "Attn Financial Secretary" on the envelope.

If you have any questions on how to make your donation at this time, please feel free to contact Janette Sofranko, Financial Secretary, at 805-801-4526. You can also send an email to <u>stbarnabas.financial@gmail.com</u>. Thank-you for your continued support of St. Barnabas.



If you are reading the bulletin electronically, you can click on this button to donate immediately.

Donations of time and talent are just as important as financial donations. Thank you to everyone who helps make things happen on Sunday!

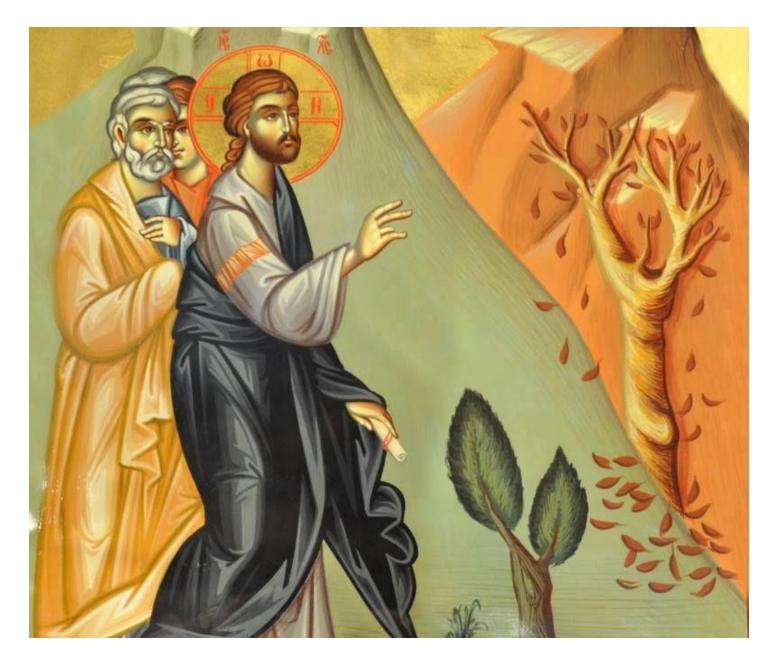
**The Altar Guild Team:** Jane Degadillo, Pam Pano, Jerri Pence

**Sunday School Teachers:** Pam & Aly Pano

**Thank you to last week's Coffee Hour Hosts:** David & Sharon Williams (9 am), Katie Coleman & Judy Thompson (11:15 am)

This Week's Coffee Hour Hosts:

Michele Davenport & Ann Mathias (9 am), Marigay Ross & Lynne Shulz (11:15 am)



CALENDAR	<b>Week of March 20 – March 27</b> Events in gray are not held during the Shelter-At-Hom	e emergency.
Sunday	In-Person Holy Communion In-Person Holy Communion* Children's Sunday School	10:00 am
Monday	OFFICE CLOSED	10.00 ann
,	Forever Fit	
Tuesday	Morning Prayer (via Zoom)	9:30 am
	Biblical Roundtable (via Zoom)	10:00 am
	12-Step Meeting (outdoors)	1
	Specialty Fitness	
Wednesday	Forever Fit	
	Brotherhood of St Andrew	
	Senior Fitness with Sigrid	
	Overeater's Anonymous Choir Practice	1
Thursday	Mid-week Eucharist	1
Thursday	Specialty Fitness	
	Women's Step Study	1
	Lenten Adult Ed Series (via Zoom)	1
Friday	Forever Fit	-
,	Centering Prayer	4:00 pm
Sunday	In-Person Holy Communion	
	In-Person Holy Communion*	10:00 am
	Children's Sunday School	10:00 am
	* In-person and via Facebook Live	
	Serving Today	
Rector	The Rev. Rob Keim	
Presider/Preacher	The Rev. Canon Doug Edwards	
Deacon	The Rev. Dcn. Susan Arnold	
Music Minister	Janis Johnson	
Video Producer	Jeff Diehl	

 Liza Navárro Zúñiga Nichols, Daniel Greenblat Carole Bartolini	

8 am EM and Lector	Brian Stoltey, Shea Scheuer
8 am Ushers	Robert Merritt, Karen Reinecke
8 am Vestry on Call	Brian Petersen

10 am EM and Lector	Todd Long, Tricia Ottesen
10 am Ushers	Pat & Penny Chambers, Tom Bormes
10 am Vestry on Call	Kris Vardas



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